

RODRIGUEZ ANTONIO
Form 4
June 16, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RODRIGUEZ ANTONIO

2. Issuer Name and Ticker or Trading Symbol
NEXTERA ENERGY INC [FPL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
NEXTERA ENERGY, INC., 700
UNIVERSE BOULEVARD

3. Date of Earliest Transaction
(Month/Day/Year)
06/15/2010

____ Director _____ 10% Owner
 Officer (give title below) Other (specify below)
Executive VP-Power Generation / Dir/Ex
VP-Power Gen. of Sub

(Street)
JUNO BEACH, FL 33408

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	06/15/2010		S ⁽¹⁾	11,000 D	\$ 51	31,375 ⁽²⁾	D
Common Stock	06/15/2010		M	6,180 A	\$ 27.56	37,555 ⁽²⁾	D
Common Stock						17,000 ⁽⁴⁾	I By grantor retained annuity trust
Common Stock						4,228	I By Thrift Plans

Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 27.56	06/15/2010		M	6,180	⁽³⁾ 02/13/2013	Common Stock	6,180

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RODRIGUEZ ANTONIO NEXTERA ENERGY, INC. 700 UNIVERSE BOULEVARD JUNO BEACH, FL 33408			Executive VP-Power Generation	Dir/Ex VP-Power Gen. of Sub

Signatures

Alissa E. Ballot
(Attorney-in-Fact) 06/16/2010

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Sales effected pursuant to Rule 10b5-1 trading plan adopted by the reporting person on March 10, 2010.

(2) Includes 8,770 shares deferred until the reporting person's retirement.

(3) The option, representing a right to buy 40,000 shares, became exercisable in three substantially equal annual installments beginning on February 13, 2004, which was the first anniversary of the date on which the option was granted.

(4) These shares, which were previously reported as directly beneficially owned, were contributed to a grantor retained annuity trust on May 7, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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