Johnson William Keith Jr. Form 4 August 09, 2010

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or ES IN RENEFICIAL OWNERSHIP OF

Adminder.

Expires: January 31, 2005

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue.

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

Form 5

obligations

(Print or Type Responses)

1. Name and Address of Reporting Person * Johnson William Keith Jr.			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle)		(Middle)	CLECO CORP [CNL] 3. Date of Earliest Transaction	(Check all applicable)			
2030 DONA	HUE FERRY	Y ROAD	(Month/Day/Year) 08/09/2010	Director 10% Owner Steelow) Other (specify below) Acting VP - Cleco Midstream			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Ch Applicable Line) _X_ Form filed by One Reporting Person			
PINEVILLE, LA 71360				Form filed by More than One Reporting Person			

(City)	(State)	(Z ₁ p) Tab	le I - Non-	Derivativ	e Secu	ırities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of 4 and (A) or	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$1.00 par	08/09/2010		M	7,500	A	(1)	22,313.6385 (2)	D	
Common Stock, \$1.00 par	08/09/2010		S	7,500	D	\$ 29.0523	14,813.6385	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Option	\$ 22.25	08/09/2010		X	5,000	07/27/2006	07/27/2011	Common Stock, \$1.00 par	5,0
Non-Qualified Stock Option	\$ 24.25	08/09/2010		X	2,500	04/17/2007	04/17/2012	Common Stock, \$1.00 par	2,5

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Johnson William Keith Jr. 2030 DONAHUE FERRY ROAD PINEVILLE, LA 71360

Acting VP - Cleco Midstream

Signatures

Wade A. Hoefling, Atty-in-Fact for William Keith Johnson, Jr.

08/09/2010 Date

**Signature of Reporting Person

ture of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 5,000 shares @ \$22.25; 2,500 shares @ \$24.25.
- (2) Total includes 166.0391 shares acquired through the Company's 401(k) and 0.0409 shares acquired through the Company's Employee Stock Purchase Plan from 1/1/2010 through 6/30/2010.
- (3) Right to buy granted under the Company's 2000 Long-Term Incentive Compensation Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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