## WINFREE THOMAS W

Form 5

Common

Stock

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February 26, 2010

### **OMB APPROVAL** FORM 5

#### **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per **OWNERSHIP OF SECURITIES** 5 obligations response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions Reported

1. Name and Address of Reporting Person * WINFREE THOMAS W								5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)				
(Last)	`	Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2009				_	_X_ Director 10% Owner Selection Other (specify below) Delow)  President/CEO				
PO BOX 330												
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6	6. Individual or Joint/Group Reporting  (check applicable line)				
MIDLOTHIAN, VA 23113  _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person Person												
(City)	(State)	(Zip)	Tabl	e I - Non-Deri	vative Sec	curitie	s Acqui	red, Disposed o	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)	4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5)  (A) or Amount (D) Price		d of	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	09/09/2009	Â		L	1,000	A	\$ 4.62	63,037 (1)	D	Â		
Common Stock	09/09/2009	Â		L	356	A	\$ 4.63	1,022	I	By IRA		
Common Stock	11/17/2009	Â		L	1,000	A	\$ 3.5	64,037 (1)	D	Â		

By Son

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amor Unde Secur	le and ant of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

# **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

WINFREE THOMAS W

PO BOX 330 X President/CEO MIDLOTHIAN, VAÂ 23113

# **Signatures**

/s/ Thomas W. 02/26/2010 Winfree

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Included in this amount is a restricted stock award granted on February 15, 2007 for 1,100 shares and a restricted stock award granted on January 27, 2009 for 8,667 shares.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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