### Edgar Filing: GOLDSTEIN BARRY - Form 4

GOLDSTE	IN BARRY											
Form 4 November (	05 2018											
November 05, 2018										OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549										OMB Number:	3235-0287	
Check this box if no longer										Expires:	January 31, 2005	
subject to STATEMENT OF CHA Section 16. Form 4 or				ANGES IN BENEFICIAL OWN SECURITIES					ERSHIP OF	Estimated burden ho response.	average ours per	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	Responses)											
1. Name and Address of Reporting Person 2. IssuGOLDSTEIN BARRYSymbol			. Issuer Name <b>and</b> Ticker or Trading mbol					5. Relationship of Reporting Person(s) to Issuer				
KIN [KIN					ΕC	COMPANI	ES, I	NC.	(Check all applicable)			
			te of Earliest Transaction					Director 10% Owner Officer (give title Other (specify				
				th/Day/Year) 2/2018					below) below) President, COB, CEO			
				-					6. Individual or Joint/Group Filing(Check			
KINGSTON, NY 12401					/lonth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tal	ble I - N	lon-	Derivative S	Securi	ties Acqu	iired, Disposed of	, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if			Code (Instr. 3, 4 and 5)					Securities Beneficially Owned Following Reported	OwnershipIForm:IDirect (D)0	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
~				Code	v	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	11/02/2018			М		125,000	А	\$ 6.73	776,434	D		
Common Stock	11/02/2018			F		85,222	D	\$ 17.88	691,212	D		
Common Stock									2,000	Ι	Retirement Trust	
Common Stock									73,168	Ι	Held by Spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of iorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option	\$ 6.73	11/02/2018		М		125,000	(1)	08/12/2019	Common Stock	125,000

## **Reporting Owners**

Reporting Owner Name / Addres	ss	Relationships							
	Director	10% Owner	Officer	Other					
GOLDSTEIN BARRY 15 JOYS LANE KINGSTON, NY 12401			President, COB, CEO						
Signatures									
/s/ Barry	11/05/2018								

Goldstein <u>\*\*</u>Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option is exercisable to the extent of 62,500 shares on each of August 12, 2016 and 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.