Edgar Filing: AMERUS GROUP CO/IA - Form 4

AMERUS GI	ROUP CO/IA									
Form 4										
July 06, 2005									PPROVAL	
FORM	4 UNITED S	STATES SECUR Was	ITIES Al			NGE (COMMISSION		3235-0287	
Check this box if no longer subject to Section 16. Form 4 or					Expires:January 31 200Estimated averageburden hours per response0.					
Form 5 obligation may conti <i>See</i> Instru- 1(b).	s Section 17(a	uant to Section 1) of the Public Ut 30(h) of the In	ility Hold	ing Com	pany	Act o	f 1935 or Sectio	n		
(Print or Type R	esponses)									
1. Name and Ad PAINE AND	Symbol	2. Issuer Name and Ticker or Trading Symbol AMERUS GROUP CO/IA [AMH]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 699 WALNU	(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 07/01/2005				Officer (give title Other (specify below) below)				
2000										
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
DES MOINE	ES, IA 50309						Form filed by M Person	Aore than One Ro	eporting	
(City)	(State) (Zip) Tabl	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8) Code V	4. Securi onAcquired Disposed (Instr. 3, Amount	l (A) o l of (D)	Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	07/01/2005	07/01/2005	А	491	A	\$0	7,952	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	3	Date	Under Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
PAINE ANDREW J JR 699 WALNUT STREET SUITE 2000 DES MOINES, IA 50309	Х							
Signatures								
/s/ Jeananne M. Celander, attor Paine	07/06/2005							
**Signature of Reporting		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.