ADAMS RESOURCES & ENERGY, INC. Form 8-K August 08, 2016

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 8, 2016

ADAMS RESOURCES & ENERGY, INC.

(Exact name of registrant as specified in its charter)

Delaware 1-07908 74-1753147

(State or other (Commission jurisdiction of file identification no.) incorporation) number)

17 S. Briar Hollow Lane, Houston, Texas 77027

(Address of principal executive offices) (Zip code)

(713) 881-3600

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425
[]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12

[] (17 CFR 240.1	Pre-commencement communications pursuant to Rule 14d-2 (b) under the Exchange Act 4d-2(b))
[] (17 CFR 240.1	Pre-commencement communications pursuant to Rule 13e-4 (c) under the Exchange Act 3e-4c))

Item 2.02.

Results of Operations and Financal Condition.

On August 8, 2016, Adams Resources & Energy, Inc., a Delaware corporation, issued a press release announcing financial results for the second quarter ended June 30, 2016. A copy of the news release is furnished as Exhibit 99.1 to this report and is incorporated herein by reference. The information in the Current Report on Form 8-K, including the exhibit, shall not be deemed filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, (the Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ADAMS RESOURCES & ENERGY. INC.

August 8, 2016 BY: /s/ Richard B. Abshire

Richard B. Abshire Chief Financial Officer