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LIGHTBRIDGE Corp							
Form 4 November 10, 2016							
					OMB A	PPROVAL	
UNITE	D STATES SI	ECURITIES A Washington,	AND EXCHANGE , D.C. 20549	COMMISSION	OMB Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or	EMENT OF C	CHANGES IN SECUR	Expires: January 31, 2005 Estimated average burden hours per response 0.5				
obligations	7(a) of the Put	blic Utility Hole	e Securities Exchanding Company Act Company Act of 1	of 1935 or Section		0.0	
(Print or Type Responses)							
1. Name and Address of Report Zwobota Linda Joan	Sy	2. Issuer Name and ymbol IGHTBRIDGE	I Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First)		Date of Earliest Ti	• - -	(Chec	k all applicable	e)	
11710 PLAZA AMERICA DRIVE, SUITE 2000	(N	Jonth/Day/Year) 1/09/2016	ransaction	Director Officer (give below)		% Owner er (specify	
(Street)		If Amendment, Dailed(Month/Day/Year	-	6. Individual or Jo Applicable Line) _X_ Form filed by C	One Reporting Po	erson	
RESTON, VA 20190				Form filed by M Person	lore than One Ro	eporting	
(City) (State)	(Zip)	Table I - Non-I	Derivative Securities A	cquired, Disposed of	, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)2. Transaction Da (Month/Day/Yea)		Code Year) (Instr. 8)	4. Securities nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or	SecuritiesFBeneficially(I)Owned(I)	. Ownership form: Direct D) or Indirect I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report on a separate	line for each class	Code V	. ,	or indirectly			
Reminder. Report on a separate	inie for each class	of securities belief	Persons who res information cont required to respo	spond to the collect ained in this form a ond unless the form ntly valid OMB con	are not n	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A or Disposed (D) (Instr. 3, 4, and 5)				
				Code V	(A) ((D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Non Qualified)	\$ 1.54	11/09/2016		A	64,900	<u>(1)</u>	11/09/2026	Common Stock	64,900
Reporting Owners									

Reporting Owner Name / Addr	Relationships						
	Director	10% Owner	Officer	Other			
Zwobota Linda Joan 11710 PLAZA AMERICA DR SUITE 2000 RESTON, VA 20190	RIVE		CFO				
Signatures							
/s/ Linda J. Zwobota	1/10/2016						

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options were granted on November 9, 2016 of which 31,349 shares are subject to an immediate vest. The remaining 33,551 options are contingent upon shareholder approval.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.