Edgar Filing: Alston Cheryl - Form 4

Alston Cheryl Form 4 March 28, 201 FORM Check this if no longe subject to Section 16. Form 4 or Form 5 obligations may contin <i>See</i> Instruct 1(b).	4 UNITED S box r STATEM Filed purs Section 17(a)	Was IENT OF CHAN suant to Section 1 a) of the Public U	RITIES AND EXCHANGE shington, D.C. 20549 NGES IN BENEFICIAL OV SECURITIES 6(a) of the Securities Exchar tility Holding Company Act twestment Company Act of 1	WNERSHIP OF nge Act of 1934, of 1935 or Sectio	OMB Number: Expires: Estimated burden ho response.	ours per
1. Name and Ad Alston Chery	dress of Reporting I 1	Symbol	r Name and Ticker or Trading HMARK CORP [TMK]	5. Relationship o Issuer	f Reporting Po ck all applicat	
(Last) TORCHMAF CORPORAT STONEBRIE	RK ION, 3700 S.		f Earliest Transaction Day/Year) 018	X Director Officer (give below)	1()% Owner ther (specify
MCKINNEY	(Street) , TX 75070		endment, Date Original nth/Day/Year)	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 		
(City)	(State)	(Zip) Tabl	le I - Non-Derivative Securities A		of, or Benefici	ally Owned
	2. Transaction Date (Month/Day/Year)		3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct	7. Nature of
Common Stock			Code v Amount (D) Price		D	
Common Stock				0	I	Not Applicable

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. D S (I
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Director Stock Option (Right to Buy)	\$ 83.17	03/27/2018		A	6,835	09/27/2018	03/27/2025	Common Stock	6,835	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Alston Cheryl TORCHMARK CORPORATION 3700 S. STONEBRIDGE DR. MCKINNEY, TX 75070	Х					
Signatures						
Cheryl D. Alston by Carol A. McC Attorney-in-fact	boy,		03/28/2018			
**Signature of Reporting Perso	on		Ι	Date		

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v). *

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.