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PROGRESS SOFTWARE CORP /MA

Form 4

October 17, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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obligations

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

30(h) of the Investment Company Act of 1940

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ALSOP JOSEPH WRIGHT			2. Issuer Name and Ticker or Trading Symbol PROGRESS SOFTWARE CORP /MA [PRGS]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last) 14 OAK PAR	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 10/15/2007	_X_ Director 10% Owner Step Other (give title below) Other (specify below) CEO and Director
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person
BEDFORD, MA 01730				Form filed by More than One Reporting Person

		1 CISON								
(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispose (Instr. 3, 4	(A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	10/15/2007		Code V M	Amount 55,823	(D)	Price \$ 10.5784	396,576	D		
Common Stock	10/15/2007		S	55,823	D	\$ 32.087	340,753	D		
Common Stock	10/16/2007		M	3,000	A	\$ 16.19	343,753	D		
Common Stock	10/16/2007		S	3,000	D	\$ 32.45	340,753	D		
Common Stock	10/17/2007		M	8,200	A	\$ 16.19	348,953	D		

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Common Stock 10/17/2007 S 8,200 D \$ 32.453 340,753 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of Derivative Securities (A) or Disj (D) (Instr. 3, 4)	Acquired posed of	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and Underlying (Instr. 3 an
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Nonqualified Stock Options	\$ 32.25	10/15/2007		A	30,000		10/15/2007(1)	10/14/2014	Common
Nonqualified Stock Options	\$ 32.25	10/15/2007		A	50,750		10/15/2007(3)	10/14/2014	Common Stock
Nonqualified Stock Option	\$ 32.25	10/15/2007		A	15,000		10/15/2007(3)	10/14/2014	Common Stock
Nonqualified Stock Options	\$ 10.578	10/15/2007		M		55,823	02/03/1998(5)	02/02/2008	Common Stock
Nonqualified Stock Options	\$ 16.19	10/16/2007		M		3,000	09/01/1998 <u>(7)</u>	09/01/2008	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationsnips							
	Director	10% Owner	Officer	Other				
ALSOP JOSEPH WRIGHT	V		CEO 1 Discours					
14 OAK PARK BEDFORD, MA 01730	X		CEO and Director					

Reporting Owners 2

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Signatures

Joseph W. Alsop 10/17/2007

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 32/60ths of the option vests on the date of grant, thereafter the option vests in equal monthly increments over a 28 month period commencing November 1, 2007.
- (2) As of October 15, 2007, options to purchase 16,000 shares were vested.
- (3) 8/60ths of the option vests on the date of grant, thereafter the option vests in equal monthly increments over a 52 month period commencing November 1, 2007.
- (4) As of October 15, 2007, options to purchase 6,766 shares were vested.
- (5) The option was originally granted on February 3, 1998, and vested in 60 equal monthly increments in effect commencing on March 1, 1998.
- **(6)** The option is fully vested.
- The option was originally granted on September 1, 1998, and vested in 60 equal monthly increments in effect commencing on March 1, 1998.
- (8) The option is fully vested.
- (9) As of October 15, 2007, options to purchase 2,000 shares were vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3