

NATIONAL HEALTH INVESTORS INC
Form 10-Q
November 07, 2016
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 10-Q

(Mark One)

QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT
OF 1934

For the quarterly period ended September 30, 2016

TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT
OF 1934

For the transition period from _____ to _____

Commission File Number 001-10822

National Health Investors, Inc.

(Exact name of registrant as specified in its charter)

Maryland

(State or other jurisdiction of incorporation or organization) 62-1470956

222 Robert Rose Drive, Murfreesboro, Tennessee

(Address of principal executive offices)

(615) 890-9100

(Registrant's telephone number, including area code) 37129

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes No

Indicate by check mark whether the registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files) Yes No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See definition of "large accelerated filer", "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer Accelerated filer

Non-accelerated filer Smaller reporting company

(Do not check if a smaller reporting company)

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes No

There were 39,847,860 shares of common stock outstanding of the registrant as of November 3, 2016.

Table of Contents

| | Page |
|---|-----------|
| <u>Part I. Financial Information</u> | |
| <u>Item 1. Financial Statements</u> | <u>3</u> |
| <u>Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations.</u> | <u>27</u> |
| <u>Item 3. Quantitative and Qualitative Disclosures About Market Risk.</u> | <u>50</u> |
| <u>Item 4. Controls and Procedures.</u> | <u>51</u> |
| <u>Part II. Other Information</u> | |
| <u>Item 1. Legal Proceedings.</u> | <u>52</u> |
| <u>Item 1A. Risk Factors.</u> | <u>52</u> |
| <u>Item 6. Exhibits.</u> | <u>52</u> |
| <u>Signatures.</u> | <u>54</u> |

Table of Contents

PART I. FINANCIAL INFORMATION

Item 1. Financial Statements

NATIONAL HEALTH INVESTORS, INC.
 CONDENSED CONSOLIDATED BALANCE SHEETS
 (in thousands, except share and per share amounts)

| | September 30, 2016 (unaudited) | December 31, 2015 |
|---|--------------------------------------|----------------------|
| Assets: | | |
| Real estate properties: | | |
| Land | \$ 164,279 | \$ 137,532 |
| Buildings and improvements | 2,204,625 | 1,945,323 |
| Construction in progress | 24,772 | 13,011 |
| | 2,393,676 | 2,095,866 |
| Less accumulated depreciation | (297,193) | (259,059) |
| Real estate properties, net | 2,096,483 | 1,836,807 |
| Mortgage and other notes receivable, net | 183,993 | 133,714 |
| Cash and cash equivalents | 4,197 | 13,286 |
| Marketable securities | 23,871 | 72,744 |
| Straight-line rent receivable | 66,904 | 59,777 |
| Other assets | 12,322 | 15,544 |
| Assets held for sale, net | — | 1,346 |
| Total Assets | \$ 2,387,770 | \$ 2,133,218 |
| Liabilities and Equity: | | |
| Debt | \$ 1,086,018 | \$ 914,443 |
| Accounts payable and accrued expenses | 36,090 | 19,397 |
| Dividends payable | 35,863 | 32,637 |
| Lease deposit liabilities | 21,275 | 21,275 |
| Real estate purchase liabilities | 750 | 750 |
| Deferred income | 784 | 2,256 |
| Total Liabilities | 1,180,780 | 990,758 |
| Commitments and Contingencies | | |
| National Health Investors Stockholders' Equity: | | |
| Common stock, \$.01 par value; 60,000,000 shares authorized; 39,847,860 and 38,396,727 shares issued and outstanding, respectively | 398 | 384 |
| Capital in excess of par value | 1,173,588 | 1,085,136 |
| Cumulative net income in excess of dividends | 24,548 | 19,862 |
| Accumulated other comprehensive income | 8,456 | 27,910 |
| Total National Health Investors Stockholders' Equity | 1,206,990 | 1,133,292 |
| Noncontrolling interest | — | 9,168 |
| Total Equity | 1,206,990 | 1,142,460 |
| Total Liabilities and Equity | \$ 2,387,770 | \$ 2,133,218 |

The accompanying notes to condensed consolidated financial statements are an integral part of these condensed consolidated financial statements. The Condensed Consolidated Balance Sheet at December 31, 2015 was derived from the audited consolidated financial statements at that date.

Table of Contents

NATIONAL HEALTH INVESTORS, INC.
 CONDENSED CONSOLIDATED STATEMENTS OF INCOME
 (in thousands, except share and per share amounts)

| | Three Months Ended September 30, 2016 | | Nine Months Ended September 30, 2016 | |
|---|---|------------|--|------------|
| | 2015 | 2016 | 2015 | 2016 |
| | (unaudited) | | (unaudited) | |
| Revenues: | | | | |
| Rental income | \$59,272 | \$54,459 | \$171,374 | \$159,624 |
| Interest income from mortgage and other notes | 3,591 | 2,507 | 9,915 | 7,149 |
| Investment income and other | 388 | 1,255 | 2,184 | 3,512 |
| | 63,251 | 58,221 | 183,473 | 170,285 |
| Expenses: | | | | |
| Depreciation | 15,240 | 13,485 | 43,668 | 39,502 |
| Interest, including amortization of debt discount and issuance costs | 10,816 | 9,772 | 31,745 | 27,471 |
| Legal | 156 | 117 | 406 | 295 |
| Franchise, excise and other taxes | 271 | 214 | 826 | 658 |
| General and administrative | 2,169 | 1,691 | 7,218 | 8,050 |
| Loan and realty losses (recoveries) | 1,131 | — | 15,856 | (491) |
| | 29,783 | 25,279 | 99,719 | 75,485 |
| Income before equity-method investee, TRS tax benefit, investment and other gains and noncontrolling interest | 33,468 | 32,942 | 83,754 | 94,800 |
| Loss from equity-method investee | (754) | (252) | (1,214) | (765) |
| Income tax (expense) benefit attributable to taxable REIT subsidiary | (933) | 100 | (749) | 306 |
| Investment and other gains | 1,657 | 1,187 | 29,737 | 1,187 |
| Net income | 33,438 | 33,977 | 111,528 | 95,528 |
| Less: net income attributable to noncontrolling interest | (406) | (377) | (1,176) | (1,062) |
| Net income attributable to common stockholders | \$33,032 | \$33,600 | \$110,352 | \$94,466 |
| Weighted average common shares outstanding: | | | | |
| Basic | 39,283,919 | 37,566,221 | 38,735,262 | 37,563,503 |
| Diluted | 39,651,900 | 37,583,141 | 38,876,025 | 37,611,841 |
| Earnings per common share: | | | | |
| Net income attributable to common stockholders - basic | \$.84 | \$.89 | \$2.85 | \$2.51 |
| Net income attributable to common stockholders - diluted | \$.83 | \$.89 | \$2.84 | \$2.51 |

The accompanying notes to condensed consolidated financial statements are an integral part of these condensed consolidated financial statements.

Table of Contents

NATIONAL HEALTH INVESTORS, INC.
 CONDENSED CONSOLIDATED STATEMENTS OF COMPREHENSIVE INCOME
 (in thousands)

| | Three Months Ended | | Nine Months Ended | |
|---|-----------------------|----------|-------------------|----------|
| | September 30, | | September 30, | |
| | 2016 | 2015 | 2016 | 2015 |
| | (unaudited) | | (unaudited) | |
| Net income | \$33,438 | \$33,977 | \$111,528 | \$95,528 |
| Other comprehensive income (loss): | | | | |
| Change in unrealized gains on securities | 119 | 462 | 7,576 | (378) |
| Reclassification for amounts recognized in investment and other gains | — | (61) | (23,498) | (61) |
| Increase (decrease) in fair value of cash flow hedge | 1,287 | (5,266) | (6,525) | (8,227) |
| Reclassification for amounts recognized as interest expense | (975) | 1,185 | 2,993 | 3,318 |
| Total other comprehensive income (loss) | 431 | (3,680) | (19,454) | (5,348) |
| Comprehensive income | 33,869 | 30,297 | 92,074 | 90,180 |
| Less: comprehensive income attributable to noncontrolling interest | (406) | (377) | (1,176) | (1,062) |
| Comprehensive income attributable to common stockholders | \$33,463 | \$29,920 | \$90,898 | \$89,118 |

The accompanying notes to condensed consolidated financial statements are an integral part of these condensed consolidated financial statements.

Table of Contents

NATIONAL HEALTH INVESTORS, INC.
 CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS
 (in thousands)

| | Nine Months Ended September 30, | |
|---|------------------------------------|------------|
| | 2016 | 2015 |
| | (unaudited) | |
| Cash flows from operating activities: | | |
| Net income | \$ 111,528 | \$ 95,528 |
| Adjustments to reconcile net income to net cash provided by operating activities: | | |
| Depreciation | 43,668 | 39,502 |
| Amortization | 2,663 | 2,589 |
| Straight-line rental income | (16,583) | (18,492) |
| Non-cash interest income on construction loans | (668) | — |
| Non-cash write-offs due to lease transitions | 15,856 | — |
| Gain on sale of real estate | (4,582) | (1,126) |
| Gain on sale of equity-method investee | (1,657) | — |
| Gain on sale of marketable securities | (23,498) | (61) |
| Loan recovery | — | (491) |
| Share-based compensation | 1,481 | 1,930 |
| Amortization of commitment fees and note receivable discounts | (303) | — |
| Loss from equity-method investee | 1,214 | 765 |
| Change in operating assets and liabilities: | | |
| Other assets | 34 | (693) |
| Accounts payable and accrued expenses | 1,637 | (56) |
| Deferred income | (1,474) | 1,401 |
| Net cash provided by operating activities | 129,316 | 120,796 |
| Cash flows from investing activities: | | |
| Investments in mortgage and other notes receivable | (75,522) | (73,092) |
| Collections of mortgage and other notes receivable | 16,461 | 19,128 |
| Investments in real estate | (288,965) | (104,066) |
| Investments in real estate development | (24,499) | (8,807) |
| Investments in renovations of existing real estate | (913) | (2,757) |
| Payment allocated to lease purchase option | (6,400) | — |
| Long-term escrow deposit | (4,500) | — |
| Proceeds from disposition of real estate properties | 27,723 | 9,593 |
| Purchases of marketable securities | — | (2,495) |
| Proceeds from sales of marketable securities | 56,449 | 3,750 |
| Net cash used in investing activities | (300,166) | (158,746) |
| Cash flows from financing activities: | | |
| Net change in borrowings under revolving credit facilities | 94,600 | (157,000) |
| Proceeds from issuance of secured debt | — | 78,084 |
| Borrowings on term loans | 75,000 | 225,000 |
| Payments on term loans | (573) | (554) |
| Debt issuance costs | (114) | (2,362) |
| Equity offering costs | — | (275) |
| Taxes remitted in relation to employee stock options exercised | (1,135) | — |

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 10-Q

| | | |
|--|------------|-----------|
| Proceeds from issuance of common shares, net | 104,190 | 1 |
| Distributions to noncontrolling interest | (1,305) | (1,308) |
| Distribution to acquire non-controlling interest | (6,462) | — |
| Dividends paid to stockholders | (102,440) | (92,726) |
| Net cash provided by financing activities | 161,761 | 48,860 |
| | | |
| Increase (decrease) in cash and cash equivalents | (9,089) | 10,910 |
| Cash and cash equivalents, beginning of period | 13,286 | 3,287 |
| Cash and cash equivalents, end of period | \$4,197 | \$14,197 |

The accompanying notes to condensed consolidated financial statements are an integral part of these condensed consolidated financial statements.

Table of Contents

NATIONAL HEALTH INVESTORS, INC.
 CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (CONTINUED)
 (in thousands)

| | Nine Months Ended September 30, 2016 2015 (unaudited) | |
|---|--|----------|
| Supplemental disclosure of cash flow information: | | |
| Interest paid, net of amounts capitalized | \$27,395 | \$21,029 |
| Supplemental disclosure of non-cash investing and financing activities: | | |
| Change in accounts payable related to acquisition of non-controlling interest | \$10,546 | \$— |
| Contingent consideration in asset acquisition | \$— | \$750 |
| Change in accounts payable related to investments in real estate development | \$980 | \$686 |
| Conversion of note balance into real estate investment | \$9,753 | \$255 |
| Transfer of lease escrow deposit to marketable securities | \$— | \$21,277 |

The accompanying notes to condensed consolidated financial statements are an integral part of these condensed consolidated financial statements.

