TEXEN OIL & GAS INC Form 8-K July 22, 2004

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

July 21, 2004

Date of Report (Date of earliest event reported)

TEXEN OIL AND GAS, INC.

(Exact name of registrant as specified in its charter)

Nevada

000-33193

88-0435904

(State or other jurisdiction of incorporation)

(Commission File Number)

(I.R.S Employer Identification No.)

2401 Fountain View Drive, Houston, Texas 77070 (Address of principal executive offices)

(713) 782-5758 (Registrant's telephone number, including area code)

ITEM 7. FINANCIAL STATEMENTS AND EXHIBITS

Exhibit No.	Description
<u>99.1</u>	Press Release
<u>99.2</u>	Press Release

ITEM 9. REGULATION FD DISCLOSURE

Texen Oil and Gas Names Michael Sims as President and CEO

Texen Oil and Gas Issue Field Update

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly cused this report to be signed on its behalf by the undersigned hereunto duly authorized.

TEXEN OIL AND GAS, INC.

DATED: July 21, 2004

BY: /s/ Michael Sims Michael Sims, President and CEO