PENN SCOTT Form 4 January 24, 2003

FORM 4			UNITED S		ASHINGTON,		CHANGE COMMI)549	SSION
// CHECK THIS BOX IF NO LONGER SUBJECT TO SECTION 16. FORM 4 OR FORM 5 OBLIGATIONS MAY CONTINUE. SEE INSTRUCTION 1(b). (Print or Type Responses)		STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1 Section 17(a) of the Public Utility Holding Company Act of 1935 Section 30(h) of the Investment Company Act of 1940						
1. Name and Addre	ess of Repor	ting Person*	2. Is:	suer N	Mame AND Tic	ker or	Trading Sym	ubol 6. F
Penn	Scott		Ţ	Weight	Watchers I	nternat	ional, Inc.	
	vays Park We	•	Nur Pe:	mber c	f Reporting if an entit		Statement Month/Day/ 01/23/03	Year V
	(Street)	rk 11707				5.	If Amendme Date of Or (Month/Day	iginal _X_
		(Zip)	т:				CECIIDITTEC	ACQUIRED, DI
	Date (Month/	Deemed 3. Execution Date,	Trans-	4.	Securities	Acquir d of (I	red (A)	5. Amount of Securiti Benefici Owned For ing Repo
			Code	V	Amount	(A) (D)	Price	Transact (Instr. and 4)
Common Stock,	01/23/03		————— М		65 , 875	 А	\$2.125	291,492
Common Stock, no par value	01/23/03		M		16,469	A	\$2.125	87,583

______ FORM 4 (CONTINUED) TABLE II - DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIAL (E.G., PUTS, CALLS, WARRANTS, OPTIONS, CONVERTIBLE SECURITIES) 1. Title of Derivative Security (Instr. 3)

2. Conver- 3. Trans- 3A. Deemed 4. Transac- 5. Number sion or action Execution tion Code ative Price of (Month/ if any posed Deriv- Day/ (Month/ ative Year)

A Deemed 4. Transac- 5. Number Execution tion Code ative Quired Quired (Instr. 8) quired (Instr. 8)

Price of (Month/ if any posed Quired (Instr. 8)

A Deemed 4. Transac- 5. Number (Instr. 8) quired Quired (Instr. 8) Security Year) Code V (A) \$2.125 01-23-03 Options (right to buy) М Options (right to buy) \$2.125 01-23-03 M

- 7. Title and Amount of 8. Price of 9. Number of 10. Ownership 11. Nature of Underlying Securities Derivative Derivative Form of Indirect Security Securities Derivative Beneficial Securities: Ownership Owned Direct (D) or (Instr. 4) Owned Direct (D) or Following Indirect (I) Reported (Instr. 4) Transaction(s)

Title	Amount or Number of Shares	(Instr. 4)					
Common Stock, no par value	65,875	32,937	D				
Common Stock, no par value	16,469	8,235	I	Through Spouse			
				/s/			

Reminder: Report on a separate line for each class of securities beneficially owned directly or i

- * If the form is filed by more than one reporting person, SEE Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. SEE 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, SEE Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number

Explanation of Responses:

Note 1: Options for 94,107 shares were granted to Mr. Penn on December 17, 1999 that vest on the following schedule: 10% on December 17, 1999; 15% on December 30, 2000; 20% on December 29, 2001; 20% on December 28, 2008; 20% on January 3, 2003; and 15% on January 1, 2004. Options for 188,215 shares were granted on December 17, 1999 that, subject to meeting certain EBITDA targets, vest on the following schedule: 25% on December 30, 2000; 25% on December 29, 2001; 25% on December 28, 2002; 12.5% on January 3, 2003; and 12.5% on January 1, 2004.

Note 2: Options for 70,581 shares were granted on December 17, 1999 to the spouse of Mr. Penn. 23,527 of these options vest on the following schedule: 10% on December 17, 1999; 15% on December 30, 2000; 20% on December 29, 2001; 20% on December 28, 2002; 20% on January 3, 2003; and 15% on January 1, 2004. 47,054 of these options, subject to meeting certain EBITDA targets, vest on the following schedule: 25% on December 30, 2000; 25% on December 29, 2001; 25% on December 28,

2002; 12.5% on January 3, 2003; and 12.5% on January 1, 2004.