Table of Contents

NATIONAL HEALTH INVESTORS, INC.
 CONDENSED CONSOLIDATED STATEMENTS OF EQUITY
 (unaudited, in thousands except share and per share amounts)

| | Common Stock | | | Cumulative | Accumulated | Total | | |
|---|--------------|--------|--------------------------------------|--|----------------------------------|---|----------------------------|--------------|
| | Shares | Amount | Capital in Excess of Par Value | Net Income in Excess of Dividends | Other Comprehensive Income | National Health Investors' Stockholders' Equity | Noncontrolling Interest | Total Equity |
| Balances at December 31, 2015 | 38,396,727 | \$ 384 | \$ 1,085,136 | \$ 19,862 | \$ 27,910 | \$ 1,133,292 | \$ 9,168 | \$ 1,142,460 |
| Total comprehensive income | — | — | — | 110,352 | (19,454) | 90,898 | 1,176 | 92,074 |
| Distributions to noncontrolling interest | — | — | (16,069) | — | — | (16,069) | (10,344) | (26,413) |
| Issuance of common stock, net | 1,395,642 | 14 | 104,176 | — | — | 104,190 | — | 104,190 |
| Taxes remitted on employee stock options exercised | — | — | (1,133) | — | — | (1,133) | — | (1,133) |
| Shares issued on stock options exercised, net of shares withheld | 55,491 | — | (3) | — | — | (3) | — | (3) |
| Share-based compensation | — | — | 1,481 | — | — | 1,481 | — | 1,481 |
| Dividends declared, \$2.70 per common share | — | — | — | (105,666) | — | (105,666) | — | (105,666) |
| Balances at September 30, 2016 | 39,847,860 | \$ 398 | \$ 1,173,588 | \$ 24,548 | \$ 8,456 | \$ 1,206,990 | \$ — | \$ 1,206,990 |

The accompanying notes to condensed consolidated financial statements are an integral part of these condensed consolidated financial statements.

Table of Contents

NATIONAL HEALTH INVESTORS, INC.
NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS
September 30, 2016
(unaudited)

NOTE 1. SIGNIFICANT ACCOUNTING POLICIES

We, the management of National Health Investors, Inc., (“NHI” or the “Company”) believe that the unaudited condensed consolidated financial statements of which these notes are an integral part include all normal, recurring adjustments that are necessary to fairly present the condensed consolidated financial position, results of operations and cash flows of NHI in all material respects. The Condensed Consolidated Balance Sheet at December 31, 2015 has been derived from the audited consolidated financial statements at that date. We assume that users of these condensed consolidated financial statements have read or have access to the audited December 31, 2015 consolidated financial statements and Management’s Discussion and Analysis of Financial Condition and Results of Operations and that the adequacy of additional disclosure needed for a fair presentation, except in regard to material contingencies, may be determined in that context. Accordingly, footnotes and other disclosures which would substantially duplicate those contained in our most recent Annual Report on Form 10-K for the year ended December 31, 2015 have been omitted. This condensed consolidated financial information is not necessarily indicative of the results that may be expected for a full year for a variety of reasons including, but not limited to, acquisitions and dispositions, changes in interest rates, rents and the timing of debt and equity financings. For a better understanding of NHI and its condensed consolidated financial statements, we recommend reading these condensed consolidated financial statements in conjunction with the audited consolidated financial statements for the year ended December 31, 2015, which are included in our 2015 Annual Report on Form 10-K filed with the U.S. Securities and Exchange Commission, a copy of which is available at our web site: www.nhireit.com.

Principles of Consolidation - The accompanying condensed consolidated financial statements include our accounts and the accounts of our wholly-owned subsidiaries, joint ventures, partnerships and consolidated variable interest entities (“VIE”) where NHI controls the operating activities of the VIE, if any. All intercompany transactions and balances have been eliminated in consolidation. Net income is reduced by the portion of net income attributable to noncontrolling interests.

A VIE is broadly defined as an entity with one or more of the following characteristics: (a) the total equity investment at risk is insufficient to finance the entity’s activities without additional subordinated financial support; (b) as a group, the holders of the equity investment at risk lack (i) the ability to make decisions about the entity’s activities through voting or similar rights, (ii) the obligation to absorb the expected losses of the entity, or (iii) the right to receive the expected residual returns of the entity; or (c) the equity investors have voting rights that are not proportional to their economic interests, and substantially all of the entity’s activities either involve, or are conducted on behalf of, an investor that has disproportionately few voting rights.

We apply Financial Accounting Standards Board (“FASB”) guidance for our arrangements with VIEs which requires us to identify entities for which control is achieved through means other than voting rights and to determine which business enterprise is the primary beneficiary of the VIE. In accordance with FASB guidance, management must evaluate each of the Company’s contractual relationships which creates a variable interest in other entities. If the Company has a variable interest and the entity is a VIE, then management must determine whether or not the Company is the primary beneficiary of the VIE. If it is determined that the Company is the primary beneficiary, NHI consolidates the VIE. We identify the primary beneficiary of a VIE as the enterprise that has both: (i) the power to direct the activities of the VIE that most significantly impact the entity’s economic performance; and (ii) the obligation to absorb losses or the right to receive benefits of the VIE that could be significant to the entity. We perform this analysis on an ongoing basis.

At September 30, 2016, we held an interest in seven unconsolidated VIEs and, because we generally lack either directly or through related parties any material input in the activities that most significantly impact their economic performance, we have concluded that NHI is not the primary beneficiary. Accordingly, we account for our transactions with these entities and their subsidiaries at amortized cost.

Table of Contents

Our VIEs are summarized below by date of initial involvement. For further discussion of the nature of the relationships, including the sources of our exposure to these VIEs, see the notes to our condensed consolidated financial statements cross-referenced below.

| Date | Name | Classification | Carrying Amount | Maximum Exposure to Loss | Sources of Exposure |
|------|------------------------------|------------------------------------|-----------------|--------------------------|---------------------|
| 2012 | Bickford Senior Living | Notes and straight-line receivable | \$5,095,000 | \$17,595,000 | Notes 2, 4 |
| 2012 | Sycamore Street | N/A | \$— | \$3,930,000 | Note 4 |
| 2014 | Senior Living Communities | Notes and straight-line receivable | \$24,256,000 | \$43,136,000 | Notes 4, 12 |
| 2014 | Life Care Services affiliate | Notes receivable | \$127,324,000 | \$154,500,000 | Note 4 |
| 2015 | East Lake Capital Mgmt. | Straight-line receivable | \$1,236,000 | \$1,236,000 | Note 2 |
| 2016 | The Ensign Group developer | N/A | \$— | \$— | Note 2 |
| 2016 | Senior Living Management | Notes and straight-line receivable | \$13,665,000 | \$25,670,000 | Note 4 |

We are not obligated to provide support beyond our stated commitments to these tenants and borrowers whom we classify as VIEs, and accordingly our maximum exposure to loss as a result of these relationships is limited to the amount of our commitments, as shown above and discussed in the notes. When the above relationships involve leases, some additional exposure to economic loss is present and unquantifiable beyond that tabulated above, where we quantify potential accounting loss for those assets in which NHI has some basis. Generally, additional economic loss on a lease, if any, would be limited to that resulting from a short period of arrearage and non-payment of monthly rent before we are able to take effective remedial action, as well as costs incurred in transitioning the lease. The potential extent of such loss will be dependent upon individual facts and circumstances, cannot be quantified, and is therefore not included in the tabulation above. Typically, the only carrying amounts involving our leases are accumulated straight-line receivables.

We apply FASB guidance related to investments in joint ventures based on the type of controlling rights held by the members' interests in limited liability companies that may preclude consolidation by the majority equity owner in certain circumstances in which the majority equity owner would otherwise consolidate the joint venture.

We have structured our joint ventures to be compliant with the provisions of the REIT Investment Diversification and Empowerment Act of 2007 ("RIDEA") which permits NHI to receive rent payments through a triple-net lease between a property company and an operating company and allows NHI the opportunity to capture additional value on the improving performance of the operating company through distributions to a taxable REIT subsidiary ("TRS"). Accordingly, through September 30, 2016, our TRS held NHI's equity interest in an unconsolidated operating company, which we did not control, thus providing an organizational structure that allowed the TRS to engage in a broad range of activities and share in revenues that were otherwise non-qualifying income under the REIT gross income tests.

Marketable Securities. - Investments in marketable debt and equity securities must be categorized as trading, available-for-sale or held-to-maturity. Our investments in marketable equity securities are classified as available-for-sale securities. Unrealized gains and losses on available-for-sale securities are recorded in other comprehensive income. We evaluate our securities for other-than-temporary impairments on at least a quarterly basis. Realized gains and losses from the sale of available-for-sale securities are determined on a specific-identification basis.

A decline in the market value of any available-for-sale or held-to-maturity security below cost that is deemed to be other-than-temporary results in an impairment to reduce the carrying amount to fair value. The impairment is charged to earnings and a new cost basis for the security is established. To determine whether an impairment is other-than-temporary, we consider whether we have the ability and intent to hold the investment until a market price

recovery and consider whether evidence indicating the cost of the investment is recoverable outweighs evidence to the contrary. Evidence considered in this assessment includes the reasons for the impairment, the severity and duration of the impairment, changes in value subsequent to period-end and forecasted performance of the investment.

Equity-Method Investment - For the periods ended September 30, 2016 and 2015, we reported our TRS' investment in an unconsolidated entity, over whose operating and financial policies we had the ability to exercise significant influence but not control, under the equity method of accounting. Under this accounting method, our pro rata share of the entity's earnings or losses is included in our Condensed Consolidated Statements of Income. Additionally, we adjusted our investment carrying amount to reflect our share of changes in the equity-method investee's capital resulting from its capital transactions.

Noncontrolling Interest - We present the portion of any equity that we do not own in entities that we control (and thus consolidate) as noncontrolling interest and classify such interest as a component of consolidated equity separate from total NHI stockholders'

Table of Contents

equity in our Condensed Consolidated Balance Sheets. In addition, we exclude net income attributable to the noncontrolling interest from net income attributable to common shareholders in our Condensed Consolidated Statements of Income.

Use of Estimates - The preparation of consolidated financial statements in conformity with accounting principles generally accepted in the U.S. requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

Earnings Per Share - The weighted average number of common shares outstanding during the reporting period is used to calculate basic earnings per common share. Diluted earnings per common share assume the exercise of stock options using the treasury stock method, to the extent dilutive. Diluted earnings per share also incorporate the potential dilutive impact of our 3.25% convertible senior notes due 2021. We apply the treasury stock method to our convertible debt instruments, the effect of which is that conversion will not be assumed for purposes of computing diluted earnings per share unless the average share price for the period exceeds the conversion price per share.

Reclassifications - We have reclassified, for all periods presented, certain loan commitment fees paid by our borrowers, which were previously accounted for on our Consolidated Balance Sheet at December 31, 2015, as deferred revenues. The fees are included in our consolidated balance sheets as a reduction of the related loan receivable balance. The effect has been to reduce total assets and total liabilities by \$1,317,000 on our Condensed Consolidated Balance Sheet as of December 31, 2015. See Note 13 for a description of recent accounting pronouncements which require reclassification of items previously presented. Where necessary to conform the presentation of prior periods to the current period, we have reclassified certain balances.

New Accounting Pronouncements - For a review of recent accounting pronouncements pertinent to our operations and management's judgment as to the impact that the eventual adoption of these pronouncements will have on our financial position and results of operation, see Note 13.

NOTE 2. REAL ESTATE

As of September 30, 2016, we owned 196 health care real estate properties located in 32 states and consisting of 124 senior housing communities, 67 skilled nursing facilities, 3 hospitals and 2 medical office buildings. Our senior housing properties include assisted living facilities, senior living campuses, independent living facilities, and entrance-fee communities. These investments (excluding our corporate office of \$1,152,000) consisted of properties with an original cost of approximately \$2,392,524,000, rented under triple-net leases to 27 lessees.

