

SMITH & NEPHEW PLC
Form 6-K
February 19, 2010

**SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549**

Report of Foreign Private Issuer

**Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of
1934**

February 19, 2010

Commission File Number 001-14978

SMITH & NEPHEW plc
(Registrant's name)

15 Adam Street
London, England WC2N 6LA
(Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F <input checked="" type="checkbox"/>	Form 40-F
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes	No <input checked="" type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes	No <input checked="" type="checkbox"/>
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[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the

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Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X
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If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82- n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew Plc
(Registrant)

Date: February 19, 2010

By: /s/ Susan Henderson

Susan Henderson
Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 1985 Executive Share Option
 Scheme

Period of return: From: 24 July 2009 To: 23 January 2010

Balance under scheme 6,441

from previous return:

The amount by which N/A

the block scheme has

been increased, if the

scheme has been

increased since the

date of the last return:

Number of securities 4

issued/allotted under

scheme during period:

Balance under scheme 6,437

not yet issued/allotted at

end of period

Number and class of 30,000 Ordinary Shares of US\$ 20

securities originally cents each listed on 13 February

listed and the date of 2007.

admission

Total number of 886,435,343 ordinary shares of US\$

securities in issue at the 20 cents each are in issue.

end of the period 64,729,855 ordinary shares of

US\$20 cents each are held in

treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7960 2228

SIGNED BY Susan Henderson, Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

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To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 1990 International Executive Share
Option Scheme
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme 578,949
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 31,087
issued/allotted under
scheme during period:
Balance under scheme 547,862
not yet issued/allotted at
end of period
Number and class of 1,850,000 ordinary shares of US\$
securities originally 20 cents each on 23 January 2006.
listed and the date of
admission
Total number of 886,435,343 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
end of the period 64,729,855 ordinary shares of
US\$20 cents each are held in
treasury.

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To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2001 UK Approved Share Option Scheme
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme from previous return: 235,625
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A
Number of securities issued/allotted under scheme during period: 151,950
Balance under scheme not yet issued/allotted at end of period: 83,675
Number and class of securities originally listed and the date of admission: 500,000 ordinary shares of US\$ 20 cents each listed on 23 January 2006
Total number of securities in issue at the end of the period: 886,435,343 ordinary shares of US\$ 20 cents each are in issue. 64,729,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2001 UK Unapproved Share Option Scheme
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme from previous return: 724,009
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A
Number of securities issued/allotted under scheme during period: 531,200
Balance under scheme not yet issued/allotted at end of period: 192,809

Number and class of securities originally listed and the date of admission 1,000,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 500,000 ordinary shares of US\$ 20 cents listed on 2 August 2007.

Total number of securities in issue at the end of the period 886,435,343 ordinary shares of US\$ 20 cents each are in issue. 64,729,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2001 US Share Plan
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme from previous return: 1,549,215
N/A

The amount by which
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 652,550

issued/allotted under
scheme during period:

Balance under scheme 896,665

not yet issued/allotted at
end of period

Number and class of securities originally listed and the date of admission 1,500,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 1,000,000 ordinary shares of US\$ 20 cents each listed on 2 August 2007. 2,000,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.

Total number of securities in issue at the end of the period 886,435,343 ordinary shares of US\$ 20 cents each are in issue.
64,729,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: International Employees Share
Option Scheme
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme 1,276,028
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 312,869
issued/allotted under
scheme during period:
Balance under scheme 963,159
not yet issued/allotted at
end of period
Number and class of 1,000,000 ordinary shares of US\$
securities originally 20 cents each listed on 23 January
listed and the date of 2006. 1,000,000 ordinary shares of
admission US\$ 20 cents each listed on 10
September 2008.
Total number of 886,435,343 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
end of the period 64,729,855 ordinary shares of
US\$20 cents each are held in
treasury.

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To: The FSA

Date: 19 February 2010

Name of applicant: Smith & Nephew plc
Name of scheme: UK Employee Share Option Scheme
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme from previous return: 1,307,050
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A
Number of securities issued/allotted under scheme during period: 535,889
Balance under scheme not yet issued/allotted at end of period: 777,161
Number and class of securities originally listed and the date of admission: 1,500,000 ordinary shares of US\$ 20 cents each listed on 23 January 2006. 1,500,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.
Total number of securities in issue at the end of the period: 886,435,343 ordinary shares of US\$ 20 cents each are in issue. 64,729,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

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Name of applicant: Smith & Nephew plc
Name of scheme: 2004 Performance Share Plan
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme 393,906
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 78,761
issued/allotted under
scheme during period:
Balance under scheme 315,145
not yet issued/allotted at
end of period
Number and class of 750,000 ordinary shares of US\$ 20
securities originally cents each listed on 13 February
listed and the date of 2007
admission
Total number of 886,435,343 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.

end of the period 64,729,855 ordinary shares of
US\$20 cents each are held in
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Name of applicant: Smith & Nephew plc
Name of scheme: 2004 Executive Share Option Plan
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme 720,491
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
278,975

Number of securities
issued/allotted under
scheme during period:

Balance under scheme 441,516
not yet issued/allotted at
end of period

Number and class of securities originally listed and the date of admission 1,000,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007

Total number of securities in issue at the end of the period 886,435,343 ordinary shares of US\$ 20 cents each are in issue. 64,729,855 ordinary shares of US\$20 cents each are held in treasury.

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Name of applicant: Smith & Nephew plc
Name of scheme: 2004 Co-investment Plan
Period of return: From: 24 July 2009 To: 23 January 2010
Balance under scheme 433,454
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 35,124
issued/allotted under
scheme during period:
Balance under scheme 398,330
not yet issued/allotted at
end of period
Number and class of 750,000 ordinary shares of US\$ 20
securities originally cents each listed on 13 February
listed and the date of 2007
admission
Total number of 886,435,343 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
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