

LAROSE ROBERT C
Form 4
November 14, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LAROSE ROBERT C

(Last) (First) (Middle)
13410 SUTTON PARK DRIVE
SOUTH
(Street)

JACKSONVILLE, FL 32224

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
LANDSTAR SYSTEM INC [LSTR]

3. Date of Earliest Transaction
(Month/Day/Year)
11/10/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Vice President & CFO

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)			
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/10/2005	11/10/2005	M		6,628	A	\$ 8.1173	152,600	D	
Common Stock	11/10/2005	11/10/2005	M		40,000	A	\$ 9.0482	192,600	D	
Common Stock	11/10/2005	11/10/2005	S		300	D	\$ 40.51	192,300	D	
Common Stock	11/10/2005	11/10/2005	S		200	D	\$ 40.53	192,100	D	
Common Stock	11/10/2005	11/10/2005	S		200	D	\$ 40.55	191,900	D	

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Common Stock	11/10/2005	11/10/2005	S	100	D	\$ 40.57	191,800	D
Common Stock	11/10/2005	11/10/2005	S	800	D	\$ 40.58	191,000	D
Common Stock	11/10/2005	11/10/2005	S	300	D	\$ 40.59	190,700	D
Common Stock	11/10/2005	11/10/2005	S	40	D	\$ 40.6	190,660	D
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.62	190,460	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.7	190,060	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.71	189,660	D
Common Stock	11/10/2005	11/10/2005	S	600	D	\$ 40.75	189,060	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.76	188,660	D
Common Stock	11/10/2005	11/10/2005	S	800	D	\$ 40.79	187,860	D
Common Stock	11/10/2005	11/10/2005	S	2,700	D	\$ 40.8	185,160	D
Common Stock	11/10/2005	11/10/2005	S	600	D	\$ 40.81	184,560	D
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.83	184,360	D
Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.84	184,160	D
Common Stock	11/10/2005	11/10/2005	S	1,500	D	\$ 40.85	182,660	D
Common Stock	11/10/2005	11/10/2005	S	2,083	D	\$ 40.86	180,577	D
Common Stock	11/10/2005	11/10/2005	S	400	D	\$ 40.87	180,177	D
Common Stock	11/10/2005	11/10/2005	S	500	D	\$ 40.88	179,677	D
Common Stock	11/10/2005	11/10/2005	S	300	D	\$ 40.89	179,377	D
Common Stock	11/10/2005	11/10/2005	S	461	D	\$ 40.9	178,916	D
	11/10/2005	11/10/2005	S	256	D	\$ 40.92	178,660	D

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Common
Stock

Common Stock	11/10/2005	11/10/2005	S	200	D	\$ 40.93	178,460	D
Common Stock	11/10/2005	11/10/2005	S	450	D	\$ 40.94	178,010	D
Common Stock	11/10/2005	11/10/2005	S	1,181	D	\$ 40.95	176,829	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V	(A)	(D)
Stock Options (Right to buy)	\$ 8.1173	11/10/2005	11/10/2005	M	6,628	02/07/2005	02/07/2011	Common Stock	6,628
Stock Options (Right to buy)	\$ 9.0482	11/10/2005	11/10/2005	M	40,000	01/02/2005	01/02/2012	Common Stock	40,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LAROSE ROBERT C 13410 SUTTON PARK DRIVE SOUTH JACKSONVILLE, FL 32224			Vice President & CFO	

Signatures

James B. Gattoni, Power of
Attorney

11/14/2005

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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