CYPOST CORP Form 3

November 05, 2001

Form 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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2001

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of

the Public Utility

Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

(Print or type responses)

Name and Address of Reporting Person* Warren, Sandra Lynn						
	(Last)	(First)	(Middle)			
202-3709 Pender Street						
(Street)						
Vancouver, British Columbia V5C 2L2						
	(Citv)	(State)	(Zip)			

2. Date of Event Requiring Statement (Month/Day/Year) 10/12/2001 4. Issuer Name and Ticker or Trading Symbol

CyPost Corporation (post)3. I.R.S. Identification

Number of Reporting Person, if an entity (voluntary)

98-0178674

5. Relationship of Repor	rting Person(s) to Issuer
(Check all applicable)	
X Director	10% Owner
X Officer (give	Other (specify
title below)	below)

President	
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6. If Amendment, Date of Original (Month/Day/Year) 7. Individual or Joint/Group Filing (Check Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

	· ·	Nature of Indirect Beneficial Ownership (Instr. 5)		
'	(D) or Indirect			
	(I) (Instr. 5)			

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Common	25000		D				
Table II - Derivative	e Securities Bene	ficially (Owned (e.g., puts, calls	, warrants	, options,	convertible	securities)
Title of Derivative Security (Instr. 4)	Security 2. Date Exercisable and Expiration Date (Month/Day/Y		3. Title and Amount of S Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Deri-	5. Owner- ship Form of Deriv- ative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exer-cisable	Expira- tion Date	Title	Amount or Number of Shares	vative Security	Direct (D) or Indirect (I) (Instr. 5)	
					1		

Explanation of Responses:

**	Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C.	/s/ Sandra Lynn Warren	11/02/2001
	78ff(a).	**Signature of Reporting Person	Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.