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Ingredion I Form 4 May 10, 20											
FOR	ЛД									OMB AF	PROVAL
	UNITED	STATES				AND EX 1, D.C. 20		ANGE C	OMMISSION	OMB Number:	3235-0287
	this box			U						Expires:	January 31, 2005
if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to Section				SEC	Ul	RITIES				Estimated average burden hours per response	
obligati may co <i>See</i> Inst 1(b).	ions Section 170	(a) of the	Public U	Jtility H	Io	lding Co	mpan	U	1935 or Section	I	
(Print or Type	e Responses)										
	Address of Reporting KIMBERLY A	Person *	Symbol	er Name ion Inc		d Ticker o NGR]	r Trad	8	5. Relationship of I Issuer		
(Last)	(First) (Middle)	3. Date	of Earlies	st T	Transaction			(Cneck	all applicable)
5 WESTB CENTER	ROOK CORPORA	ATE	(Month/ 05/08/2	Day/Yea 2013	r)				Director X Officer (give t below) Corpo		
	(Street)			nendment onth/Day/		Date Origin ar)	al		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by Mo	ne Reporting Pe	rson
	ESTER, IL 60154								Person		porting
(City)	(State)	(Zip)	Tal	ble I - No	on-	Derivative	e Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	ity (Month/Day/Year) Execution Date, if			Code (Instr. 3, 4 and 5)				(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common				Code	V	Amount	(D)	Price	(IIISU. 5 aliu 4)		
Common Stock	05/08/2013			М		1,800	А	\$ 34.36	16,848.6868	D	
Common Stock	05/08/2013			М		7,700	А	\$ 25.58	24,548.6868	D	
Common Stock	05/08/2013			М		5,800	A	\$ 28.75	30,348.6868	D	
Common Stock	05/08/2013			М		1,933	А	\$ 47.95	32,281.6868	D	
Common Stock	05/08/2013			М		900	А	\$ 55.95	33,181.6868	D	

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Common Stock	05/08/2013	S	18,133	D	\$ 70.5819 (1)	15,048.6868 (2)	D	
Common Stock						14.827	Ι	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Options (Right to Buy)	\$ 34.36	05/08/2013		М	1,800	(3)	01/28/2018	Common Stock	1,800
Employee Stock Options (Right to Buy)	\$ 25.58	05/08/2013		М	7,700	(4)	01/26/2019	Common Stock	7,700
Employee Stock Options (Right to Buy)	\$ 28.75	05/08/2013		М	5,800	(5)	01/25/2020	Common Stock	5,800
Employee Stock Options (Right to Buy)	\$ 47.95	05/08/2013		М	1,933	<u>(6)</u>	02/07/2021	Common Stock	1,933

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Employee Stock Options (Right to Buy)	\$ 55.95	05/08/2013	М	900	<u>(7)</u>	02/06/2022	Common Stock	900
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Reporting Owners

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Reporting Owner Name / Address				
The forming of the state of state of the	Director	10% Owner	Officer	Other
IUNTER KIMBERLY A WESTBROOK CORPORATE CENTER VESTCHESTER, IL 60154			Corporate Treasurer	
Signatures				
Christine M. Castellano, Attorney-in-Fact	05/10/	2013		
**Signature of Reporting Person	Date	2		
Explanation of Response	s:			

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$70.53 to \$70.66, inclusive. The reporting person undertakes to provide Ingredion Incorporated, any security holder of Ingredion Incorporated or

- (1) to \$70.00, inclusive. The reporting person undertakes to provide ingredion incorporated, any security noder of ingredion incorporated of the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in the immediately preceding sentence.
- (2) Includes restricted stock units acquired through deemed dividend reinvestment.
- (3) These options vested in three equal annual installments on January 29, 2009, 2010 and 2011.
- (4) These options vested in three equal annual installments on January 27, 2010, 2011 and 2012.
- (5) These options vested in three equal annual installments on January 26, 2011, 2012 and 2013.
- (6) Two thirds of these options vested in two equal annual installments on February 8, 2012 and 2013, and the remaining one third of these options will vest on February 8, 2014.
- (7) One third of these options vested on February 7, 2013, and the remaining two thirds of these options will vest in two equal annual installments on February 7, 2014 and 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.