During the nine months ended September 30, 2016, we made investments and commitments related to real estate as described below (dollars in thousands):

| Operator | Properties | Asset Class | Amount |
|--|------------|-------------|-----------|
| The Ensign Group | 8 | SNF | \$118,500 |
| Bickford Senior Living | 5 | SHO | 89,900 |
| Watermark Retirement Communities / East Lake Capital Mgmt. | 2 | SHO | 66,300 |
| Chancellor Health Care | 2 | SHO | 36,650 |
| Marathon/Village Concepts | 1 | SHO | 9,813 |
| | | | \$321,163 |

Bickford

On September 30, 2016, NHI and Sycamore Street, LLC (“Sycamore”), an affiliate of Bickford Senior Living (“Bickford”), entered into a definitive agreement terminating their joint venture consisting of the ownership and operation of 32 stabilized properties and converting Bickford’s participation to a triple-net tenancy with assumption of existing leases and terms. During the period ended September 30, 2016, we owned an 85% equity interest and Sycamore owned a 15% equity interest in our consolidated subsidiary (“PropCo”) which owns 32 assisted living/memory care facilities, one new facility and four facilities in development. The facilities have been leased to an operating company (“OpCo”), in which we previously held a non-controlling 85% ownership interest. The facilities are managed by Bickford. Our joint venture was structured to comply with the provisions of RIDEA.

Table of Contents

According to provisions of the unwinding, NHI agreed to redeem Bickford's 15% interest in the real estate underlying the joint venture (PropCo) for a distribution to Bickford of \$25,100,000, before the offset by Bickford of \$8,100,000 payable to NHI in acquisition of our non-controlling 85% interest in senior housing operations (OpCo), which we have carried on our balance sheet as an equity-method investment through September 30, 2016. A remaining distribution of \$10,546,000 related to the unwinding transaction is recorded in our accounts payable at September 30, 2016. See Note 3 for discussion of the disposition of our equity-method investment in OpCo in conjunction with the unwinding.

No gain or loss was recognized on our acquisition of Bickford's 15% interest in PropCo, which has previously been consolidated. Rather, Bickford's non-controlling interest was de-recognized, and the difference between the fair value of NHI's cost allocated to the redemption and the carrying amount for Bickford's non-controlling interest was recorded as an adjustment to equity through additional-paid-in capital.

Provisions governing details of the unwinding reach to our various arrangements with Bickford and include, but are not limited to, the following:

For the 32 stabilized facilities previously owned by the joint venture, forward annual contractual rent is unchanged at \$26,260,000 plus annual escalators of 3%.

For the five additional facilities under development owned by NHI, of which one opened in July 2016, two opened in October 2016, and two are planned to open in the first half of 2017, funded amounts will be added to the lease basis during construction and up to the first six months after opening; thereafter, base rent will be charged to Bickford at a 9% annual rate. Once the facilities are stabilized, rent will be reset to fair market value.

Future development projects between the parties will be funded through a construction loan at 9% annual interest. NHI has a purchase option at stabilization, whereby rent will be set based on our total investment with a floor of 9.55% on NHI's total investment.

On current and future development projects, Bickford as the operator will be entitled to incentive payments based on the achievement of predetermined operational milestones, the funding of which will increase the investment base for determining the NHI lease payment.

On June 1, 2016, in an asset acquisition, we acquired five assisted living and memory care facilities owned by Sycamore and operated by Bickford for \$87,500,000, including \$77,747,000 in cash and cancellation of notes and accrued interest receivable totaling \$9,753,000 (Note 4). Additionally, we have committed \$2,400,000 for capital expenditures and expansion of the existing facilities, the funding of which will be added to the lease base. The lease provides for an initial rate of 7.25% and term of 15 years plus two five-year renewal options. The annual lease escalator is 3%. NHI's purchase option on an additional Bickford facility was relinquished. The facilities, consisting of 277 total units, are located in Iowa (2), Missouri, Illinois, and Nebraska. The facilities were not included in the RIDEA joint venture between the parties.

Of our total revenues, \$8,528,000 (13%) and \$6,150,000 (11%) were recognized as rental income from Bickford for the three months ended September 30, 2016 and 2015, respectively, and \$21,999,000 (12%) and \$17,844,000 (10%) for the nine months ended September 30, 2016 and 2015, respectively.

Watermark Retirement / East Lake Capital

On June 1, 2016, NHI acquired two entrance fee continuing care retirement communities ("CCRCs") from funds managed by certain affiliates of East Lake Capital Management ("East Lake") for \$56,300,000 in cash, inclusive of a

\$4,500,000 regulatory deposit, and entered into a lease transaction with affiliates of East Lake. We accounted for the purchase as an asset acquisition. The CCRCs consist of 460 units and are located in Bridgeport and Southbury, Connecticut. The communities are sub-leased to affiliates of Watermark Retirement Communities (“Watermark”), the current manager. The lease has a term of 15 years, with an initial lease rate to East Lake of 7% with escalators of 3.5% in years two through four, and 3% annually thereafter. NHI has committed up to an additional \$10,000,000 for capital improvements and potential expansion of the communities over the next two years, of which \$747,000 was drawn at September 30, 2016.

In conjunction with the lease, East Lake acquired a purchase option on the properties as a whole, exercisable beginning in year six of the lease. The option will be based on our initial acquisition cost, our funding of capital improvements and expansions, other additional funding that may then be in place, or further rent escalations during the remaining duration of the option window.

Table of Contents

East Lake's June 2016 lease represents an expansion of its relationship with NHI, which began in July 2015, with our acquisition and lease to East Lake of two senior living campuses and one assisted living/memory care facility. East Lake's relationship to NHI consists of its leasehold interests and purchase options and is considered a variable interest, analogous to a financing arrangement. East Lake is structured to limit liability for potential damage claims, is capitalized for that purpose and is considered a VIE.

The Ensign Group

On April 1, 2016, we purchased eight skilled nursing facilities in Texas totaling 931 beds for \$118,500,000 in cash. The facilities were owned and operated by NHI's existing tenant, Legend Healthcare ("Legend"), and we accounted for the purchase as an asset acquisition. Concurrent with the acquisition, we amended in-place leases covering the nine existing skilled nursing facilities we leased to Legend, extending their provisions to the new facilities. The amendment also replaced purchase options that provided for equal sharing of any appreciation in value, within a specified range, with purchase options having a price determined at fair value, exercisable at the end of the lease term. Based on our analysis of the in-place rights, benefits and obligations, \$6,400,000 of the consideration in the acquisition was allocated to the canceled provisions related to the in-place leases.

On May 1, 2016, Legend and NHI agreed to transition Legend's skilled nursing operations under its lease with NHI to a new operator, and NHI entered into a new 15-year master lease with affiliates of The Ensign Group, Inc. ("Ensign") on 15 of the former Legend facilities for an initial annual amount of \$17,750,000, plus an annual escalator based on inflation. NHI's total original investment in the 15 facilities leased to Ensign is approximately \$211,000,000. The Ensign lease has two 5-year renewal options. Upon entering the new lease, NHI sold to Ensign for \$24,600,000 two remaining skilled nursing facilities in Texas totaling 245 beds previously under lease to Legend. The Ensign lease, secured in part by the operator's corporate guaranty, replaces the amended Legend lease, and, accordingly, the rights, benefits and obligations held by Legend have terminated. In recording the transition of our leases to Ensign, we wrote off the fair value assigned to the former Legend leases and \$8,326,000 of accumulated straight-line rent receivable, leaving an allocation of \$6,252,000 to land and \$105,848,000 to depreciable assets.

As part of this transaction, NHI is committed to purchase, from a developer, four new skilled nursing facilities in Texas for \$56,000,000 which are leased to Legend and subleased to Ensign. The purchase window for the first facility is open. The other three facilities are under construction by the developer. The fixed-price nature of the commitment creates a variable interest for NHI in the developer, whom NHI considers to lack sufficient equity to finance its operations without recourse to additional subordinated debt. The presence of these conditions causes the developer to be considered a VIE.

Marathon/Village Concepts

On January 15, 2016, we acquired a 98-unit independent living community, Woodland Village, in Chehalis, Washington, for \$9,463,000 in cash inclusive of closing costs of \$213,000 plus an additional commitment to fund \$350,000 in specified capital improvements, of which \$158,000 has been funded at September 30, 2016. We leased the facility to a partnership between Marathon Development and Village Concepts Retirement Communities for an initial lease term of 15 years. The lease provides for an initial annual lease rate of 7.25% plus annual escalators. Because the facility was owner-occupied, the purchase was accounted for as an asset acquisition.

Chancellor

On August 31, 2016, we acquired two facilities consisting of a senior living campus and a memory-care facility in McMinnville, Oregon, for \$36,650,000 in cash inclusive of closing costs of \$150,000. We leased the facilities to Chancellor Health Care ("Chancellor") for an initial lease term of 15 years, plus renewal options, at an initial annual

lease rate of 7.5% plus annual escalators. Because the facility was owner-occupied, the purchase was accounted for as an asset acquisition.

Holiday

As of September 30, 2016, we leased 25 independent living facilities to an affiliate of Holiday Retirement (“Holiday”). The master lease term of 17 years began in December 2013 and provides for an escalator of 4.5% in 2017 and a minimum of 3.5% each year thereafter.

Of our total revenues, \$10,954,000 (17%) and \$10,954,000 (19%) were derived from Holiday for the three months ended September 30, 2016 and 2015, including \$2,241,000 and \$2,616,000 in straight-line rent, respectively. Of our total revenues, \$32,863,000 (18%) and \$32,863,000 (19%) were derived from Holiday for the nine months ended September 30, 2016 and 2015,

Table of Contents

including \$6,724,000 and \$7,849,000 in straight-line rent, respectively. Our tenant operates the facilities pursuant to a management agreement with a Holiday-affiliated manager.

NHC

As of September 30, 2016, we leased 42 facilities under two master leases to National HealthCare Corporation (“NHC”), a publicly-held company and the lessee of our legacy properties. The facilities leased to NHC consist of 3 independent living facilities and 39 skilled nursing facilities (4 of which are subleased to other parties for whom the lease payments are guaranteed to us by NHC). These facilities are leased to NHC under the terms of an amended master lease agreement originally dated October 17, 1991 (“the 1991 lease”) which includes our 35 remaining legacy properties and a master lease agreement dated August 30, 2013 (“the 2013 lease”) which includes 7 skilled nursing facilities acquired from a third party.

The 1991 lease has been amended to extend the lease expiration to December 31, 2026. There are two additional 5-year renewal options, each at fair rental value of such leased property as negotiated between the parties and determined without including the value attributable to any improvements to the leased property voluntarily made by NHC at its expense. Under the terms of the lease, the base annual rental is \$30,750,000 and rent escalates by 4% of the increase, if any, in each facility’s revenue over a 2007 base year. The 2013 lease provides for a base annual rental of \$3,450,000 and has a lease expiration of August 2028. Under the terms of the 2013 lease, rent escalates 4% of the increase in each facility’s revenue over the 2014 base year. For both the 1991 lease and the 2013 lease, we refer to this additional rent component as “percentage rent.” During the last three years of the 2013 lease, NHC will have the option to purchase the facilities for \$49,000,000.

The following table summarizes the percentage rent income from NHC (in thousands):

| | Three Months | | Nine Months | |
|---|---------------|--------|---------------|----------|
| | Ended | | Ended | |
| | September 30, | | September 30, | |
| | 2016 | 2015 | 2016 | 2015 |
| Current year | \$ 733 | \$ 596 | \$ 2,199 | \$ 1,788 |
| Prior year final certification ¹ | — | — | 547 | 94 |
| Total percentage rent income | \$ 733 | \$ 596 | \$ 2,746 | \$ 1,882 |

¹ For purposes of the percentage rent calculation described in the master lease Agreement, NHC’s annual revenue by facility for a given year is certified to NHI by March 31st of the following year.

Of our total revenues, \$9,270,000 (15%) and \$9,133,000 (16%) were derived from NHC for the three months ended September 30, 2016 and 2015, respectively and \$28,357,000 (15%) and \$27,492,000 (16%) for the nine months ended September 30, 2016 and 2015, respectively.

The chairman of our board of directors is also a director on NHC’s board of directors. As of September 30, 2016, NHC owned 1,630,462 shares of our common stock.

Senior Living Communities

As of September 30, 2016, we leased eight retirement communities with 1,671 units to Senior Living Communities, LLC (“Senior Living”). The 15-year master lease contains two 5-year renewal options and provides for annual escalators of 4% in 2017 and 2018 and 3% thereafter.

