Meredith Jan Form 4 December 23	3, 2009							PPROVAL		
	Washington, D.C. 20549							3235-0287		
Check thi if no long subject to Section 1 Form 4 o Form 5 obligation may cont <i>See</i> Instru 1(b).	 ^r STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 							January 31, 2005 average rs per 0.5		
(Print or Type Responses)										
1. Name and A Meredith Jan	ddress of Reporting Person <u>*</u> mes	Symbol	2. Issuer Name and Ticker or Trading ymbol Cinemark Holdings, Inc. [CNK]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)		3. Date of Earliest Transaction				(Check all applicable)			
3900 DALL 500	AS PARKWAY, SUITE	(Month/Day/Year) 12/21/2009	-				Director 10% Owner X Officer (give title Other (specify below) below) VP - Marketing & Comm.			
DI ANO TY	(Street)	4. If Amendment, D Filed(Month/Day/Yea	-			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
Person Person										
(City)	(State) (Zip)				_	uired, Disposed of		-		
1.Title of Security (Instr. 3)	any		Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct Indirect Ily (D) or Beneficial Indirect (I) Ownership g (Instr. 4) (Instr. 4)			
		Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	12/21/2009	М	44,179	А	\$ 7.63	65,520	D			
Common Stock	12/21/2009	F	25,043	D	<u>(1)</u>	40,477	D			
Common Stock	12/21/2009	F	5,061	D	<u>(2)</u>	35,416	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock (option to buy)	\$ 7.63	12/21/2009		М	44,179	04/02/2009	04/02/2014	Common Stock	44,179

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
Meredith James 3900 DALLAS PARKWAY SUITE 500 PLANO, TX 75093			VP - Marketing & Comm.				
Signatures							
/s/ Michael Cavalier, attorney-in-fact		12/23/2009					
<u>**</u> Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Shares withheld by the issuer for payment by the reporting person to the issuer of his option exercise price.

(2) Shares withheld by the issuer for payment by the reporting person of his tax withholdings.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.