# HEALTH FITNESS CORP /MN/

Form NT 10-K March 31, 2003

SEC 1344 (10-2002) Previous versions obsolete	INFORMATION CONTAINED IN THI	TO RESPOND TO THE COLLECTION OF S FORM ARE NOT REQUIRED TO RESPOND URRENTLY VALID OMB CONTROL NUMBER.
CEC	UNITED STATES	OMB APPROVAL
	SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 12b-25	OMB Number: 3235-0058 Expires: January 31, 2005 Estimated average burden hours per response2.50
	NOTIFICATION OF LATE FILING	SEC FILE NUMBER 000-25064
		CUSIP NUMBER 42217V 10 2
/ / Transit / / Transit / / Transit / / Transit / / Transit	ded: December 31, 2002  dion Report on Form 10-K  dion Report on Form 20-F  dion Report on Form 11-K  dion Report on Form 10-Q  dion Report on Form N-SAR	
	sition Period Ended:	ring Form. Please Print or Type.
NOTHING I	IN THIS FORM SHALL BE CONSTRUED TO VERIFIED ANY INFORMATION CC	
	cation relates to a portion of the object of the contraction relates:	
PART I REG	SISTRANT INFORMATION	
	ss Corporation	
Full Name of		
Former Name i	f Applicable	
	h Street, Suite 560	
	rincipal Executive Office (Street	

Minneapolis, Minnesota 55431

\_\_\_\_\_\_

City, State and Zip Code

PART II -- RULE 12b-25(b) AND (c)

If the subject report could not be filed without unreasonable effort or expense and the registrant seeks relief pursuant to Rule 12b-25(b), the following should be completed. (Check box if appropriate)

- (a) The reasons described in reasonable detail in Part III of this form could not be eliminated without unreasonable effort or expense;
- /X/ (b) The subject annual report, semi-annual report, transition report on Form 10-K, Form 20-F, 11-K or Form N-SAR, or portion thereof, will be filed on or before the fifteenth calendar day following the prescribed due date; or the subject quarterly report or transition report on Form 10-Q, or portion thereof will be filed on or before the fifth calendar day following the prescribed due date; and
  - (c) The accountant's statement or other exhibit required by Rule 12b-25(c) has been attached if applicable.

PART III -- NARRATIVE

State below in reasonable detail the reasons why Forms 10-K, 20-F, 11-K, 10-Q, N-SAR, or the transition report portion thereof, could not be filed within the prescribed time period.

(ATTACH EXTRA SHEETS IF NEEDED)

The Registrant is unable to file an accurate and timely Form 10-K due to circumstances beyond its control. The Registrant will, however, be in a position to file the Form 10-K within the fifteen calendar day period following March 31, 2003, the prescribed due date.

PART IV -- OTHER INFORMATION

(1) Name and telephone number of person to contact in regard to this notification

(2) Have all other periodic reports required under Section 13 or  $15\,(d)$  of the Securities Exchange Act of 1934 or Section 30 of the Investment Company Act of 1940 during the preceding 12 months or for such shorter period that the registrant was required to file such report(s) been filed? If the answer is no, identify report(s). /X/ Yes / / No

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(3) Is it anticipated that any significant change in results of operations from the corresponding period for the last fiscal year will be reflected by the earnings statements to be included in the subject report or portion thereof?

/ / Yes /X/ No

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If so attach an explanation of the anticipated change, both narratively and quantitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.

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#### Health Fitness Corporation

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(Name of Registrant as Specified in Charter)

has caused this notification to be signed on its behalf by the undersigned hereunto duly authorized.

Date March 31, 2003 By /s/Jerry V. Noyce

\_\_\_\_\_\_

Jerry V. Noyce, President and CEO

INSTRUCTION: The form may be signed by an executive officer of the registrant or by any other duly authorized representative. The name and title of the person signing the form shall be typed or printed beneath the signature. If the statement is signed on behalf of the registrant by an authorized representative (other than an executive officer), evidence of the representative's authority to sign on behalf of the registrant shall be filed with the form.

#### ATTENTION

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INTENTIONAL MISSTATEMENTS OR OMISSIONS OF FACT CONSTITUTE FEDERAL CRIMINAL VIOLATIONS (SEE 18 U.S.C. 1001).

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#### GENERAL INSTRUCTIONS

- 1. This form is required by Rule 12b-25 (17 CFR 240.12b-25) of the General Rules and Regulations under the Securities Exchange Act of 1934.
- 2. One signed original and four conformed copies of this form and amendments thereto must be completed and filed with the Securities and Exchange Commission, Washington, D.C. 20549, in accordance with Rule 0-3 of the General Rules and Regulations under the Act. The information contained in or filed with the form will be made a matter of public record in the Commission files.
- 3. A manually signed copy of the form and amendments thereto shall be filed with each national securities exchange on which any class of securities of the registrant is registered.
- 4. Amendments to the notifications must also be filed on Form 12b-25 but need not restate information that has been correctly furnished. The form shall be clearly identified as an amended notification.
- 5. Electronic Filers. This form shall not be used by electronic filers unable to timely file a report solely due to electronic difficulties. Filers unable to submit a report within the time period prescribed due to difficulties in electronic filing should comply with either Rule 201 or Rule 202 of Regulation S-T (Section 232.201 or Section 232.202 of this chapter) or apply for an adjustment in filing date pursuant to Rule 13(b) of Regulation S-T (Section 232.13(b) of this Chapter).