ADEL BRYAN R Form 4 March 04, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ADEL BRYAN R			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			Dine Brands Global, Inc. [DIN]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
			(Month/Day/Year)	Director 10% Owner			
450 NORTH BRAND			02/28/2019X_ Officer (give title C				
BOULEVARD, 7TH FLOOR				below) below) SVP, LEGAL, GC AND SECRETARY			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line)			
				X Form filed by One Reporting Person			
GLENDALE, CA 91203				Form filed by More than One Reporting Person			

(City)	(State) (Z	Table Table	I - Non-De	erivative S	ecurit	ies Acquire	ed, Disposed of,	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit our Dispos (Instr. 3, 4	ed of		5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
COMMON			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
STOCK	02/28/2019		M	11,806	A	\$ 53.49	29,311	D	
COMMON STOCK	02/28/2019		S	11,406	D	\$ 97.2 (1)	17,905	D	
COMMON STOCK	02/28/2019		S	300	D	\$ 97.28 (1)	17,605	D	
COMMON STOCK	02/28/2019		S	100	D	\$ 97.284	17,505	D	
COMMON STOCK	03/01/2019		S	2,000	D	\$ 99	15,505	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
STOCK OPTION (RIGHT TO	\$ 53.49	02/28/2019		M	11,806	(2)	03/03/2027	COMMON STOCK	11,806

Reporting Owners

Relationships

Reporting Owner Name / Address Director 0 Officer Other

ADEL BRYAN R

BUY)

450 NORTH BRAND BOULEVARD, 7TH SVP, LEGAL, GC AND

FLOOR SECRETARY

Signatures

GLENDALE, CA 91203

/s/ Joanne Wu as attorney-in-fact for Bryan R.
Adel 03/04/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares were sold in multiple transactions at the price reported.
- (2) This option to purchase 35,417 shares of common stock vested as to one-third on each of March 3, 2018 and 2019 and will vest as to one-third on March 3, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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