Of our total revenue, \$9,855,000 (16%) and \$9,855,000 (17%) in lease revenues were derived from Senior Living for the three months ended September 30, 2016 and 2015, respectively, including \$1,795,000 and \$2,105,000,

respectively, in straight-line rent. For the nine months ended September 30, 2016 and 2015, of our total revenues, \$29,566,000 (16%) and \$29,566,000 (17%) were derived from Senior Living including \$5,386,000 and \$6,316,000, respectively, in straight-line rent.

Other Lease Activity

As a result of material noncompliance with lease terms, we began exploratory measures to effect either transitioning the lease of a 126-unit assisted living portfolio from the current tenant or the marketing of the underlying properties. Either of these courses of action result in recording a reserve, for accounting purposes, at September 30, 2016, of \$1,131,000 related to straight-line rent receivables. While straight-line receivables represent the effects of recognizing future escalations under terms of the lease using the straight-line method, we anticipate full recovery of all amounts billed to date under the lease. We have made no provision for any legal or other costs associated with the transition, as these amounts are neither estimable nor, in the opinion of management, material to our financial position or results of operations. Contractual rent received through August 2016 was \$1,491,000.

Table of Contents

Disposition of Assets

On March 22, 2016, we sold a skilled nursing facility in Idaho for cash consideration of \$3,000,000. The carrying value of the facility was \$1,346,000, and we recorded a gain of \$1,654,000. As discussed above in connection with The Ensign Group, we sold two skilled nursing facilities in May 2016 for total consideration of \$24,600,000 and realized a gain of \$2,805,000 on the disposal. In June 2016, we recognized a gain of \$123,000 on the sale of a vacant land parcel.

NOTE 3. OTHER ASSETS

Other assets consist of the following (in thousands):

| | September 30, 2016 | December 31, 2015 |
|--|-----------------------|----------------------|
| Equity-method investment in OpCo | \$ — | \$ 7,657 |
| Accounts receivable and other assets | 4,057 | 3,256 |
| Reserves for replacement, insurance, tax escrows and regulatory deposits | 8,265 | 4,631 |
| | \$ 12,322 | \$ 15,544 |

From the commencement of our equity method investment in OpCo in September 2012, we have not received any distributions of income from OpCo and our carrying cost has been adjusted for our pro-rata share of earnings and losses in the entity and allocations of any additional cost. NHI's gain of \$1,657,000 from the sale of OpCo was calculated on the difference between the proceeds of \$8,100,000 and the carrying amount of our equity-method investment of \$6,443,000. Tax effects related to the transaction include the utilization of net operating loss carry-forwards and the write-off of residual deferred tax assets totaling \$1,192,000.

Reserves for replacement, insurance, tax escrows and regulatory deposits include (1) amounts required to be held on deposit in accordance with regulatory agreements governing our Fannie Mae and HUD mortgages; and (2) state regulatory deposits.

With the adoption of ASU 2015-03, Interest-Imputation of Interest, in the first quarter of 2016, the balance in Other Assets was reduced to reflect the reclassification of our unamortized loan costs which are now being offset against the loan balances as shown in Note 6.

NOTE 4. MORTGAGE AND OTHER NOTES RECEIVABLE

At September 30, 2016, we had net investments in mortgage notes receivable with a net carrying value of \$154,994,000, secured by real estate and UCC liens on the personal property of 10 facilities, and other notes receivable with a carrying value of \$28,999,000, guaranteed by significant parties to the notes or by cross-collateralization of properties with the same owner. No allowance for doubtful accounts was considered necessary at September 30, 2016 or December 31, 2015.

Timber Ridge

In February 2015, we entered into an agreement to lend up to \$154,500,000 to LCS-Westminster Partnership III LLP ("LCS-WP"), an affiliate of Life Care Services ("LCS"). The loan agreement conveys a mortgage interest and will facilitate the construction of Phase II of Timber Ridge at Talus ("Timber Ridge"), a Type-A Continuing Care Retirement Community in Issaquah, WA managed by LCS. Our loan to LCS-WP represents a variable interest. As an affiliate of a larger company, LCS-WP is structured to limit liability for potential damage claims, is capitalized to achieve that purpose and is considered a VIE.

The loan takes the form of two notes under a master credit agreement. The senior note (“Note A”) totals \$60,000,000 at a 6.75% interest rate with 10 basis-point escalators after year three, and has a term of 10 years. We have funded \$33,936,000 of Note A as of September 30, 2016. We anticipate fully funding Note A by December 31, 2016. Note A is interest-only and is locked to prepayment for three years. After year three, the prepayment penalty starts at 5% and declines 1% per year. The second note (“Note B”) is a construction loan for up to \$94,500,000 at an annual interest rate of 8% and a five-year maturity and was fully funded as of September 30, 2016. We expect substantial repayment with new resident entrance fees upon the opening of Phase II. In October, 2016, Phase II opened, and LCS began repayment of the outstanding balance on Note B, with remittances of \$20,597,000 during October.

NHI has a purchase option on the entire Timber Ridge property for the greater of fair market value or \$115,000,000 during a purchase option window of 120 days that will contingently open in year five or upon earlier stabilization of the development, as defined.

Table of Contents

Senior Living Communities

In connection with the acquisition in December 2014 of the properties leased to Senior Living, we provided a \$15,000,000 revolving line of credit, the maturity of which mirrors the 15-year term of the master lease. Borrowings are used to finance construction projects within the Senior Living portfolio, including building additional units. Up to \$5,000,000 of the facility may be used to meet general working capital needs. Amounts outstanding under the facility, \$4,096,000 at September 30, 2016, bear interest at an annual rate equal to the prevailing 10-year U.S. Treasury rate, 1.60%, plus 6%.

In March 2016, we extended two mezzanine loans of up to \$12,000,000 and \$2,000,000, respectively, to affiliates of Senior Living, to partially fund construction of a 186-unit senior living campus on Daniel Island in South Carolina. The loans bear interest payable monthly at a 10% annual rate and mature in March 2021. The loans have a total balance of \$6,024,000 at September 30, 2016.

Our loans to Senior Living and its subsidiaries represent a variable interest as does our lease, which is considered to be analogous to a financing arrangement. Senior Living is structured to limit liability for potential claims for damages, is appropriately capitalized for that purpose and is considered a VIE.

Senior Living Management

On August 3, 2016, we entered into an agreement to furnish to our current tenant, Senior Living Management, Inc. (“SLM”), through its affiliates, loans of up to \$24,500,000 to facilitate SLM’s acquisition of five senior housing facilities that it currently operates. The loans consist of two notes under a master credit agreement, include both a mortgage and a corporate loan, and bear interest at 8.25% with terms of five years, plus optional one and two-year extensions. NHI has a right of first refusal if SLM elects to sell the facilities. The total amount funded was \$12,556,000 as of September 30, 2016.

Our loans to SLM represent a variable interest as do our leases, which are analogous to financing arrangements. SLM is structured to limit liability for potential damage claims, is capitalized for that purpose and is considered a VIE.

Bickford

On July 15, 2016, NHI extended a construction loan facility of up to \$14,000,000 to Bickford for the purpose of developing and operating an assisted living/memory care community in Illinois. The total amount funded as of September 30, 2016 was \$1,500,000, interest is to accrue at 9%, and the loan is to mature on July 15, 2021. The promissory note is secured by a first mortgage lien on substantially all real and personal property as well as a pledge of any and all leases or agreements which may grant a right of use to the subject property. Usual and customary covenants extend to the agreement, including the borrower’s obligation for payment of insurance and taxes.

Our loan to Bickford represents a variable interest as do our leases, which are considered to be analogous to financing arrangements. Bickford is structured to limit liability for potential claims for damages, is capitalized to achieve that purpose and is considered a VIE.

Sycamore

As discussed in Note 2, on June 1, 2016, two notes receivable from Sycamore, an affiliate of Bickford, having an aggregate principal and accrued interest balance of \$9,753,000 were retired as part of an asset acquisition. As of September 30, 2016, our direct support of Sycamore is limited to our guarantee on a \$3,930,000 letter of credit established for their benefit. Sycamore, as an affiliate company of Bickford, is structured to limit liability for potential

claims for damages, is capitalized to achieve that purpose and is considered a VIE.

NOTE 5. INVESTMENTS IN MARKETABLE SECURITIES

Our investments in marketable securities include available-for-sale securities which are reported at fair value and investments in marketable debt securities, also classified as available-for-sale, which consist of U.S. government agency debt and long-term certificates of deposit. Unrealized gains and losses on available-for-sale securities are presented as a component of accumulated other comprehensive income. Realized gains and losses from securities sales are determined based upon specific identification of the securities. Marketable securities consist of the following (in thousands):

16

Table of Contents

| | September 30, 2016 | | December 31, 2015 | |
|--|-----------------------|---------------|----------------------|---------------|
| | Amortized Cost | Fair Value | Amortized Cost | Fair Value |
| Common stock of other healthcare REITs | \$5,127 | \$23,871 | \$21,040 | \$55,815 |
| Debt securities | \$— | \$— | \$17,037 | \$16,929 |

Net unrealized gains related to available-for-sale securities were \$18,744,000 at September 30, 2016 and \$34,667,000 at December 31, 2015. During the nine months ended September 30, 2016, we recognized gains on sales of marketable securities of \$23,498,000 which were reclassified from accumulated other comprehensive income and are included in our Condensed Consolidated Statements of Income as Investment and other gains. No gains from sales of marketable securities were recognized during the quarter ended September 30, 2016.

NOTE 6. DEBT

Debt consists of the following (in thousands):

| | September 30, 2016 | December 31, 2015 |
|---|-----------------------|----------------------|
| Convertible senior notes - unsecured (net of discount of \$5,007 and \$5,862) | \$ 194,993 | \$ 194,138 |
| Revolving credit facility - unsecured | 128,600 | 34,000 |
| Bank term loans - unsecured | 250,000 | 250,000 |
| Private placement term loans - unsecured | 400,000 | 325,000 |
| HUD mortgage loans (net of discount of \$1,509 and \$1,573) | 44,526 | 45,035 |
| Fannie Mae term loans - secured, non-recourse | 78,084 | 78,084 |
| Unamortized loan costs | (10,185) | (11,814) |
| | \$ 1,086,018 | \$ 914,443 |

Aggregate principal maturities of debt as of September 30, 2016 for each of the next five years and thereafter are as follows (in thousands):

| Twelve months ended September 30, | |
|-----------------------------------|--------------|
| 2017 | \$ 788 |
| 2018 | 814 |
| 2019 | 842 |
| 2020 | 379,471 |
| 2021 | 200,900 |
| Thereafter | 519,904 |
| | 1,102,719 |
| Less: discount | (6,516) |
| Less: unamortized loan costs | (10,185) |
| | \$ 1,086,018 |

At September 30, 2016 we had \$421,400,000 available to draw on the revolving portion of the credit facility. The unused commitment fee is 40 basis points per annum. The unsecured credit facility agreement requires that we maintain certain financial ratios within limits set by our creditors. To date, these ratios, which are calculated quarterly, have been within the limits required by the credit facility agreements.

On September 30, 2016, we issued \$75,000,000 of 8-year notes with a coupon of 3.93% to a private placement lender. The notes are unsecured and require quarterly payments of interest only until maturity. Terms and conditions of the new financing are similar to those under our bank credit facility with the exception of provisions regarding

prepayment premiums.

In November 2015 we issued \$50,000,000 of 8-year notes with a coupon of 3.99% and \$50,000,000 of 10-year notes with a coupon of 4.33% to a private placement lender. The notes are unsecured and require quarterly payments of interest only until maturity. Terms and conditions of the new financing are similar to those under our bank credit facility with the exception of provisions regarding prepayment premiums.

Table of Contents

In June 2015 we entered into an amended \$800,000,000 senior unsecured credit facility with a group of banks. The facility can be expanded, subject to certain conditions, up to an additional \$250,000,000. The amended credit facility provides for: (1) a \$550,000,000 revolving credit facility that matures in June 2020 (inclusive of an embedded 1-year extension option) with interest at 150 basis points over LIBOR (53 bps at September 30, 2016); (2) an existing \$130,000,000 term loan that matures in June 2020 with interest at 175 basis points over LIBOR; and (3) two existing term loans which remain in place totaling \$120,000,000, maturing in June 2020 and bearing interest at 175 basis points over LIBOR. At closing, the new facility replaced a smaller credit facility last amended in March 2014 that provided for \$700,000,000 of total commitments. The employment of interest rate swaps for our fixed term debt leaves only our revolving credit facility exposed to variable rate risk. Our swaps and the financial instruments to which they relate are described in the table below, under the caption "Interest Rate Swap Agreements."

