Edgar Filing: AMERUS GROUP CO/IA - Form 4

AMERUS GR	ROUP CO/IA								
Form 4	_								
April 04, 2005									PPROVAL
FORM	4 UNITED S	TATES SECU Wa	RITIES A			NGE (COMMISSION		3235-0287
Check this if no longe subject to Section 16 Form 4 or	r STATEM		F CHANGES IN BENEFICIAL OWNE SECURITIES					Expires: Estimated a burden hou	irs per
Form 5 obligations may contin <i>See</i> Instruc 1(b).	Section 17(a	uant to Section () of the Public U 30(h) of the In	Itility Hold	ing Com	pany	Act o	f 1935 or Sectio	response	0.5
(Print or Type Re	esponses)								
1. Name and Ad PESTER JAC	Symbol	2. Issuer Name and Ticker or Trading Symbol AMERUS GROUP CO/IA [AMH]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 699 WALNU 2000	(Month/	3. Date of Earliest Transaction (Month/Day/Year) 04/01/2005				Officer (give title Other (specify below) below)			
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
DES MOINE	S, IA 50309						Form filed by M Person		
(City)	(State) (2	Zip) Tab	le I - Non-D	erivative S	ecuri	ties Ac	quired, Disposed o	f, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactio Code) (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	ties (A) o of (D 4 and (A) or	or 1) 5)	5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	-
Common Stock	04/01/2005	04/01/2005	Code V A	Amount 497	(D) A	Price \$ 0	14,917	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	Date	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
PESTER JACK C 699 WALNUT STREET SUITE 2000 DES MOINES, IA 50309	Х							
Signatures								
/s/ Jeananne M. Celander, attor Pester	04/04/2005							
**Signature of Reporting		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.