HELMERICH HANS

Form 4 May 17, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

if no longer

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Symbol

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

HELMERICH HANS

1. Name and Address of Reporting Person *

			CIMAREX ENERGY CO [XEC]					(Check all applicable)			
(Last) (First) (Middle) C/O CIMAREX ENERGY CO., 1700 LINCOLN STREET, SUITE 1800			3. Date of Earliest Transaction (Month/Day/Year) 05/16/2012					Director	Director 10% Officer (give title Other		
DENVER,	(Street) 4. If Amendment, Date Original Filed(Month/Day/Year) DENVER, CO 80203						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	Tabl	le I - Non-l	Derivative	Securi	ties A	Person cquired, Dispose	d of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	(A) or (A) or (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock								37,924	I	Trustee, 1993 Hans Helmerich Trust	
Common Stock								3,140	I	By Daughter Sunday	
Common Stock								4,545	I	By Son Maxim	
Common Stock								11,450	I	By Wife	

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Common Stock						1,062	I	Co-Trustee of Family Trust
Common Stock						7,865	I	Trustee of Family Trust
Common Stock						2,157	I	By daughter Hailey
Common Stock						452,000	I	Trustee of Estate of W.H. Helmerich III
Common Stock						55,000	I	Co-Trustee of The Helmerich Foundation
Common Stock	05/16/2012	A	3,014 (1)	A	\$ 0	18,373	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Title		8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration D	ate	Amoun	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)
	Derivative				Securities			(Instr. 3	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
								1	Amount	
						Date	Expiration Date		or	
						Exercisable			Number	
								(of	
				Code V	(A) (D)			9	Shares	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Reporting Owners 2

HELMERICH HANS C/O CIMAREX ENERGY CO. 1700 LINCOLN STREET, SUITE 1800 DENVER, CO 80203

Signatures

Thomas A.

Richardson 05/17/2012

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents an award of restricted stock that vests in three annual installments on May 16, 2013, May 16, 2014 and May 16, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3