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CHANG JOSEPH Form 4										
February 26, 2019 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									PPROVAL 3235-0287 January 31,	
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type Respo 1. Name and Addres CHANG JOSEP	ss of Reporting H Y	Person <u>*</u> Middle)	Symbol	er Name an XIN ENTI				of Reporting Per eck all applicabl		
(Last) C/O NU SKIN E INC., 75 WEST	3. Date of Earliest Transaction (Month/Day/Year) 02/22/2019			Director 10% Owner X Officer (give title Other (specify below) below) Chief Scientific Officer						
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year) PROVO, UT 84601					al	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 				
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	Acquired, Disposed	of, or Beneficia	lly Owned	
	ansaction Date hth/Day/Year)	Execution any	Date, if	Code (Instr. 8)	4. Securi onAcquired Disposed (Instr. 3, Amount	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report or	n a separate line	e for each cla	ass of sec	urities bene	-	-	• • • • • • • • • • • • • • • • • • •			
					inforr requi	nation con red to resp ays a curre	spond to the colle tained in this forn ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	
	Tab					sposed of, or convertible	Beneficially Owned securities)	đ		

1. Title of	2.	3. Transaction Date	3A. Deemed	4. 5.	Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionD	erivative	Expiration Date	Underlying Securities

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		(Instr. 3 and 4)	
				Code V	7 (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 30.63	02/22/2019		A	9,551 (1)		02/22/2019	03/02/2023	Class A Common Stock	9,551
Employee Stock Option (Right to Buy)	\$ 50.68	02/22/2019		A	10,223 (2)		02/22/2019	03/04/2024	Class A Common Stock	10,223
Employee Stock Option (Right to Buy)	\$ 71.99	02/22/2019		А	9,264 (<u>3)</u>		03/08/2019	03/08/2025	Class A Common Stock	9,264

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
CHANG JOSEPH Y C/O NU SKIN ENTERPRISES, INC. 75 WEST CENTER STREET PROVO, UT 84601			Chief Scientific Officer			
Signatures						

/s/ Gregory Belliston as Attorney-in-Fact for Joseph Y. Chang

**Signature of Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On March 2, 2016, the reporting person was granted stock options to purchase shares of Class A Common Stock, the vesting of which (1) was contingent on Nu Skin Enterprises, Inc.'s satisfaction of certain performance criteria. On February 22, 2019, the performance criteria were met, resulting in the vesting of the amount shown above.

02/26/2019

Date

(2) On March 4, 2017, the reporting person was granted stock options to purchase shares of Class A Common Stock, the vesting of which was contingent on Nu Skin Enterprises, Inc.'s satisfaction of certain performance criteria. On February 22, 2019, the performance criteria

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were met, resulting in the vesting of the amount shown above.

On March 8, 2018, the reporting person was granted stock options to purchase shares of Class A Common Stock, the vesting of which

(3) was contingent on Nu Skin Enterprises, Inc.'s satisfaction of certain performance criteria. On February 22, 2019, the performance criteria were met, resulting in the amount shown above becoming eligible for vesting.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.