STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

NexPoint Residential Trust, Inc.

Form 4

November 14, 2016

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number:

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Estimated average

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * Mitts Brian			2. Issuer Name and Ticker or Trading Symbol NexPoint Residential Trust, Inc. [NXRT]				_	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
		e of Earliest Transaction h/Day/Year) 0/2016				X Director 10% Owner Selfow) Other (give title Other (specify below) See Remarks					
				f Amendment, Date Original ed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tal	ble I - Non	-Derivativ	e Sec	urities Acq	uired, Disposed	of, or Benefi	cially Owned	
	2. Transaction Date Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/09/2016			Code V P	200	(D)	Price \$ 17.82	1,325	D		
Common Stock	11/14/2016			S <u>(1)</u>	200	D	\$ 19.359	1,125	D		
Common Stock								6,229.16	I	By 401(k) plan	
Common Stock								814.471 <u>(2)</u>	I	By dividend reinvestment	

plan

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Title	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transac	tionNumber	Expiration Da	ate	Amou	nt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivative	e		Securi	ties	(Instr. 5)
	Derivative				Securities	1		(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									A	
									Amount	
								of		
				G 1 1	7 (A) (B)					
				Code V	V (A) (D)				Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Mitts Brian							
300 CRESCENT COURT, SUITE 700	X		See Remarks				

DALLAS, TX 75201

Signatures

/s/ Brian Mitts 11/14/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Reporting Person's purchase and sale of NexPoint Residential Trust, Inc. ("NXRT") common stock reported herein were matchable (1) under Section 16(b) of the Securities Exchange Act of 1934. The Reporting Person has disgorged \$266.90 to NXRT, representing the full amount of the profit realized in connection with the short-swing transaction, less transaction costs.
- (2) Includes shares acquired through reinvestment of dividends.

Remarks:

Chief Financial Officer, Executive VP-Finance and Treasurer

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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