

Item 2.02 Results of Operations and Financial Condition.

On May 10, 2016, Nature's Sunshine Products, Inc. (the "Company") issued a press release announcing its financial results for the three months ended March 31, 2016. A copy of the Company's press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

Item 8.01 Other Events.

Quarterly Cash Dividend

On May 10, 2016, the Company issued a press release announcing that its Board of Directors had approved the Company's payment of a quarterly cash dividend of \$0.10 per share, payable on June 6, 2016, to shareholders of record on May 25, 2016.

A copy of the press release is attached hereto as Exhibit 99.1 and is incorporated by reference herein.

Item 9.01 Financial Statements and Exhibits.

The following document is filed as an exhibit to this report:

Item No. Exhibit

99.1 Press Release issued by the Company, dated May 10, 2016

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: May 11, 2016 By: /s/ Stephen M. Bunker

Stephen M. Bunker, Executive Vice President, Chief Financial Officer and Treasurer