

Item 8.01 Other Events.

On April 1, 2019, VistaGen Therapeutics, Inc. (the “Company”) announced additional results from a positive pilot Phase 3 study of PH94B, a potential first-in-class neuroactive nasal spray in development as an as-needed treatment for social anxiety disorder. The new data was presented in a poster session at the 2019 Anxiety and Depression Association of America annual conference in Chicago. A copy of the press release is attached to this Current Report on Form 8-K as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

See Exhibit Index.

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

VistaGen Therapeutics, Inc.

Date: April 4, 2019 By: /s/ Shawn K. Singh
Shawn K. Singh
Chief Executive Officer

EXHIBIT INDEX

Exhibit No. Description

99.1 Press Release issued by VistaGen Therapeutics, Inc., dated April 1, 2019