

Edgar Filing: REGIONS FINANCIAL CORP - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Pr Deriv Secur (Instr	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Units (401k)	\$ 0 ⁽¹⁾					⁽¹⁾	⁽¹⁾	Common Stock	1,040
Stock Option	\$ 32.44					07/01/2004	01/18/2011	Common Stock	2,533
Stock Option	\$ 34.39					12/20/2005	01/18/2011	Common Stock	899
Stock Option	\$ 34.58					09/02/2006	01/18/2011	Common Stock	8,438
Stock Option	\$ 35.09					07/05/2005	10/10/2011	Common Stock	18,178
Stock Option	\$ 32.44					07/01/2004	10/08/2012	Common Stock	2,231
Stock Option	\$ 35.12					07/01/2004	10/08/2012	Common Stock	7,057
Stock Option	\$ 34.39					12/20/2005	10/08/2012	Common Stock	22,952
Stock Option	\$ 34.58					09/02/2006	10/08/2012	Common Stock	1,132
Stock Option	\$ 33.48					07/01/2004	10/14/2013	Common Stock	34,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Daniel John M P O BOX 10247 BIRMINGHAM, AL 352020247			Director of Human Resources	

Signatures

By: D. Bryan
Jordan

10/30/2006

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The reported phantom stock units were acquired under Regions' benefit plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.