In March 2015 we obtained \$78,084,000 in Fannie Mae financing. The term debt financing consists of interest-only payments at an annual rate of 3.79% and a 10-year maturity. The mortgages are non-recourse and secured by thirteen properties leased to Bickford. Proceeds were used to reduce borrowings on our revolving bank credit facility. The notes are secured by the facilities previously pledged as security on Fannie Mae term debt that was retired in December 2014.

In January 2015 we issued \$125,000,000 of 8-year notes with a coupon of 3.99% and \$100,000,000 of 12-year notes with a coupon of 4.51% to a private placement lender. The notes are unsecured and require quarterly payments of interest only until maturity. Terms and conditions of the financing are similar to those under our bank credit facility with the exception of provisions regarding prepayment premiums.

In March 2014 we issued \$200,000,000 of 3.25% senior unsecured convertible notes due April 2021 (the "Notes"). Interest is payable April 1st and October 1st of each year. As adjusted for terms of the indenture, the Notes are convertible at a conversion rate of 14.07 shares of common stock per \$1,000 principal amount, representing a conversion price of approximately \$71.06 per share for a total of approximately 2,814,710 underlying shares. The conversion rate is subject to adjustment upon the occurrence of certain events, as defined in the indenture governing the Notes, but will not be adjusted for any accrued and unpaid interest except in limited circumstances. The conversion option is considered an "optional net-share settlement conversion feature," meaning that upon conversion, NHI's conversion obligation may be satisfied, at our option, in cash, shares of common stock or a combination of cash and shares of common stock. Our average stock price for the quarter ended September 30, 2016, exceeded the conversion price, giving rise to a dilutive effect of 274,544 shares to a base of 39,651,900 weighted average diluted common shares. For the year-to-date period, 2016 dilution is determined by computing an average of incremental shares included in each quarterly diluted EPS computation, resulting in a dilutive effect of the conversion feature of 91,515 shares for the nine months ended September 30, 2016.

The embedded conversion options (1) do not require net cash settlement, (2) are not conventionally convertible but can be classified in stockholders' equity under ASC 815-40, and (3) are considered indexed to NHI's own stock. Therefore, the conversion feature satisfies the conditions to qualify for an exception to the derivative liability rules, and the Notes are split into debt and equity components. The value of the debt component is based upon the estimated fair value of a similar debt instrument without the conversion feature at the time of issuance and was estimated to be approximately \$192,238,000. The \$7,762,000 difference between the contractual principal on the debt and the value allocated to the debt was recorded as an equity component and represents the estimated value of the conversion feature of the instrument. The excess of the contractual principal amount of the debt over its estimated fair value, the original issue discount, is amortized to interest expense using the effective interest method over the estimated term of the Notes. The effective interest rate used to amortize the debt discount and the liability component of the debt issue costs was approximately 3.9% based on our estimated non-convertible borrowing rate at the date the Notes were issued.

The total cost of issuing the Notes was \$6,063,000, \$275,000 of which was allocated to the equity component and \$5,788,000 of which was allocated to the debt component and subject to amortization over the estimated term of the notes. The remaining unamortized balance at September 30, 2016, was \$3,465,000.

Our HUD mortgage loans are secured by ten properties leased to Bickford. Nine mortgage notes require monthly payments of principal and interest from 4.3% to 4.4% (inclusive of mortgage insurance premium) and mature in August and October 2049. An additional HUD mortgage loan assumed in 2014 requires monthly payments of principal and interest of 2.9% (inclusive of mortgage insurance premium) and matures in October 2047. The loan has an outstanding principal balance of \$9,163,000 and an estimated fair value of \$8,103,000.

Pinnacle Bank, which is a participating member of our banking group, is a wholly owned subsidiary and the primary active business of the bank holding company, Pinnacle Financial Partners, Inc. The chairman of Pinnacle Financial Partners' board of directors is also a director on NHI's board and is chairman of our audit committee. NHI's local banking transactions are conducted primarily through Pinnacle Bank.

Table of Contents

The following table summarizes interest expense (in thousands):

| | Three Months Ended September 30, 2016 | | Nine Months Ended September 30, 2015 | |
|---|--|---------|---|----------|
| Interest expense at contractual rates | \$10,087 | \$9,000 | \$29,592 | \$25,223 |
| Capitalized interest | (144) | (92) | (460) | (296) |
| Amortization of debt issuance costs and debt discount | 873 | 864 | 2,613 | 2,544 |
| Total interest expense | \$10,816 | \$9,772 | \$31,745 | \$27,471 |

Interest Rate Swap Agreements

To mitigate our exposure to interest rate risk, we have entered into the following interest rate swap contracts on our bank term loans as of September 30, 2016 (dollars in thousands):

| Date Entered | Maturity Date | Fixed Rate | Rate Index | Notional Amount | Fair Value |
|--------------|---------------|------------|---------------|--------------------|---------------|
| May 2012 | April 2019 | 3.29% | 1-month LIBOR | \$40,000 | \$(743) |
| June 2013 | June 2020 | 3.86% | 1-month LIBOR | \$80,000 | \$(3,572) |
| March 2014 | June 2020 | 3.91% | 1-month LIBOR | \$130,000 | \$(6,028) |

See Note 11 for fair value disclosures about our variable and fixed rate debt and interest rate swap agreements.

NOTE 7. COMMITMENTS AND CONTINGENCIES

Bickford

In February 2015 we announced plans to develop five senior housing facilities in Illinois and Virginia to be managed by Bickford and each consisting of 60 private-pay assisted living and memory care units. The total estimated project cost is \$55,000,000. These five properties represent the culmination of plans announced in 2012 between NHI and Bickford to construct a total of eight facilities. The first three communities, all in Indiana, opened in 2013 and 2014. As of September 30, 2016, land and development costs incurred on the project totaled \$43,017,000. One facility opened in July 2016, two opened in October 2016, and two are planned to open during the first half of 2017.

In conjunction with our acquisition of five assisted living and memory care communities in June 2016, we have committed to fund an additional \$2,400,000 for capital expenditures and the expansion of the existing facilities, the funding of which will be added to the lease base. No amounts have been funded toward our commitment as of September 30, 2016.

We have extended a \$14,000,000 construction loan facility to Bickford for the purpose of developing and operating an assisted living/memory care community in Illinois. Funding as of September 30, 2016 was \$1,500,000. Bickford may also borrow an additional \$2,000,000 upon achieving certain operating performance metrics.

In February 2014 we entered into a commitment on a letter of credit for the benefit of Sycamore, an affiliate of Bickford, which previously held a minority interest in PropCo. At September 30, 2016, our commitment on the letter of credit totaled \$3,930,000.

Chancellor

At September 30, 2016, we had a continuing commitment with Chancellor to provide up to \$650,000 for renovations and improvements related to a senior housing community in Oregon. We have funded \$52,000 as of September 30, 2016.

East Lake

In connection with our July 2015 lease of three senior housing properties, NHI has committed to East Lake certain lease incentive payments of \$8,000,000 contingent on reaching and maintaining certain metrics, a contingent earnout of \$750,000 payable to the seller upon attaining certain metrics, and the funding of an additional \$400,000 for specified capital improvements. At acquisition, we estimated the seller contingent earnout payment to be probable and accordingly, have reflected that amount in our Condensed Consolidated Balance Sheet at September 30, 2016. We are unaware of circumstances that would change our initial assessment as to the contingent earnout and lease incentives. Funding of capital improvements and contingent payments earned will be included

Table of Contents

in the lease base when funded. Additionally, NHI has committed up to an additional \$10,000,000 for capital improvements and potential expansion of the two CCRCs acquired in June 2016, of which \$747,000 was drawn at September 30, 2016.

The Ensign Group

Our May 2016 lease of 15 skilled nursing facilities in Texas to The Ensign Group, as discussed in Note 2, includes a commitment from NHI to purchase four skilled nursing facilities in Texas for \$56,000,000 which are leased to Legend and subleased to Ensign. The purchase window for the first facility is open. The other three facilities are under construction by the developer.

Life Care Services

As discussed in Note 4, we have a remaining loan commitment to an affiliate of Life Care Services for \$26,064,000.

Santé

We are committed to fund a \$3,500,000 expansion and renovation program at our Silverdale, Washington senior living campus and as of September 30, 2016, had funded \$2,621,000, which was added to the basis on which the lease amount is calculated. In addition, we have a contingent commitment to fund a lease inducement payment of \$2,000,000. Santé would earn the payment upon attaining and sustaining a specified lease coverage ratio. If earned, the payment would be due following calendar year 2016. At acquisition, incurring the contingent payments was not considered probable. No change to our initial assessment has been made as a result of operations to date in 2016, and accordingly, no provision for these payments is reflected in the condensed consolidated financial statements.

Senior Living Communities

As discussed in Note 4, as of September 30, 2016 we were committed to Senior Living to fund \$15,000,000 on a revolving credit facility, with \$10,904,000 undrawn, and \$14,000,000 on a mezzanine loan, with \$7,850,000 undrawn, related to the ongoing construction of a senior living campus on Daniel Island in South Carolina.

Senior Living Management

We are committed to furnish to our current tenant, Senior Living Management, Inc. ("SLM"), through its affiliates, loans of up to \$24,500,000 to facilitate SLM's acquisition of five senior housing facilities that it currently operates. The total amounts funded were \$12,556,000 as of September 30, 2016.

Marathon/Village Concepts

We are committed to fund up to \$350,000 in specific capital improvements to our independent living community in Chehalis, Washington. A total of \$158,000 has been funded as of September 30, 2016, and added to the lease base on which the lease amount is calculated.

Litigation

Our facilities are subject to claims and suits in the ordinary course of business. Our lessees and borrowers have indemnified, and are obligated to continue to indemnify us, against all liabilities arising from the operation of the facilities, and are further obligated to indemnify us against environmental or title problems affecting the real estate underlying such facilities. While there may be lawsuits pending against certain of the owners and/or lessees of the

facilities, management believes that the ultimate resolution of all such pending proceedings will have no material adverse effect on our financial condition, results of operations or cash flows.

Table of Contents

NOTE 8. INVESTMENT AND OTHER GAINS

The following table summarizes our investment and other gains (in thousands):

| | Three Months Ended | | Nine Months Ended | |
|---|--------------------|--------------------|--------------------|--------------------|
| | September 30, 2016 | September 30, 2015 | September 30, 2016 | September 30, 2015 |
| Gains on sales of real estate | \$— | \$1,126 | \$4,582 | \$1,126 |
| Gains on sales of marketable securities | — | 61 | 23,498 | 61 |
| Gain on sale of equity-method investee | 1,657 | — | 1,657 | — |
| | \$1,657 | \$1,187 | \$29,737 | \$1,187 |

NOTE 9. SHARE-BASED COMPENSATION

We recognize share-based compensation for all stock options granted over the requisite service period using the fair value of these grants as estimated at the date of grant using the Black-Scholes pricing model, and all restricted stock granted over the requisite service period using the market value of our publicly-traded common stock on the date of grant.

Share-Based Compensation Plans

The Compensation Committee of the Board of Directors (“the Committee”) has the authority to select the participants to be granted options; to designate whether the option granted is an incentive stock option (“ISO”), a non-qualified option, or a stock appreciation right; to establish the number of shares of common stock that may be issued upon exercise of the option; to establish the vesting provision for any award; and to establish the term any award may be outstanding. The exercise price of any ISO’s granted will not be less than 100% of the fair market value of the shares of common stock on the date granted, and the term of an ISO may not be more than ten years. The exercise price of any non-qualified options granted will not be less than 100% of the fair market value of the shares of common stock on the date granted unless so determined by the Committee.

