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FIRST TRUST STRATEGIC HIGH INCOME FUND

Form 8-K September 18, 2008

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K

	PURSUANT TO SECTION 13 OR	Current Report 15(d) OF THE SECURITIES E	XCHANGE ACT OF 1934
Date	of report (Date of earlies		
	First Trus	st Strategic High Income F	und
	(Exact Name of Rec	gistrant as Specified in i	ts Charter)
	Massachusetts	811-21756	
(Sta	te or Other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)
1	001 Warrenville Road, Suite	e 300, Lisle, Illinois	60532
	(Address of Principal Ex		(Zip Code)
Regi	strant's telephone number,	including area code 63	0-241-4141
	(Former Name or Former Ad	ddress, if Changed Since L	ast Report.)
simu	k the appropriate box below ltaneously satisfy the fil: he following provisions (se	ing obligation of the regi	strant under any
[]	Written communications pur CFR 230.425)	rsuant to Rule 425 under t	he Securities Act (17
[]	Soliciting material pursua 240.14a-12)	ant to Rule 14a-12 under t	he Exchange Act (17 CFF
[]	Pre-commencement communication Exchange Act (17 CFR 240.1	ations pursuant to Rule 14 14d-2(b))	d-2(b) under the
[]	Pre-commencement communicate Exchange Act (17 CFR 240.3	ations pursuant to Rule 13	e-4(c) under the

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Item 8.01 Other Events

On September 17, 2008, First Trust Strategic High Income Fund (NYSE: FHI), First Trust Strategic High Income Fund II (NYSE: FHY) and First Trust Strategic High Income Fund III (NYSE: FHO) (collectively, the "Funds") announced that their Boards of Trustees have approved a change in the Funds' temporary defensive policy. The Funds issued a press release on September 17, 2008 relating to the change in temporary defensive policy, a copy of which is filed herewith as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits

Exhibit No. Description

99.1 Press release dated September 17, 2008.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: September 18, 2008 FIRST TRUST STRATEGIC HIGH INCOME FUND

By: /s/ James A. Bowen

Name: James A. Bowen

Title: Chairman of the Board, President and Chief Executive Officer

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EXHIBIT INDEX

Exhibit No. Description

99.1 Press release dated September 17, 2008.