RAINVILLE WILLIAM A

Form 4 June 14, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

2005 Estimated average burden hours per response... 0.5

OMB APPROVAL

3235-0287

January 31,

OMB

5. Relationship of Reporting Person(s) to

Issuer

Number:

Expires:

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

RAINVILLE WILLIAM A

			•	KADANT INC [KAI]					(Check all applicable)			
			(Mo	3. Date of Earliest Transaction (Month/Day/Year) 06/12/2006					_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chief Executive Officer			
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	City) (State) (Zip) Table I - Non-Derivative Securities Acc					ities Acqı	uired, Disposed of, or Beneficially Owned				
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Co Year) (In		4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
	Common Stock	06/12/2006		N	Л	82	A	\$ 5.38	72,168	D		
	Common Stock	06/12/2006		S	5	82	D	\$ 22.1	72,086	D		
	Common Stock	06/12/2006		N	Л	296	A	\$ 5.38	72,382	D		
	Common Stock	06/12/2006		S	S	296	D	\$ 21.7	72,086	D		
	Common Stock	06/12/2006		N	Л	148	A	\$ 5.38	72,234	D		

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Common Stock	06/12/2006	S	148	D	\$ 21.65	72,086	D
Common Stock	06/12/2006	M	76	A	\$ 5.38	72,162	D
Common Stock	06/12/2006	S	76	D	\$ 21.64	72,086	D
Common Stock	06/12/2006	M	370	A	\$ 5.38	72,456	D
Common Stock	06/12/2006	S	370	D	\$ 21.6	72,086	D
Common Stock	06/12/2006	M	520	A	\$ 5.38	772,606	D
Common Stock	06/12/2006	S	520	D	\$ 21.59	72,086	D
Common Stock	06/12/2006	M	150	A	\$ 5.38	72,236	D
Common Stock	06/12/2006	S	150	D	\$ 21.56	72,086	D
Common Stock	06/12/2006	M	76	A	\$ 5.38	72,162	D
Common Stock	06/12/2006	S	76	D	\$ 21.55	72,086	D
Common Stock	06/12/2006	M	2,382	A	\$ 5.38	74,468	D
Common Stock	06/12/2006	S	2,382	D	\$ 21.5	72,086	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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			Code V (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 5.38	06/12/2006	M	4,100	10/26/1994	10/26/2006	Common Stock	4,100

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
RAINVILLE WILLIAM A							

KADANT INC.
ONE ACTON PLACE, SUITE 202
ACTON, MA 01720

Signatures

by Sandra L. Lambert for William A.
Rainville
06/14/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Chief Executive Officer

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3