In May 2012, our stockholders approved the 2012 Stock Incentive Plan (“the 2012 Plan”) pursuant to which 1,500,000 shares of our common stock were made available to grant as share-based payments to employees, officers, directors or consultants. Through a vote of our shareholders on May 7, 2015, we increased the maximum number of shares under the plan from 1,500,000 shares to 3,000,000 shares; increased the automatic annual grant to non-employee directors from 15,000 shares to 20,000 shares; and limited the Company’s ability to re-issue shares under the Plan. As of September 30, 2016, there were 1,446,668 shares available for future grants under the 2012 Plan. The individual restricted stock and option grant awards vest over periods up to five years. The term of the options under the 2012 Plan is up to ten years from the date of grant.

In May 2005, our stockholders approved the NHI 2005 Stock Option Plan (“the 2005 Plan”) pursuant to which 1,500,000 shares of our common stock were made available to grant as share-based payments to employees, officers, directors or consultants. As of September 30, 2016, the 2005 Plan has expired and no additional shares may be granted under the 2005 Plan. The individual restricted stock and option grant awards vest over periods up to ten years. The term of the options outstanding under the 2005 Plan is up to ten years from the date of grant.

Compensation expense is recognized only for the awards that ultimately vest. Accordingly, forfeitures that were not expected will result in the reversal of previously recorded compensation expense. The compensation expense reported for the three months ended September 30, 2016 and 2015 was \$251,000 and \$233,000, respectively, and is included in general and administrative expense in the Condensed Consolidated Statements of Income. For the nine months ended

September 30, 2016 and 2015 compensation expense included in general and administrative expense was \$1,481,000 and \$1,930,000, respectively.

At September 30, 2016, we had \$650,000 of unrecognized compensation cost related to unvested stock options which is expected to be expensed over the following periods: 2016 - \$251,000, 2017 - \$360,000 and 2018 - \$39,000. Stock-based compensation is included in general and administrative expense in the Condensed Consolidated Statements of Income.

The weighted average fair value per share of options granted was \$3.65 and \$4.74 for 2016 and 2015, respectively.

Table of Contents

The fair value of each grant is estimated on the date of grant using the Black-Scholes option-pricing model with the following weighted average assumptions:

| | 2016 | 2015 |
|-------------------------|-----------|-----------|
| Dividend yield | 5.9% | 4.7% |
| Expected volatility | 19.1% | 17.8% |
| Expected lives | 2.9 years | 2.8 years |
| Risk-free interest rate | 0.91% | 0.98% |

The following table summarizes our outstanding stock options:

| | Nine Months Ended | |
|------------------------------------|-------------------|-----------|
| | September 30, | |
| | 2016 | 2015 |
| Options outstanding January 1, | 741,676 | 871,671 |
| Options granted under 2012 Plan | 470,000 | 450,000 |
| Options granted under 2005 Plan | — | 20,000 |
| Options exercised under 2012 Plan | (608,331) | (421,657) |
| Options canceled under 2012 Plan | — | (100,000) |
| Options exercised under 2005 Plan | (61,666) | (50,002) |
| Options outstanding, September 30, | 541,679 | 770,012 |
| Exercisable at September 30, | 188,331 | 496,664 |

NOTE 10. EARNINGS AND DIVIDENDS PER SHARE

The weighted average number of common shares outstanding during the reporting period is used to calculate basic earnings per common share. Diluted earnings per common share assume the exercise of stock options and the conversion of our convertible debt using the treasury stock method, to the extent dilutive. If our average stock price for the period increases over the conversion price of our convertible debt, the conversion feature will be considered dilutive.

The following table summarizes the average number of common shares and the net income used in the calculation of basic and diluted earnings per common share (in thousands, except share and per share amounts):

| | Three Months Ended | | Nine Months Ended | |
|--|--------------------|------------|-------------------|------------|
| | September 30, | | September 30, | |
| | 2016 | 2015 | 2016 | 2015 |
| Net income attributable to common stockholders | \$33,032 | \$ 33,600 | \$ 110,352 | \$ 94,466 |
| BASIC: | | | | |
| Weighted average common shares outstanding | 39,283,913 | 37,566,221 | 38,735,262 | 37,563,503 |
| DILUTED: | | | | |
| Weighted average common shares outstanding | 39,283,913 | 37,566,221 | 38,735,262 | 37,563,503 |
| Stock options | 93,437 | 16,920 | 49,248 | 42,024 |
| Convertible subordinated debentures | 274,544 | — | 91,515 | 6,314 |
| Average dilutive common shares outstanding | 39,651,900 | 37,583,141 | 38,876,025 | 37,611,841 |
| Net income per common share - basic | \$.84 | \$.89 | \$2.85 | \$ 2.51 |

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 10-Q

| | | | | |
|--|--------|---------|--------|---------|
| Net income per common share - diluted | \$.83 | \$.89 | \$2.84 | \$ 2.51 |
| Incremental shares excluded since anti-dilutive: | | | | |
| Net share effect of stock options with an exercise price in excess of the average market price for our common shares | — | 107,993 | 8,490 | 42,052 |
| Regular dividends declared per common share | \$.90 | \$.85 | \$2.70 | \$ 2.55 |

Table of Contents

NOTE 11. FAIR VALUE OF FINANCIAL INSTRUMENTS

Our financial assets and liabilities measured at fair value (based on the hierarchy of the three levels of inputs described in Note 1 to the consolidated financial statements contained in our most recent Annual Report on Form 10-K) on a recurring basis include marketable securities, derivative financial instruments and contingent consideration arrangements. Marketable securities consist of common stock of other healthcare REITs. Derivative financial instruments include our interest rate swap agreements. Contingent consideration arrangements relate to certain provisions of recent real estate purchase agreements involving both business combinations.

Marketable securities. We utilize quoted prices in active markets to measure debt and equity securities; these items are classified as Level 1 in the hierarchy and include the common and preferred stock of other publicly held healthcare REITs.

Derivative financial instruments. Derivative financial instruments are valued in the market using discounted cash flow techniques. These techniques incorporate Level 1 and Level 2 inputs. The market inputs are utilized in the discounted cash flow calculation considering the instrument's term, notional amount, discount rate and credit risk. Significant inputs to the derivative valuation model for interest rate swaps are observable in active markets and are classified as Level 2 in the hierarchy.

Contingent consideration. Contingent consideration arrangements are classified as Level 3 and are valued using unobservable inputs about the nature of the contingent arrangement and the counter-party to the arrangement, as well as our assumptions about the probability of full settlement of the contingency.

Assets and liabilities measured at fair value on a recurring basis are as follows (in thousands):

| | Balance Sheet Classification | Fair Value Measurement | |
|--|---------------------------------------|------------------------|-------------------|
| | | September 30, 2016 | December 31, 2015 |
| Level 1 | | | |
| Common stock of other healthcare REITs | Marketable securities | \$23,871 | \$ 55,815 |
| Debt securities | Marketable securities | \$— | \$ 16,929 |
| Level 2 | | | |
| Interest rate swap liability | Accounts payable and accrued expenses | \$10,342 | \$ 6,730 |

Carrying values and fair values of financial instruments that are not carried at fair value at September 30, 2016 and December 31, 2015 in the Condensed Consolidated Balance Sheets are as follows (in thousands):

| | Carrying Amount | | Fair Value Measurement | |
|-------------------------------------|-----------------|-----------|------------------------|-----------|
| | 2016 | 2015 | 2016 | 2015 |
| Level 2 | | | | |
| Variable rate debt | \$375,182 | \$279,745 | \$378,600 | \$284,000 |
| Fixed rate debt | \$710,836 | \$634,698 | \$746,026 | \$641,066 |
| Level 3 | | | | |
| Mortgage and other notes receivable | \$183,993 | \$133,714 | \$191,201 | \$141,408 |

The fair value of mortgage and other notes receivable is based on credit risk and discount rates that are not observable in the marketplace and therefore represents a Level 3 measurement.

Fixed rate debt. Fixed rate debt is classified as Level 2 and its value is based on quoted prices for similar instruments or calculated utilizing model derived valuations in which significant inputs are observable in active markets.

Carrying amounts of cash and cash equivalents, accounts receivable and accounts payable approximate fair value due to their short-term nature. The fair value of our borrowings under our revolving credit facility are reasonably estimated at their carrying value at September 30, 2016 and December 31, 2015, due to the predominance of floating interest rates, which generally reflect market conditions.

Table of Contents

NOTE 12. SUBSEQUENT EVENTS

Senior Living Communities

On November 3, 2016, we announced plans to acquire Evergreen Woods, a 299-unit continuing care retirement community in Connecticut, for \$74,000,000 in cash, inclusive of a \$4,000,000 regulatory deposit. The facility will be added to our existing master lease with Senior Living at the current lease rate of 6.77%, subject to 4% escalation in January 2017 and 2018 and 3% thereafter. As an addition to our master lease with Senior Living, the initial term is 13 years, plus renewal options.

Because Evergreen Woods was previously owner-operated, we will account for our purchase of the property as an asset acquisition. As part of this transaction, we tentatively plan to attribute \$7,724,000 of the purchase price to fair value of the land, and \$62,276,000 to the fair value of building and improvements.

NOTE 13. RECENT ACCOUNTING PRONOUNCEMENTS

In February 2015 the FASB issued ASU 2015-02, Amendments to the Consolidation Analysis, which is generally effective for fiscal years and interim periods beginning after December 15, 2015. ASU 2015-02 changed the consolidation analysis for all reporting entities. The changes primarily affect the consolidation of limited partnerships and their equivalents (e.g., limited liability corporations), the consolidation analysis of reporting entities that are involved with VIEs, particularly those that have fee arrangements and related party relationships, as well as structured vehicles such as collateralized debt obligations. We adopted the provisions of ASU 2015-02 in the first quarter of 2016. The adoption of ASU 2015-02 did not have a material effect on our consolidated financial statements.

In April 2015 the FASB issued ASU 2015-03, Interest-Imputation of Interest, whose primary effect as subsequently modified is to mandate that, except for revolving credit facilities (which may carry a zero balance), debt issuance costs be reported in the balance sheet as a direct deduction from the face amount of the related liability. Debt issuance costs have previously been presented among assets on the balance sheet. The standard does not affect the recognition and measurement of debt issuance costs. The ASU is effective for public business entities for fiscal years beginning after December 15, 2015, and interim periods within those fiscal years. In adopting ASU 2015-03 in the first quarter of 2016, we have chosen to deduct debt issuance costs from amounts owing under our line of credit arrangements, and we have restated prior periods for the effect of these reclassifications. The adoption had the effect of reducing total assets and total liabilities on our Condensed Consolidated Balance Sheet at December 31, 2015, by the amount of unamortized loan costs of \$11,814,000.

In September 2015 the FASB issued ASU 2015-16 Simplifying the Accounting for Measurement Period Adjustments, whose principal provisions require that in a business combination an acquirer recognize adjustments to provisional amounts that are identified during the measurement period in the reporting period in which the adjustment amounts are determined. The amendments in ASU 2015-16 require that the acquirer record, in the same period's financial statements, the effect on earnings of changes in depreciation, amortization, or other income effects, if any, as a result of the change to the provisional amounts, calculated as if the accounting had been completed at the acquisition date. Previously, GAAP required that during the measurement period, the acquirer retrospectively adjust the provisional amounts recognized at the acquisition date with a corresponding adjustment to goodwill. To simplify the accounting for adjustments made to provisional amounts recognized in a business combination, the amendments in ASU 2015-16 eliminate the requirement to retrospectively account for those adjustments. For public business entities, the amendments in ASU 2015-16 are effective for fiscal years beginning after December 15, 2015, including interim periods within those fiscal years. We adopted the provisions of ASU 2015-16 in the first quarter of 2016. The adoption of ASU 2015-16 did not have a material effect on our consolidated financial statements.

In January 2016 the FASB issued ASU 2016-01, Recognition and Measurement of Financial Assets and Financial Liabilities. Public companies will be required to apply 2016-01 for all accounting periods beginning after December 15, 2017. For public companies, the primary effects of 2016-01 are to:

Require equity investments (except those accounted for under the equity method of accounting or those that result in consolidation of the investee) to be measured at fair value with changes in fair value recognized in net income. However, an entity may choose to measure equity investments that do not have readily determinable fair values at cost minus impairment, if any, plus or minus changes resulting from observable price changes in orderly transactions for the identical or a similar investment of the same issuer.

Simplify the impairment assessment of equity investments without readily determinable fair values by requiring a qualitative assessment to identify impairment. When a qualitative assessment indicates that impairment exists, an entity is required to measure the investment at fair value.

