Edgar Filing: Swanson Richard M - Form 4

Swanson Ric	hard M											
Form 4												
May 05, 2011	1											
FORM	4		GEOUD			TT A N		COMMISSION	OMB AF	PPROVAL		
	UNITE	DSTATES		hington,			GE (COMMISSION	OMB Number:	3235-0287		
Check this box if no longer									Expires:	January 31, 2005		
subject to		EMENT O	F CHAN	GES IN BENEFICIAL OW				NERSHIP OF	Estimated a			
				SECUR	ITIES				burden hou	•		
Form 4 or Form 5		ursuant to	Section 10	5(a) of the	Securiti	e Fr	chana	e Act of 1934,	response	0.5		
obligation	¹⁸ Section 1						U	f 1935 or Section	n			
may conti <i>See</i> Instru	inue.			vestment								
1(b).	letion				1 5							
(Print or Type R	(esponses)											
0 0 1 1 1				Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer				
Swanson Ki			Symbol	R ONE INC [PWER]								
POW					-	۲J		(Check all applicable)				
(Last)	(First)	(Middle)		of Earliest Transaction				V D' / 100/ 0				
740 CALLE PLANO 05/03/20 (Street) 4. If Ame				onth/Day/Year) /02/2011				_X_ Director10% Owner Officer (give title Other (specify				
			03/03/2011					below) below)				
			4. If Amer	If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
			Filed(Mon	th/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person				
CAMARILI	.O, CA 93012							_X_Form filed by N Form filed by N Person				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	ecurif	ies Aco	uired, Disposed of	or Beneficial	lv Owned		
1.Title of	2 Transaction F	Date 24 Dee		3.			-		6. Ownership	-		
Security	2. Transaction Date 2A. De (Month/Day/Year) Executi		emed 3. 4. Securities Acquired on Date, if Transaction(A) or Disposed of			Securities	1	Indirect				
(Instr. 3)	-	any		Code (D)			Beneficially	(D) or	Beneficial			
		(Month/	Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)				· · ·	Ownership (Instr. 4)		
								Reported	(1130.4)	(111501. 4)		
						(A) or		Transaction(s)				
				Code V		(D)	Price	(Instr. 3 and 4)				
Common	05/03/2011			А	14,668	А	\$0	26,465	D			
Stock	05/05/2011			11	(1)	11	ψυ	20,105				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

Edgar Filing: Swanson Richard M - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)					7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	7 (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships								
L O	Director	10% Owner	Officer	Other					
Swanson Richard M									
740 CALLE PLANO	Х								
CAMARILLO, CA 93012									
Signatures									

/s/ by Tina D. McKnight, Attorney-in-Fact for Richard M. Swanson

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Restricted Stock Units will vest 100% on the earlier of (i) the first anniversary of the date of grant, or (ii) one day prior to the date of the (1) next Annual Meeting of stockholders.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

05/05/2011

Date