Llyod John K Form 4 June 09, 2010

### FORM 4

#### OMB APPROVAL

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

Expires: January 31, 2005

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person Llyod John K | 2. Issuer Name and Ticker or Trading Symbol LIFE TIME FITNESS INC [LTM] | 5. Relationship of Reporting Person(s) to Issuer   |  |  |  |  |
|--|---|--|--|--|--|--|
| (Last) (First) (Middle)                              | 3. Date of Earliest Transaction   | (Check all applicable)   |  |  |  |  |
| 2902 CORPORATE PLACE                                 | (Month/Day/Year)<br>06/09/2010  | _X_ Director 10% Owner Officer (give title below) Other (specify below)                              |  |  |  |  |
| (Street)   | 4. If Amendment, Date Original  | 6. Individual or Joint/Group Filing(Check  |  |  |  |  |
| CHANHASSEN, MN 55317                                 | Filed(Month/Day/Year)   | Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person |  |  |  |  |

| (City)                               | (State)                                 | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |   |   |                  |  |   |   |  |
|--------------------------------------|---|--|---|---|------------------|--|---|---|--|
| 1.Title of<br>Security<br>(Instr. 3) | 2. Transaction Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year)                      | 3.<br>Transaction<br>Code<br>(Instr. 8) | 4. Securities Acquired (A) actiom Disposed of (D) (Instr. 3, 4 and 5) |                  | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported | 6. Ownership Form: Direct (D) or Indirect (I) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |  |
|                                      |   |  | Code V                                  | Amount  | (A)<br>or<br>(D) | Price  | Transaction(s) (Instr. 3 and 4)               | (Instr. 4)  |  |
| Common<br>Stock                      | 06/09/2010                              |  | P                                       | 900   | A                | \$ 34.12   | 6,975   | D   |  |
| Common<br>Stock                      | 06/09/2010                              |  | P                                       | 900   | A                | \$<br>34.1096  | 7,875   | D   |  |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

 $\label{thm:convertible} \textbf{Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned} \\ \textit{(e.g., puts, calls, warrants, options, convertible securities)}$ 

#### Edgar Filing: Llyod John K - Form 4

| 1. Title of Derivative               | 2. Conversion   | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if           | 4.<br>Transactio                  | 5.<br>orNumber   | 6. Date Exerc       |                    | 7. Titl<br>Amou |                              | 8. Price of Derivative               | 9. Nu<br>Deriv   |
|--------------------------------------|---|--------------------------------------|---|-----------------------------------|--|---------------------|--------------------|-----------------|------------------------------|--------------------------------------|--|
| Derivative<br>Security<br>(Instr. 3) | Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | (Month/Day/Year)                     | Execution Date, if any (Month/Day/Year) | Transaction<br>Code<br>(Instr. 8) | orNumber Expiration Dof (Month/Day. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, |                     |                    | Under<br>Securi | rlying                       | Derivative<br>Security<br>(Instr. 5) | Deriv<br>Secur<br>Bene<br>Owne<br>Follo<br>Repo<br>Trans<br>(Instr |
|                                      |   |                                      |   |                                   | 4, and 5)  | Date<br>Exercisable | Expiration<br>Date | Title           | Amount<br>or<br>Number<br>of |                                      |  |
|                                      |   |                                      |   | Code V                            | (A) (D)  |                     |                    |                 | Shares                       |                                      |  |

## **Reporting Owners**

| Reporting Owner Name / Address | Relationships |           |         |       |  |  |  |
|--------------------------------|---------------|-----------|---------|-------|--|--|--|
|                                | Director      | 10% Owner | Officer | Other |  |  |  |
| Llyod John K                   |               |           |         |       |  |  |  |
| 2902 CORPORATE PLACE           | X             |           |         |       |  |  |  |
| CHANHASSEN, MN 55317           |               |           |         |       |  |  |  |

## **Signatures**

/s/ Amy C. Seidel on behalf of John K. Lloyd 06/09/2010

# \*\*Signature of Reporting Person Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date

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