

Trinsic, Inc.  
Form 8-K  
November 23, 2005

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  
FORM 8-K  
CURRENT REPORT  
Pursuant to Section 13 or 15(d) of the  
Securities and Exchange Act of 1934  
Date of Report (or Date of Earliest Event Reported): November 17, 2005  
Trinsic, Inc.  
(Exact Name of Registrant as Specified in Its Charter)**

<b>Delaware</b> (State or Other Jurisdiction of Incorporation or Organization)	000-28467 (Commission File Number)	<b>59-3501119</b> (I.R.S. Employer Identification Number)
<b>601 South Harbour Island Boulevard, Suite 220 Tampa, Florida 33602</b> (Address of Principal Executive Offices) <b>(813) 273-6261</b> (Telephone Number, Including Area Code)		

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Section 3 Securities and Trading Markets

Item 3.01 Notice of Failure to Satisfy a Continued Listing Rule

By letter dated November 17, 2005, the Nasdaq Stock Market has notified us that we do not comply with MarketPlace Rule 4310(c)(2)(B) which requires us to have a minimum \$2,500,000 in stockholder's equity or \$35 million market value of listed securities or \$500,000 of net income from continuing operations for the most recently completed fiscal year or two of the three most recently completed fiscal years. Consequently, our shares will be delisted from the Nasdaq SmallCap Market effective at the opening of business on Monday, November 21, 2005. We expect our shares will begin trading in the pink sheets. We will seek to have our shares traded on the OTB Bulletin Board.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Dated: November 22, 2005.

TRINSIC, INC.

BY: /s/ Horace J. Davis, III

Name: Horace J. Davis, III

Title: Chief Executive Officer

A signed original of this Form 8-K has been provided to Trinsic, Inc. and will be retained by Trinsic, Inc. and furnished to the Securities and Exchange Commission or its staff upon request.