Table of Contents

• Eliminate the requirement to disclose the methods and significant assumptions used to estimate the fair value for financial instruments measured at amortized cost on the balance sheet.

• Require the use of the exit price notion when measuring the fair value of financial instruments for disclosure purposes.

• Require an entity to present separately in other comprehensive income the portion of the total change in the fair value of a liability resulting from a change in the instrument-specific credit risk when the entity has elected to measure the liability at fair value in accordance with the fair value option for financial instruments.

• Require separate presentation of financial assets and financial liabilities by measurement category and form of financial asset (that is, securities or loans and receivables) on the balance sheet or the accompanying notes to the financial statements.

• Clarify that an entity should evaluate the need for a valuation allowance on a deferred tax asset related to available-for-sale securities in combination with the entity's other deferred tax assets.

We are evaluating what effect, if any, that adopting the provisions of ASU 2015-01 in 2018 will have on NHI.

In February 2016 the FASB issued ASU 2016-02, Leases. Public companies will be required to apply ASU 2016-02 for all accounting periods beginning after December 15, 2018 - for REITs this means application will be required beginning January 1, 2019. Early adoption is permitted. All leases with lease terms greater than one year are subject to ASU 2016-02, including leases in place as of the adoption date. Management expects that, because of the ASU 2016-02's emphasis on lessee accounting, ASU 2016-02 will not have a material impact on our accounting for leases. Consistent with present standards, NHI will continue to account for lease revenue on a straight-line basis for most leases. Also consistent with NHI's current practice, under ASU 2016-02 only initial direct costs that are incremental to the lessor will be capitalized.

In March 2016 the FASB issued ASU 2016-09, Improvements to Employee Share-Based Payment Accounting, as part of its simplification initiative. ASU 2016-09 is effective for public companies starting in fiscal years beginning after December 15, 2016, and interim periods within those fiscal years. Early adoption is permitted. The areas for simplification in ASU 2016-09 involve several aspects of accounting for share-based payment transactions, including related income tax consequences, classification of awards as either equity or liabilities, and classification of equity awards within the statement of cash flows. Because NHI is designed as a pass-through entity for purposes of Federal taxation, many of the provisions of ASU 2016-09 which deal with taxation will not have a material effect on our financial statements. Among the provisions with broader reach are simplifications as to treatment of forfeitures, which under current GAAP are based on the number of awards that are expected to vest. Upon adoption of ASU 2016-09, an entity can make an entity-wide accounting policy election to either estimate the number of awards that are expected to vest, as in current GAAP, or account for forfeitures when they occur. Additionally, ASU 2016-09 clarifies that cash paid by an employer when directly withholding shares for tax withholding purposes should be classified as a financing activity. Our adoption of the provisions of ASU 2016-09 in the first quarter of 2016 had no material effect on our consolidated financial statements.

In March 2016 the FASB issued ASU 2016-06, Contingent Put and Call Options in Debt Instruments, which clarifies how to assess whether contingent call (put) options that can accelerate the payment on debt instruments are clearly and closely related to their debt hosts. This assessment is necessary to determine if the options must be separately accounted for as derivatives. The ASU clarifies that an entity is required to assess the embedded options solely in accordance with a specific four-step decision sequence and is not also required to assess whether the contingency for

exercising the options is indexed to interest rates or credit risk. The amendments are effective for public business entities for fiscal years beginning after December 15, 2016, and interim periods within those fiscal years. Early adoption is permitted. We adopted the provisions of ASU 2016-06 in the first quarter of 2016. The adoption of ASU 2016-06 did not have a material effect on our consolidated financial statements.

In June 2016 the FASB issued ASU 2016-13, Financial Instruments - Credit Losses. ASU 2016-13 will require more timely recognition of credit losses associated with financial assets. While current GAAP includes multiple credit impairment objectives for instruments, the previous objectives generally delayed recognition of the full amount of credit losses until the loss was probable of occurring. The amendments in ASU 2016-13, whose scope is asset-based and not restricted to financial institutions, are an improvement to existing standards in eliminating the probable initial recognition threshold in current GAAP and, instead, reflect an entity's current estimate of all expected credit losses. Previously, when credit losses were measured under GAAP, an entity generally only considered past events and current conditions in measuring the incurred loss. The amendments in ASU 2016-13 broaden the information that an entity must consider in developing its expected credit loss estimate for assets measured either collectively or individually. The use of forecasted information incorporates more timely information in the estimate of expected credit loss that will be more useful to users of the financial statements. ASU 2016-13 is effective for public entities for fiscal years

Table of Contents

beginning after December 15, 2019, including interim periods within those fiscal years. Because we are likely to continue to invest in loans, adoption of ASU 2016-13 will have some effect on our accounting for these investments; accordingly, we are evaluating the extent of the effects, if any, that adopting the provisions of ASU 2016-13 in 2020 will have on NHI.

Table of Contents

Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations.

Forward Looking Statements

References throughout this document to NHI or the Company include National Health Investors, Inc., and its consolidated subsidiaries. In accordance with the Securities and Exchange Commission's "Plain English" guidelines, this Quarterly Report on Form 10-Q has been written in the first person. In this document, the words "we", "our", "ours" and "us" refer only to National Health Investors, Inc. and its consolidated subsidiaries and not any other person. Unless the context indicates otherwise, references herein to "the Company" include all of our consolidated subsidiaries.

This Quarterly Report on Form 10-Q and other materials we have filed or may file with the Securities and Exchange Commission, as well as information included in oral statements made, or to be made, by our senior management contain certain "forward-looking" statements as that term is defined by the Private Securities Litigation Reform Act of 1995. All statements regarding our expected future financial position, results of operations, cash flows, funds from operations, continued performance improvements, ability to service and refinance our debt obligations, ability to finance growth opportunities, and similar statements including, without limitation, those containing words such as "may," "will," "believes," "anticipates," "expects," "intends," "estimates," "plans," and other similar expressions, are forward-statements.

Forward-looking statements involve known and unknown risks and uncertainties that may cause our actual results in future periods to differ materially from those projected or contemplated in the forward-looking statements as a result of factors including, but not limited to, the following:

* We depend on the operating success of our tenants and borrowers for collection of our lease and interest income;

Certain tenants in our portfolio account for a significant percentage of the rent we expect to generate and the failure of any of these tenants to meet their obligations to us could materially adversely affect our business, financial condition and results of operations and our ability to make distributions to our stockholders.

* We are exposed to the risk that the cash flows of our tenants and borrowers would be adversely affected by increased liability claims and liability insurance costs;

* We are exposed to risks related to governmental regulations and payors, principally Medicare and Medicaid, and the effect that lower reimbursement rates would have on our tenants' and borrowers' business;

* We are exposed to the risk that our tenants and borrowers may become subject to bankruptcy or insolvency proceedings;

* We depend on the success of our future acquisitions and investments;

* We depend on our ability to reinvest cash in real estate investments in a timely manner and on acceptable terms;

* We depend on the success of property development and construction activities, which may fail to achieve the operating results we expect;

* We are exposed to the risk that the illiquidity of real estate investments could impede our ability to respond to adverse changes in the performance of our properties;

* We are exposed to the risk that our assets may be subject to impairment charges;

We depend on revenues derived mainly from fixed rate investments in real estate assets, while a portion of our debt capital used to finance those investments bears interest at variable rates. This circumstance creates interest rate risk to the Company;

* We may need to refinance existing debt or incur additional debt in the future, which may not be available on terms acceptable to us;

* We have covenants related to our indebtedness which impose certain operational limitations and a breach of those covenants could materially adversely affect our financial condition and results of operations;

* We are exposed to risks related to environmental laws and the costs associated with liabilities related to hazardous substances;

Table of Contents

* We are exposed to the risk that we may not be fully indemnified by our lessees and borrowers against future litigation;

* We depend on the ability to continue to qualify for taxation as a real estate investment trust;

We have ownership limits in our charter with respect to our common stock and other classes of capital stock which
* may delay, defer or prevent a transaction or a change of control that might involve a premium price for our common stock or might otherwise be in the best interests of our stockholders;

We are subject to certain provisions of Maryland law and our charter and bylaws that could hinder, delay or prevent
* a change in control transaction, even if the transaction involves a premium price for our common stock or our stockholders believe such transaction to be otherwise in their best interests.

See the notes to the annual audited consolidated financial statements in our most recent Annual Report on Form 10-K for the year ended December 31, 2015, and “Business” and “Risk Factors” under Item 1 and Item 1A therein for a further discussion of these and of various governmental regulations and other operating factors relating to the healthcare industry and the risk factors inherent in them. You should carefully consider these risks before making any investment decisions in the Company. These risks and uncertainties are not the only ones facing the Company. There may be additional risks that we do not presently know of and/or that we currently deem immaterial. If any of the risks actually occur, our business, financial condition, results of operations, or cash flows could be materially adversely affected. In that case, the trading price of our shares of stock could decline and you may lose part or all of your investment. Given these risks and uncertainties, we can give no assurance that these forward-looking statements will, in fact, occur and, therefore, caution investors not to place undue reliance on them.

Executive Overview

National Health Investors, Inc., established in 1991 as a Maryland corporation, is a self-managed real estate investment trust (“REIT”) specializing in sale-leaseback, joint-venture, mortgage and mezzanine financing of need-driven and discretionary senior housing and medical investments. Our portfolio consists of real estate investments in independent living facilities, assisted living facilities, entrance-fee communities, senior living campuses, skilled nursing facilities, specialty hospitals and medical office buildings. Other investments include mortgages and other notes, marketable securities, and a joint venture structured to comply with the provisions of the REIT Investment Diversification Empowerment Act of 2007 (“RIDEA”). Through a RIDEA joint venture, we invest in facility operations managed by independent third-parties. We fund our real estate investments primarily through: (1) operating cash flow, (2) debt offerings, including bank lines of credit and term debt, both unsecured and secured, and (3) the sale of equity securities.

Portfolio

At September 30, 2016, we had investments in real estate and mortgage and other notes receivable involving 206 facilities located in 32 states. These investments involve 128 senior housing properties, 73 skilled nursing facilities, 3 hospitals, 2 medical office buildings and other notes receivable. These investments (excluding our corporate office of \$1,152,000) consisted of properties with an original cost of approximately \$2,392,524,000, rented under triple-net leases to 27 lessees, and \$183,993,000 aggregate carrying value of mortgage and other notes receivable due from 13 borrowers.

Our investments in real estate are located within the United States and our investments in mortgage loans are secured by real estate located within the United States. We are managed as one unit for internal reporting and decision making. Therefore, our reporting reflects our financial position and operations as a single segment.

We classify all of the properties in our portfolio as either senior housing or medical properties. Because our leases represent different underlying revenue sources and result in differing risk profiles, we further classify our senior housing communities as either need-driven (assisted and memory care communities and senior living campuses) or discretionary (independent living and entrance-fee communities.) For the table below, three parcels of land acquired have been included in their intended category.

Senior Housing – Need-Driven includes assisted living and memory care communities (“ALF”) and senior living campuses (“SLC”) which primarily attract private payment for services from residents who require assistance with activities of daily living. Need-driven properties are subject to regulatory oversight.

Senior Housing – Discretionary includes independent living (“ILF”) and entrance-fee communities (“EFC”) which primarily attract private payment for services from residents who are making the lifestyle choice of living in an age-restricted multi-family community that offers social programs, meals, housekeeping and in some cases access to healthcare services. Discretionary

Table of Contents

properties are subject to limited regulatory oversight. There is a correlation between demand for this type of community and the strength of the housing market.

Medical Properties within our portfolio primarily receive payment from Medicare, Medicaid and health insurance. These properties include skilled nursing facilities (“SNF”), medical office buildings (“MOB”) and hospitals that attract patients who have a need for acute or complex medical attention, preventative medicine, or rehabilitation services. Medical properties are subject to state and federal regulatory oversight and, in the case of hospitals, Joint Commission accreditation.

