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TIERNEY . Form 4 November (
FORM	OMB APPROVAL								
	UNITED STA	TES SECURITIES Washingto			NGE CO	MMISSION	OMB Number:	3235-0287	
Check t if no lor	agor.						Expires:	January 31, 2005	
subject Section Form 4	to STATEMEN 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERS SECURITIES						verage s per 0.5	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type	Responses)								
1. Name and TIERNEY	Address of Reporting Perso JOHN F	 2. Issuer Name an Symbol DineEquity, Ind 		r Tradi	0	Relationship of l ssuer			
(Last)	(First) (Middle	3. Date of Earliest	Transaction	1		(Check	all applicable)	
(Month/I			fonth/Day/Year) Director 1/04/2010X Officer (giv below) Chief				e title Other (specify below) Financial Officer		
	(Street)	4. If Amendment, J Filed(Month/Day/Ye	-			6. Individual or Joint/Group Filing(Check Applicable Line)			
GLENDAI	LE, CA 91203)			X_ Form filed by O Form filed by Me erson			
(City)	(State) (Zip)	Table I - Non	-Derivative	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	any		iotor Dispos (Instr. 3,	sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common		Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock	11/04/2010	М	11,667	А	\$ 5.55	36,984	D		
Common Stock	11/04/2010	S	2,667	D	\$ 50.653	34,317	D		
Common Stock	11/04/2010	S	1,500	D	\$ 50.9284	32,817	D		
Common Stock	11/04/2010	S	4,334	D	\$ 51.1999	28,483	D		
Common Stock	11/04/2010	S	3,166	D	\$ 51.4413	25,317	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 5.55	11/04/2010		М	11,667	(1)	02/23/2019	Common Stock	11,667

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
TIERNEY JOHN F 450 N. BRAND BLVD. 7TH FLOOR GLENDALE, CA 91203			Chief Financial Officer				
Signatures							

/s/ John F. 11/05/2010 Tierney

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The stock option was granted to the reporting person under the Issuer's Amended and Restated Equity Incentive Plan. The option vests as (1) to one-third on each of February 23, 2010, February 23, 2011 and February 23, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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