

Health Fitness Corp /MN/  
Form SC TO-T/A  
February 05, 2010

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549  
SCHEDULE TO  
Amendment No. 1  
(RULE 14d-100)  
TENDER OFFER STATEMENT UNDER SECTION 14(d)(1) OR 13(e)(1) OF  
THE SECURITIES EXCHANGE ACT OF 1934.  
HEALTH FITNESS CORPORATION  
(Name of Subject Company (Issuer))  
TRUSTCO MINNESOTA, INC.  
A Wholly-Owned Subsidiary of  
TRUSTCO HOLDINGS, INC.  
An Indirect Wholly-Owned Subsidiary of  
TRUSTMARK MUTUAL HOLDING COMPANY  
(Names of Filing Persons (Offerors))  
Common Stock, Par Value \$0.01 Per Share  
(Title of Class of Securities)  
42217V201  
(CUSIP Number of Class of Securities)  
Sara Lee Keller, Esq.  
Senior Vice President, General Counsel and Secretary  
Trustmark Companies  
400 Field Drive  
Lake Forest, Illinois 60045  
(847) 615-1500  
(Name, address and telephone numbers of person authorized to  
receive notices and communications on behalf of filing persons)  
*Copies to:*  
Larry A. Barden  
Scott R. Williams  
Sidley Austin LLP  
One South Dearborn Street  
Chicago, Illinois 60603  
(312) 853-7000  
CALCULATION OF FILING FEE**

Transaction Valuation(1)

Amount of Filing Fee(2)

\$105,420,406.40

\$7,516.47

(1) Estimated for  
purposes of  
calculating the  
amount of the  
filing fee only.  
The calculation

is based on the  
offer to  
purchase up to  
12,006,880  
shares of  
common stock,  
par value \$0.01  
per share, of  
Health Fitness  
Corporation (the  
Company ) at an  
offer price of  
\$8.78 per share.  
Such shares  
consist of  
(i) 10,210,315  
shares of  
common stock  
of the Company  
outstanding as  
of January 25,  
2010 (including  
334,012 shares  
of unvested  
restricted stock),  
(ii) 1,018,050  
shares of  
common stock  
of the Company  
potentially  
issuable upon  
the exercise of  
outstanding  
in-the-money  
stock options as  
of January 25,  
2010 and  
(iii) 778,515  
shares of  
common stock  
of the Company  
potentially  
issuable upon  
the exercise of  
outstanding  
warrants to  
purchase  
common stock  
of the Company  
as of  
January 25,

2010.

- (2) The filing fee was calculated in accordance with Rule 0-11 of the Securities Exchange Act of 1934, as amended, and Fee Rate Advisory #4 for fiscal year 2010, issued December 17, 2009, by multiplying the transaction value by 0.0000713.

- b Check the box if any part of the fee is offset as provided by Rule 0-11(a)(2) and identify the filing with which the offsetting fee was previously paid. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.

Amount Previously Paid:	\$7,516.47
Form or Registration No.:	Schedule TO
Filing Party:	Trustmark Mutual Holding Company, Trustco Holdings, Inc. and Trustco Minnesota, Inc.
Date Filed:	January 26, 2010

- o Check the box if the filing relates solely to preliminary communications made before the commencement of a tender offer.

Check the appropriate boxes below to designate any transactions to which the statement relates:

- b third-party tender offer subject to Rule 14d-1.
- o issuer tender offer subject to Rule 13e-4.
- o going-private transaction subject to Rule 13e-3.
- o amendment to Schedule 13D under Rule 13d-2.

Check the following box if the filing is a final amendment reporting the results of the tender offer: o

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Item 3. Identity and Background of Filing Person.

Item 11. Additional Information.

Item 12. Exhibits.

SIGNATURES

Joint Press Release

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This Amendment No. 1 to the Tender Offer Statement on Schedule TO (this Amendment ) is filed by (i) Trustco Minnesota, Inc., a Minnesota corporation (the Purchaser ), which is a wholly owned subsidiary of Trustco Holdings, Inc., a Delaware corporation ( Parent ), which is an indirect wholly owned subsidiary of Trustmark Mutual Holding Company, an Illinois mutual insurance holding company ( Trustmark ), (ii) Parent and (iii) Trustmark. This Amendment amends and supplements the Tender Offer Statement on Schedule TO filed with the Securities and Exchange Commission on January 26, 2010 (together with any amendments and supplements thereto, the

Schedule TO ) and relates to the offer by the Purchaser to purchase all of the outstanding shares of common stock of Health Fitness Corporation, a Minnesota corporation (the Company ), par value \$0.01 per share (the Shares ), at a purchase price of \$8.78 per Share in cash, without interest and less any required withholding taxes, upon the terms and subject to the conditions set forth in the Offer to Purchase dated January 26, 2010 (together with any amendments and supplements thereto, the Offer to Purchase ) and in the related Letter of Transmittal.

Capitalized terms used and not defined herein shall have the meanings assigned to such terms in the Offer to Purchase.

**Item 3. Identity and Background of Filing Person.**

Schedule I to the Offer to Purchase is hereby amended and supplemented by (i) adding the following text to the description of Philip Goss: Mr. Goss will become the Chief Financial Officer of Trustmark, Parent and the Purchaser as of April 1, 2010. and (ii) deleting the following text from the description of Paul T. Schuster: Mr. Schuster will become the Chief Financial Officer of Trustmark, Parent and the Purchaser as of April 1, 2010.

**Item 11. Additional Information.**

Item 11(a)(3) of the Schedule TO is hereby amended and supplemented by adding the following text thereto:

At 9:21 a.m., New York City time, on Friday, February 5, 2010, early termination of the waiting period under the Hart-Scott-Rodino Antitrust Improvements Act of 1976, as amended (the HSR Act ), applicable to the Offer and the Merger was granted by the Federal Trade Commission. Accordingly, the condition to the Offer relating to the expiration or termination of the HSR Act waiting period has been satisfied. On February 5, 2010, Trustmark and the Company issued a joint press release announcing the termination of the HSR Act waiting period, a copy of which is filed as Exhibit (a)(5)(D) hereto.

**Item 12. Exhibits.**

Item 12 of the Schedule TO is hereby amended and supplemented by adding the following exhibit:

(a)(5)(D) Joint Press Release issued by Trustmark and Health Fitness Corporation on February 5, 2010.

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**SIGNATURES**

After due inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: February 5, 2010

**TRUSTCO MINNESOTA, INC.**

By: /s/ J. Brinke Marcuccilli

Name: J. Brinke Marcuccilli

Title: Chief Financial Officer

Date: February 5, 2010

**TRUSTCO HOLDINGS, INC.**

By: /s/ J. Brinke Marcuccilli

Name: J. Brinke Marcuccilli

Title: Executive Vice President and  
Chief Financial Officer

Date: February 5, 2010

**TRUSTMARK MUTUAL HOLDING  
COMPANY**

By: /s/ J. Brinke Marcuccilli

Name: J. Brinke Marcuccilli

Title: Executive Vice President and  
Chief Financial Officer