REGAL BELOIT CORP

Form 4

February 19, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

Expires:

January 31, 2005

0.5

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person ** KASTEN G FREDERICK JR			2. Issuer Name and Ticker or Trading Symbol				ng	5. Relationship of Reporting Person(s) to Issuer			
			REGAL	REGAL BELOIT CORP [RBC]					(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(One)	on an approact	·)	
			(Month/D	(Month/Day/Year)					_X_ Director		Owner
9501 NORTH RIVER BEND COURT			02/19/2009					Officer (give below)	e title Other below)	er (specify	
(Street) 4. If A			4. If Ame	. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check		
Filed(Filed(Mor	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person		
MILWUKEE, WI 53217									Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of	2. Transaction D	ate 2A. Dee	emed	3.		4. Securi	ties A	cquired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Yea		on Date, if		action(A) or Disposed of (D)				Securities	Form: Direct	Indirect
(Instr. 3)		any (Month)	/Day/Year)	Code (Instr.	۵)	(Instr. 3, 4 and 5)		Beneficially Owned	(D) or Beneficial Indirect (I) Ownership		
		(Monu)	Day/Teal)	(IIISII.	0)				Following	(Instr. 4)	(Instr. 4)
							(4)		Reported	(======================================	(======================================
							(A)		Transaction(s)		
				Code	V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	02/19/2009			M		5,000	A	\$ 20	55,088	D	
Common Stock	02/19/2009			F		3,404	D	\$ 29.38	51,684	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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29.38

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. 3. Transaction Da Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number out of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying Se (Instr. 3 and 4
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-qualified stock option	\$ 20	02/19/2009		M	5,000	04/21/2002(1)	04/21/2009(2)	Common Stock
Non-qualified stock option	\$ 20.3					04/22/2004(3)	04/22/2014	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
KASTEN G FREDERICK JR						
9501 NORTH RIVER BEND COURT	X					
MILWUKEE, WI 53217						

Signatures

/s/ David A. Barta, 02/19/2009 Attorney-in-Fact

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Grant awarded 4/21/1999 with 3,000 shares immediately exercisable and 3,000 shares exercisable per year on the date of the Annual Shareholders' Meeting in each of the next four years.
- (2) Grant terminates 10 years after the date of issuance or 90 days after the Grantee ceases to be a member of the Board of Directors.
- Grant awarded 4/22/2004 with 4,000 shares immediately exercisable and 4,000 shares exercisable per year on the date of the Annual Shareholders' Meeting in each of the next four years as long as the Director remains in office.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2