#### Edgar Filing: AMERUS GROUP CO/IA - Form 4

AMERUS Form 4	GROUP CO/IA													
February 2	4, 2006													
FOR	<b>M 4</b>		anau		10						OMB A	PPROVAL		
	UTTED	) STATES					D EXC D.C. 205		GE CO	OMMISSION	OMB Number:	3235-0287		
Check this box if no longer											Expires:	January 31, 2005		
subject Section Form 4	CHANGES IN BENEFICIAL OWNERSHI SECURITIES							ERSHIP OF	Estimated burden hou response	average urs per				
Form 5 obligat may co <i>See</i> Ins 1(b).	ions Section 17	(a) of the P	ublic U	Jtility	Hc	oldi		pany .	Act of	Act of 1934, 1935 or Sectior	1			
(Print or Type	e Responses)													
	Address of Reporting ROGER K		Symbol				icker or T	c		5. Relationship of Issuer	Reporting Per	rson(s) to		
			AMERUS GROUP CO/IA [AMH]						H]	(Check all applicable)				
699 WALNUT STREET 01/1			3. Date of Earliest Transaction							_X_ Director 10% Owner				
			(Month/Day/Year) 01/13/2006						Officer (give titleOther (specify below) below)					
										6. Individual or Joint/Group Filing(Check				
DES MOI	NES, IA 50309		Filed(M	onth/Day	/Ye	ear)				Applicable Line) _X_ Form filed by O Form filed by M				
DES MOI	NES, IA 50509								]	Person				
(City)	(State)	(Zip)	Ta	ble I - N	on	-De	rivative S	ecuriti	ies Acqu	ired, Disposed of,	or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D any (Month/Day	ate, if	Code (Instr. 3	8)	onor (In	Securities Disposed of str. 3, 4 an	of (D) dd 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v		Amount	(D)	Price			Roger K		
Common Stock	01/13/2006	01/13/200	6	М		23	,669.46	А	<u>(1)</u>	50,134.15	Ι	Brooks Revocable Trust		
Common Stock	01/13/2006	01/13/200	6	F		8,0	)89.69	D	\$ 56.6	6 42,044.46	I	Roger K Brooks Revocable Trust		
Common Stock	01/13/2006	01/13/200	6	D		0.7	77	D	\$ 56.6	6 42,043.69	I	Roger K Brooks Revocable Trust		

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Common Stock	02/13/2006	02/13/2006	М	7,334	А	\$ 0	49,377.69	Ι	Roger K Brooks Revocable Trust
Common Stock	02/13/2006	02/13/2006	F	3,114	D	\$ 60.28	46,263.69	Ι	Roger K Brooks Revocable Trust
Common Stock							7,089.287	I	By 401(k) Plan
Common Stock							9,000	Ι	By Spouse
Common Stock							15,000	I	RKB Partnership, L.P. (2)
Common Stock							46,200	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of tiorDerivative Securities ) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo Num Share
Performance Rights (3)	\$ 25.68	01/13/2006	01/13/2006	М		3,894.08	(4)	<u>(4)</u>	Common Stock	3,89
Performance Rights (3)	\$ 37.16	01/13/2006	01/13/2006	М		6,862.22	(4)	(4)	Common Stock	6,86
Performance Rights $(3)$	\$ 39.08	01/13/2006	01/13/2006	М		4,350.05	<u>(4)</u>	<u>(4)</u>	Common Stock	4,35

Performance Rights $(3)$	\$ 30.05	01/13/2006	01/13/2006	М	4,991.68	<u>(4)</u>	<u>(4)</u>	Common Stock	4,99
Performance Rights $(3)$	\$ 21	01/13/2006	01/13/2006	М	3,571.43	(4)	<u>(4)</u>	Common Stock	3,51
Restricted Stock Units	\$ 0	02/13/2006	02/13/2006	М	7,334	(5)	02/01/2008	Common Stock	7,

## **Reporting Owners**

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
BROOKS ROGER K 699 WALNUT STREET DES MOINES, IA 50309	Х			
Signatures				
/s/ Jeananne M. Celander, attor Brooks	ct for Mr.		02/24/2006	

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 4350.05 shares at \$39.08 4991.68 shares at \$30.05 3571.43 shares at \$21.00 6862.22 shares at \$37.16 3894.08 shares at \$25.68
- (2) The reportee is a General Partner of RKB Partnership, L.P. and disclaims beneficial ownership.

The Company's Senior Executive Incentive Plan (SEIP), an employee plan exempt under Section 16b-3, provides that employees participating in the plan are eligible to defer a portion of their annual bonus to purchase phantom stock units at a price per unit equal to

(3) the fair market value (FMV) of the Company's common stock on the date of purchase. The company will match a specified percentage of the phantom stock units purchased pursuant to the deferral program. Upon vesting, the Company either will pay to the employee an amount in cash determined by multiplying the number of units times the FMV of the Company's common stock on that date or issue the underlying common stock.

On the third anniversary of the employee's deferral, the Company will issue the underlying common stock. Alternatively, on the third anniversary of the employee's deferral, the employee may elect to redefer the bonus units for another three year period and every three

- (4) animersary of the employee subjects the employee may elect to redeter the bonds times for another three year period and every may elect to redeter the bonds times for another three year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period and every may elect to redeter the bonds times for another time year period.
- (5) Grant of restricted stock unit (RSU) exempt under Rule 16b-3. The RSU restrictions lapse one-third on February 11, 2006; February 11, 2007; and February 11, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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