

JERSEY CENTRAL POWER & LIGHT CO  
 Form FWP  
 January 23, 2009

Filed Pursuant to Rule 433  
 Registration No. 333-153608-03  
 January 22, 2009

Jersey Central Power & Light Company  
Pricing Term Sheet

<b>Issuer</b>	Jersey Central Power & Light Company
<b>Anticipated Ratings*</b>	Baa2/BBB (Moody's/S&P)
<b>Principal Amount</b>	\$300,000,000
<b>Security Type</b>	7.35% Senior Notes Due 2019
<b>Trade Date</b>	January 22, 2009
<b>Settlement Date</b>	January 27, 2009; T+3
<b>Maturity Date</b>	February 1, 2019
<b>Coupon Payment Dates</b>	Semi-annual payments in arrears on February 1 and August 1 of each year, beginning on August 1, 2009
<b>Call Structure</b>	Make-whole call at T+50 bps
<b>Benchmark</b>	3.75% due November 15, 2018
<b>Benchmark Price</b>	109-23+
<b>Benchmark Yield</b>	2.618%
<b>Reoffer Spread</b>	475 bps
<b>Reoffer Yield</b>	7.368%
<b>Coupon</b>	7.35%
<b>Price</b>	99.873% of principal amount
<b>Net Proceeds (%)</b>	99.223%
<b>Net Proceeds (\$)</b>	\$297,669,000
<b>Joint-Bookrunners</b>	Greenwich Capital Markets, Inc. (25%) Morgan Stanley & Co. Incorporated (25%) UBS Securities LLC (25%) Wachovia Capital Markets, LLC (25%)
<b>CUSIP</b>	476556DA0
<b>ISIN</b>	US476556DA05

\* Note: A securities rating is not a recommendation to buy, sell or hold securities and may be subject to revision or withdrawal at any time.

The issuer has filed a registration statement (including a prospectus) with the U.S. Securities and Exchange Commission (SEC) for this offering. Before you invest, you should read the prospectus for this offering in that registration statement, and other documents the issuer has filed with the SEC for more complete information about the issuer and this offering. You may get these documents for free by searching the SEC online database (EDGAR) at [www.sec.gov](http://www.sec.gov). Alternatively, you may obtain a copy of the prospectus from Greenwich Capital Markets, Inc. by calling toll-free at 1-866-884-2071, Morgan Stanley & Co. Incorporated by calling toll-free at 1-866-718-1649, UBS Securities LLC by calling toll-free at 1-877-827-6444, ext. 561-3884, or Wachovia Capital Markets, LLC by calling toll-free at 1-800-326-5897.