Mullaney William J Form 4 May 18, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

burden hours per

Estimated average response... 0.5

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations

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may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

(Print or Type Responses)

(State)

(Zin)

1. Name and Address of Reporting Person * Mullaney William J			2. Issuer Name and Ticker or Trading Symbol METLIFE INC [MET]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
200 PARK A	VENUE		(Month/Day/Year) 05/17/2010	Director 10% OwnerX Officer (give title Other (specify below) President, U.S. Business		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)		
NEW YORK,	, NY 10166			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	ırities Ac	quired, Disposed	of, or Benefi	cially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired ction(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	Beneficial ot (D) Ownership
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	05/17/2010		M	425	A	\$ 29.95	54,383	D	
Common Stock	05/17/2010		S(1)	425	D	\$ 41.42	53,958	D	
Common Stock							46	I	By the MetLife Policyholder Trust (2)

65

I

By Daughter

in the MetLife

Policyholder Trust (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

> 8. I Der Sec (Ins

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 29.95	05/17/2010		M	425	<u>(3)</u>	04/08/2011	Common Stock	425

Reporting Owners

Reporting Owner Name / Address	Relationships
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Director 10% Owner Officer Other

Mullaney William J
200 PARK AVENUE President, U.S. Business
NEW YORK, NY 10166

Signatures

Gwenn L. Carr, authorized signer 05/18/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 2

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- (1) The sale transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on June 10, 2009.
- (2) Shares held in trust under the MetLife Policyholder Trust established to hold shares of Common Stock allocated to eligible policyholders of Metropolitan Life Insurance Company, a wholly-owned subsidiary of MetLife, Inc.
- (3) The option became fully exercisable on April 9, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. ate of the grant for each of the next three years. At December 31, 2005, two-thirds of the grant (13,334 shares) had vested and is included in Table I and on February 18, 2006 the reporting person will receive 6,666 shares of common stock of the issuer (or cash equal to the value of the common stock on the settlement date, at the sole discretion of the Company), provided the reporting person remains an employee of the issuer on that date.(3)The phantom stock vests in increments of one-third on the anniversary date of the grant for each of the next three years. At December 31, 2005, one-third of the grant (3,334 shares) had vested and is included in Table I and on February 4, 2006 and 2007, the reporting person will receive 3,333 shares of common stock of the issuer (or cash equal to the value of the common stock on the settlement date, at the sole discretion of the Company) provided the reporting person remains an employee of the issuer on those dates.(4)The phantom stock vests in increments of one-third on the anniversary date of the grant for each of the next three years. At December 31, 2005, one-third of the grant (1,167 shares) had vested and is included in Table I and on December 6, 2006 and 2007, the reporting person will receive 1,167 and 1,166 shares, respectively, of common stock of the issuer (or cash equal to the value of the common stock on the settlement date, at the sole discretion of the Company), provided the reporting person remains an employee of the issuer on those dates.

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