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BURGESS ERNEST G III

Form 4

August 06, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287 January 31,

0.5

Check this box if no longer subject to

Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Expires: 2005 Estimated average

OMB APPROVAL

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Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

| 1. Name and Address of Reporting Person * BURGESS ERNEST G III | | | | 2. Issuer Name and Ticker or Trading Symbol NATIONAL HEALTHCARE CORP [NHC] | | | | ' I | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
|--|--------------------------------|-------|-----------------------|--|---|--------------|---|---|--|--|---|--|
| (Last) 7097 FRANK | (First) | (Midd | lle) | 3. Date of Earliest Transaction (Month/Day/Year) 08/06/2009 | | | _ | X Director 10% Owner Officer (give title below) Other (specify below) | | | | |
| MURFREESI | (Street) | | Filed(Month/Day/Year) | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting | | | | | |
| (City) | (State) | (Zip | n) | | | | | | Person | | | |
| (City) | (State) | (Zip | " | Table | I - Non-Dei | rivative Se | ecuriti | ies Acqui | ired, Disposed of, | or Beneficial | ly Owned | |
| 1.Title of Security (Instr. 3) | 2. Transaction (Month/Day/Y | (ear) | Execut any | emed ion Date, if //Day/Year) | 3. Transaction Code (Instr. 8) | (Instr. 3, | ispose | d of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| Shares of Common Stock | 08/06/2009 | | | | M | 4,000 (1) | A | \$ 32.01 | 160,204 | D | | |
| Shares of Series A Convertible Preferred | | | | | | | | | 147,560 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transacti Code (Instr. 8) | Secu Acqu (A) o Disp (D) | urities uired or oosed of rr. 3, 4, | Expiration Dat | Date Exercisable and biration Date onth/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|---------------------------------------|--------------------------------------|---|---------------------|---|-----------------|---|--|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |
| Option to Purchase Common Stock | \$ 32.01 | 08/06/2009 | | M | | 4,000 | 05/03/2005 | 05/02/2010 | Common Stock | 15,000 | |
| Option to Purchase Common Stock | \$ 44.25 | | | | | | 05/03/2006 | 05/02/2011 | Common Stock | 15,000 | |
| Option to Purchase Common Stock | \$ 52.5 | | | | | | 04/24/2007 | 04/23/2012 | Common Stock | 15,000 | |
| Option to Purchase Common Stock | \$ 51.5 | | | | | | 05/01/2008 | 05/01/2013 | Common Stock | 15,000 | |
| Option to Purchase Common Stock | \$ 37.7 | | | | | | 05/05/2009 | 05/04/2014 | Common Stock | 15,000 | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|--|---------------|-----------|---------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| BURGESS ERNEST G III 7097 FRANKLIN ROAD MURFREESBORO, TN 37128 | X | | | | | | |

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Date

Signatures

Ernest G. Burgess, III by Ann S. Benson, 08/06/2009 POA

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These stock options were granted pursuant to the Company's 2002 Stock Option Plan on May 3, 2005. The grant and exercise of these stock options are exempt from Section 16(b) pursuant to Rule 16b-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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