

RAU JOHN
Form 4
May 03, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RAU JOHN

2. Issuer Name and Ticker or Trading Symbol
FIRST INDUSTRIAL REALTY TRUST INC [FR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
311 SOUTH WACKER DRIVE, SUITE 4000

3. Date of Earliest Transaction (Month/Day/Year)
05/02/2005

Director 10% Owner
 Officer (give title below) Other (specify below)

(Street)
CHICAGO, IL 60606

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock, par value \$.01 per share	05/02/2005		M		600 A \$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005		S		600 D \$ 37.52	6,316	D
Common Stock, par value \$.01 per share	05/02/2005		M		100 A \$ 31.125	6,316	D

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per share							
Common Stock, par value \$.01 per share	05/02/2005	S	100	D	\$ 37.5	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	1,500	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	1,500	D	\$ 37.49	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	600	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	600	D	\$ 37.48	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	600	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	600	D	\$ 37.46	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	1,500	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	1,500	D	\$ 37.45	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	500	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	500	D	\$ 37.44	6,316	D

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Common Stock, par value \$.01 per share	05/02/2005	M	500	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	500	D	\$ 37.43	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	700	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	700	D	\$ 37.42	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	500	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	500	D	\$ 37.41	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	900	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	900	D	\$ 37.4	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	100	A	\$ 31.125	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	S	100	D	\$ 37.38	6,316	D
Common Stock, par value \$.01 per share	05/02/2005	M	200	A	\$ 31.125	6,316	D
	05/02/2005	S	200	D	\$ 37.37	6,316	D

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Common
Stock, par
value \$.01
per share

Common
Stock, par
value \$.01
per share

Common
Stock, par
value \$.01
per share

Common
Stock, par
value \$.01
per share

Common
Stock, par
value \$.01
per share

05/02/2005	M	200	A	\$ 31.125	6,316	D
05/02/2005	S	200	D	\$ 37.36	6,316	D
05/02/2005	M	1,500	A	\$ 27.6875	6,316	D
05/02/2005	S	1,500	D	\$ 37.36	6,316	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Beneficially (Instr. 5)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RAU JOHN 311 SOUTH WACKER DRIVE SUITE 4000 CHICAGO, IL 60606	X			

Signatures

/s/ John Rau 05/03/2005

__Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.