

ROSA BRUCE L  
Form 4  
March 10, 2010

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

Check this box  
if no longer  
subject to  
Section 16.  
Form 4 or  
Form 5  
obligations  
may continue.  
*See Instruction*  
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person \*  
ROSA BRUCE L

(Last) (First) (Middle)

T. MARZETTI COMPANY, P. O.  
BOX 29163

(Street)

COLUMBUS, OH 43229

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol  
LANCASTER COLONY CORP  
[LANC]

3. Date of Earliest Transaction  
(Month/Day/Year)  
03/09/2010

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_ 10% Owner  
\_\_X\_\_ Officer (give title \_\_\_\_ Other (specify  
below) below)  
Vice President

6. Individual or Joint/Group Filing(Check  
Applicable Line)  
\_\_X\_\_ Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of<br>Security<br>(Instr. 3) | 2. Transaction Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code<br>(Instr. 8) | 4. Securities Acquired<br>(A) or Disposed of (D)<br>(Instr. 3, 4 and 5) | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4) | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------------|-----------------------------------------|-------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|-------------------------------------------------------------------|
| Common<br>Stock                       |                                         |                                                             |                                         | (A)<br>or<br>(D)                                                        |                                                                                                                    |                                                                      |                                                                   |
|                                       |                                         |                                                             | Code                                    | V                                                                       | Amount                                                                                                             |                                                                      | Price                                                             |
| Common<br>Stock                       |                                         |                                                             |                                         |                                                                         | 47,705                                                                                                             | I                                                                    | By Trust                                                          |
| Common<br>Stock                       |                                         |                                                             |                                         |                                                                         | 10,582.653<br>(1)                                                                                                  | I                                                                    | By ESOP                                                           |
| Common<br>Stock                       |                                         |                                                             |                                         |                                                                         | 666.1339 (2)                                                                                                       | I                                                                    | By 401(k)<br>Plan                                                 |
| Common<br>Stock                       | 03/09/2010                              |                                                             | M                                       | 2,810                                                                   | A (4)                                                                                                              | 3,910                                                                | D                                                                 |
| Common<br>Stock                       | 03/09/2010                              |                                                             | F                                       | 912                                                                     | D \$                                                                                                               | 2,998                                                                | D                                                                 |
|                                       |                                         |                                                             |                                         |                                                                         | 59.06                                                                                                              |                                                                      |                                                                   |

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|              |            |   |       |   |                |       |   |
|--------------|------------|---|-------|---|----------------|-------|---|
| Common Stock | 03/09/2010 | M | 1,300 | A | <del>(5)</del> | 4,298 | D |
| Common Stock | 03/09/2010 | F | 445   | D | \$ 59.06       | 3,853 | D |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Underlying Security (Instr. 3 and 4) |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------|
|                                            |                                                        |                                      |                                                    | Code                           | V (A) (D)                                                                               | Date Exercisable Expiration Date                         | Title                                             |
| Stock Appreciation Right <sup>(3)</sup>    | \$ 38.31                                               | 02/27/2008                           |                                                    | A                              | 12,000                                                                                  | 02/27/2009 02/27/2013                                    | Common Stock                                      |
| Stock Appreciation Right <sup>(3)</sup>    | \$ 39.86                                               | 02/25/2009                           |                                                    | A                              | 12,000                                                                                  | 02/25/2010 02/25/2014                                    | Common Stock                                      |
| Stock Appreciation Right <sup>(3)</sup>    | \$ 58.79                                               | 02/24/2010                           |                                                    | A                              | 14,000                                                                                  | 02/24/2011 02/24/2015                                    | Common Stock                                      |
| Stock Appreciation Right <sup>(3)</sup>    | \$ 38.31                                               | 03/09/2010                           |                                                    | M                              | 8,000                                                                                   | 02/27/2009 02/27/2013                                    | Common Stock                                      |
| Stock Appreciation Right <sup>(3)</sup>    | \$ 39.86                                               | 03/09/2010                           |                                                    | M                              | 4,000                                                                                   | 02/25/2010 02/25/2014                                    | Common Stock                                      |

## Reporting Owners

| Reporting Owner Name / Address                         | Relationships                    |
|--------------------------------------------------------|----------------------------------|
|                                                        | Director 10% Owner Officer Other |
| ROSA BRUCE L<br>T. MARZETTI COMPANY<br>P. O. BOX 29163 | Vice President                   |

COLUMBUS, OH 43229

## Signatures

Patricia A. Schnieder, POA for Bruce L.  
Rosa

03/10/2010

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects ESOP allocations that had occurred as of 6/30/08.
- (2) Shares contributed by Lancaster Colony Corporation as a matching contribution under Lancaster Colony Corporation's 401(k) Plan as of 6/30/08.
- (3) Stock appreciation rights awarded to Mr. Rosa pursuant to the 2005 Stock Plan. The rights vest ratably over a three-year period beginning on the first anniversary of the grant date and can be exercised up to five years from the grant date.
- (4) Each Stock Appreciation Right represents the right to receive shares representing the spread between market price of \$59.06 and base price of \$38.31.
- (5) Each Stock Appreciation Right represents the right to receive shares representing the spread between market price of \$59.06 and base price of \$39.86

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.