

ALEXANDERS J CORP  
Form 8-K  
May 17, 2004

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**FORM 8-K**

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**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): May 14, 2004 (May 14, 2004)

**J. ALEXANDER S CORPORATION**

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(Exact name of registrant as specified in its charter)

Tennessee

1-08766

62-0854056

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(State or Other Jurisdiction of  
Incorporation)

(Commission File Number)

(I.R.S. Employer  
Identification No.)

3401 West End Avenue, Suite 260, P.O. Box 24300, Nashville, Tennessee 37202

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(Address of principal executive offices) (Zip Code)  
(615) 269-1900

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(Registrant's telephone number, including area code)  
Not Applicable

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(Former name or former address, if changed since last report)

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Item 9. Regulation FD Disclosure.

Item 12. Results of Operations and Financial Condition.

SIGNATURE

EXHIBIT INDEX

Ex-99.1 Press Release

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**Item 9. Regulation FD Disclosure.**

On May 14, 2004, J. Alexander's Corporation announced that it extended its shareholder rights plan to May 16, 2009 and that it has reviewed the appropriate accounting treatment for an outstanding stock option. The text of the press release is set forth in Exhibit 99.1.

**Item 12. Results of Operations and Financial Condition.**

This press release also announces financial results for the first quarter ended March 28, 2004.

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

Date: May 14, 2004

J. ALEXANDER S CORPORATION

By: /s/ R. Gregory Lewis  
R. Gregory Lewis  
Chief Financial Officer, Vice President  
of Finance and Secretary

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**EXHIBIT INDEX**

<b><u>Exhibit No.</u></b>	<b><u>Description</u></b>
99.1	Press Release issued by J. Alexander s Corporation dated May 14, 2004