Table of Contents

The following tables summarize our investments in real estate, mortgage and other notes receivable and year-to-date revenue, excluding disposals, for each asset type as of September 30, 2016 (dollars in thousands):

| Real Estate Properties | Properties | Beds/Sq. Ft.* | Revenue | % | Investment |
|--------------------------------------|------------|------------------|------------|--------|--------------|
| Senior Housing - Need-Driven | | | | | |
| Assisted Living | 76 | 3,689 | \$ 38,338 | 21.3 % | \$ 627,551 |
| Senior Living Campus | 10 | 1,323 | 10,252 | 5.7 % | 162,007 |
| Total Senior Housing - Need-Driven | 86 | 5,012 | 48,590 | 27.0 % | 789,558 |
| Senior Housing - Discretionary | | | | | |
| Independent Living | 29 | 3,212 | 34,453 | 19.1 % | 512,232 |
| Entrance-Fee Communities | 9 | 2,064 | 30,683 | 17.0 % | 519,723 |
| Total Senior Housing - Discretionary | 38 | 5,276 | 65,136 | 36.2 % | 1,031,955 |
| Total Senior Housing | 124 | 10,288 | 113,726 | 63.1 % | 1,821,513 |
| Medical Facilities | | | | | |
| Skilled Nursing Facilities | 67 | 8,687 | 49,980 | 27.7 % | 509,394 |
| Hospitals | 3 | 181 | 5,769 | 3.2 % | 51,131 |
| Medical Office Buildings | 2 | 88,517 | * 751 | 0.4 % | 10,486 |
| Total Medical Facilities | 72 | | 56,500 | 31.4 % | 571,011 |
| Total Real Estate Properties | 196 | | \$ 170,226 | 94.5 % | \$ 2,392,524 |

Mortgage and Other Notes Receivable

| | | | | | |
|---|-----|-------|------------|---------|--------------|
| Senior Housing - Need-Driven | 3 | 222 | \$ 451 | 0.3 % | \$ 15,046 |
| Senior Housing - Discretionary | 1 | 400 | 6,026 | 3.3 % | 127,325 |
| Medical Facilities | 6 | 450 | 880 | 0.5 % | 12,623 |
| Other Notes Receivable | — | — | 2,558 | 1.4 % | 28,999 |
| Total Mortgage and Other Notes Receivable | 10 | 1,072 | 9,915 | 5.5 % | 183,993 |
| Total Portfolio | 206 | | \$ 180,141 | 100.0 % | \$ 2,576,517 |

| Portfolio Summary | Properties | Beds/Sq. Ft.* | Revenue | % | Investment |
|-------------------------------------|------------|------------------|------------|---------|--------------|
| Real Estate Properties | 196 | | \$ 170,226 | 94.5 % | \$ 2,392,524 |
| Mortgage and Other Notes Receivable | 10 | | 9,915 | 5.5 % | 183,993 |
| Total Portfolio | 206 | | \$ 180,141 | 100.0 % | \$ 2,576,517 |

Summary of Facilities by Type

| | | | | | |
|--------------------------------------|-----|--------|-----------|--------|------------|
| Senior Housing - Need-Driven | | | | | |
| Assisted Living | 79 | 3,911 | \$ 38,789 | 21.5 % | \$ 642,597 |
| Senior Living Campus | 10 | 1,323 | 10,252 | 5.7 % | 162,007 |
| Total Senior Housing - Need-Driven | 89 | 5,234 | 49,041 | 27.2 % | 804,604 |
| Senior Housing - Discretionary | | | | | |
| Entrance-Fee Communities | 10 | 2,464 | 36,709 | 20.4 % | 647,048 |
| Independent Living | 29 | 3,212 | 34,453 | 19.1 % | 512,232 |
| Total Senior Housing - Discretionary | 39 | 5,676 | 71,162 | 39.5 % | 1,159,280 |
| Total Senior Housing | 128 | 10,910 | 120,203 | 66.7 % | 1,963,884 |
| Medical Facilities | | | | | |
| Skilled Nursing Facilities | 73 | 9,137 | 50,860 | 28.3 % | 522,017 |
| Hospitals | 3 | 181 | 5,769 | 3.2 % | 51,131 |
| Medical Office Buildings | 2 | 88,517 | * 751 | 0.4 % | 10,486 |

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 10-Q

| | | | | |
|-----------------|-----|------------|---------|--------------|
| Total Medical | 78 | 57,380 | 31.9 % | 583,634 |
| Other | — | 2,558 | 1.4 % | 28,999 |
| Total Portfolio | 206 | \$ 180,141 | 100.0 % | \$ 2,576,517 |

Portfolio by Operator Type

| | | | | |
|----------------------------------|-----|------------|---------|--------------|
| Public | 53 | \$ 35,408 | 19.7 % | \$ 235,748 |
| National Chain (Privately-Owned) | 27 | 34,964 | 19.4 % | 521,139 |
| Regional | 113 | 98,187 | 54.5 % | 1,634,404 |
| Small | 13 | 11,582 | 6.4 % | 185,226 |
| Total Portfolio | 206 | \$ 180,141 | 100.0 % | \$ 2,576,517 |

30

Table of Contents

For the nine months ended September 30, 2016, operators of facilities which provided more than 3% of our total revenues were (in alphabetical order): Bickford Senior Living; The Ensign Group; Health Services Management; Holiday Retirement; Life Care Services; National HealthCare Corp; and Senior Living Communities.

As of September 30, 2016, our average effective annualized rental income was \$8,250 per bed for skilled nursing facilities, \$12,167 per unit for senior living campuses, \$15,362 per unit for assisted living facilities, \$14,333 per unit for independent living facilities, \$21,167 per unit for entrance fee communities, \$42,499 per bed for hospitals, and \$11 per square foot for medical office buildings.

We may invest a portion of our funds in the common shares of other publicly-held healthcare REITs. At September 30, 2016, such investments had a carrying value of \$23,871,000.

Areas of Focus

We are evaluating and will potentially make additional investments during the remainder of 2016 while we continue to monitor and improve our existing properties. We seek tenants who will become mission-oriented partners in relationships where our business goals are aligned. This approach fuels steady, and thus, enduring growth for those partners and for NHI. Within the context of our growth model, we rely on a cost-effective access to debt and equity capital to finance acquisitions that will drive our earnings. In recent months, our cost of debt capital has remained relatively flat while our stock price has risen to new highs presumably in response to our investment activity and a diminished concern over rising interest rates. Large-scale portfolios continue to command premium pricing, due to the continued abundance of private and foreign buyers seeking to invest in healthcare real estate. This combination of circumstances places a premium on our ability to execute those larger transactions that will generate meaningful earnings growth.

With lower capitalization rates for existing healthcare facilities, there has been increased interest in constructing new facilities in hopes of generating better returns on invested capital. Using our relationship-driven model, we continue to look for opportunities to support new and existing tenants and borrowers with the capital needed to expand existing facilities and to initiate ground-up development of new facilities. We concentrate our efforts in those markets where there is both a demonstrated demand for a particular product type and where we perceive we have a competitive advantage. The projects we agree to finance have attractive upside potential and are expected to provide above-average returns to our shareholders to mitigate the risks inherent with property development and construction.

Longer term borrowing rates are expected to increase in the U.S. As a result, there will be pressure on the spread between our cost of capital and the returns we earn. We expect that pressure to be partially mitigated by market forces that would tend to result in higher capitalization rates for healthcare assets and higher lease rates indicative of historical levels. Our cost of capital has increased over the past year as we transition some of our short term revolving borrowings into debt instruments with longer maturities and fixed interest rates. Managing long-term risk involves trade-offs with the competing alternative goal of maximizing short-term profitability. Our intention is to strike an appropriate balance between these competing interests within the context of our investor profile. Due to more favorable pricing, we presently prefer private placement debt over a public offering of bond debt.

For the nine months ended September 30, 2016, approximately 28% of our revenue from continuing operations was derived from operators of our skilled nursing facilities that receive a significant portion of their revenue from governmental payors, primarily Medicare and Medicaid. Such revenues are subject annually to statutory and regulatory changes and in recent years have been reduced due to federal and state budgetary pressures. Over the past five years, we have selectively diversified our portfolio by directing a significant portion of our investments into properties which do not rely primarily on Medicare and Medicaid reimbursement, but rather on private pay sources (assisted living and memory care facilities, senior living campuses, independent living facilities and entrance-fee

communities). We will occasionally acquire skilled nursing facilities in good physical condition with a proven operator and strong local market fundamentals, because diversification implies a periodic rebalancing, but our recent investment focus has been on acquiring need-driven and discretionary senior housing assets.

Considering individual tenant lease revenue as a percentage of total revenue, Bickford Senior Living is our largest assisted living tenant, an affiliate of Holiday Retirement is our largest independent living tenant, National HealthCare Corporation is our largest skilled nursing tenant and Senior Living Communities is our largest entrance-fee community tenant. Our shift toward private payor facilities, as well as our expansion into the discretionary senior housing market, has further resulted in a portfolio whose current composition is relatively balanced between medical facilities, need-driven and discretionary senior housing.

We manage our business with a goal of increasing the regular annual dividends paid to shareholders. Our Board of Directors approves a regular quarterly dividend which is reflective of expected taxable income on a recurring basis. Our transactions that are infrequent and non-recurring that generate additional taxable income have been distributed to shareholders in the form of

Table of Contents

special dividends. Taxable income is determined in accordance with the Internal Revenue Code and differs from net income for financial statements purposes determined in accordance with U.S. generally accepted accounting principles. Our goal of increasing annual dividends requires a careful balance between identification of high-quality lease and mortgage assets in which to invest and the cost of our capital with which to fund such investments. We consider the competing interests of short and long-term debt (interest rates, maturities and other terms) versus the higher cost of new equity. We accept some level of risk associated with leveraging our investments. We intend to continue to make new investments that meet our underwriting criteria and where the spreads over our cost of capital will generate sufficient returns to our shareholders.

Our projected dividends for the current year and actual dividends for the last two years are as follows:

| | | |
|-------------------|--------|--------|
| 2016 ¹ | 2015 | 2014 |
| \$3.60 | \$3.40 | \$3.08 |

¹ Based on \$.90 per common share for the first, second and third quarters, annualized

Our investments in healthcare real estate have been partially accomplished by our ability to effectively leverage our balance sheet. However, we continue to maintain a relatively low-leverage balance sheet compared with many in our peer group. We believe that our fixed charge coverage ratio, which is the ratio of Adjusted EBITDA (earnings before interest, taxes, depreciation and amortization, including amounts in discontinued operations, excluding real estate asset impairments and gains on dispositions) to fixed charges (interest expense at contractual rates net of capitalized interest and principal payments on debt), and the ratio of consolidated net debt to Adjusted EBITDA are meaningful measures of our ability to service our debt. We use these two measures as a useful basis to compare the strength of our balance sheet with those in our peer group. We also believe this gives us a competitive advantage when accessing debt markets.

We calculate our fixed charge coverage ratio as approximately 5.8x for the nine months ended September 30, 2016 (see our discussion of Adjusted EBITDA and a reconciliation to our net income on page 50). On an annualized basis, our consolidated net debt-to-Adjusted EBITDA ratio is approximately 4.4x for the quarter ended September 30, 2016 (in thousands):

| | |
|---|-------------|
| Consolidated Total Debt | \$1,086,018 |
| Less: cash and cash equivalents | (4,197) |
| Consolidated Net Debt | \$1,081,821 |
| Adjusted EBITDA | \$61,508 |
| Annualizing Adjustment | 184,524 |
| Annualized impact of recent investments | 2,272 |
| | \$248,304 |

Consolidated Net Debt to Adjusted EBITDA 4.4 x

According to current projections by the U.S. Department of Health and Human Services, the number of Americans 65 and older is expected to grow 36% between 2010 and 2020, compared to a 9% growth rate for the general population. As Transgenerationalaging.org notes: “The fastest-growing segment of the total population is the oldest old—those 80 and over. Their growth rate is twice that of those 65 and over and almost 4-times that for the total population. In the United States, this group now represents 10% of the older population and will more than triple from 5.7 million in 2010 to over 19 million by 2050.”

While affordability issues will play a limiting role in the movement of this oldest age demographic into active participation in the senior care market, the swelling in the ranks of the very old is expected to increase demand for

senior housing properties of all types in the coming decades. There is increasing demand for private-pay senior housing properties in countries outside the U.S., as well. We therefore consider real estate and note investments with U.S. entities who seek to expand their senior housing operations into countries where local-market demand is sufficiently demonstrated.

Strong demographic trends provide the context for continued growth in 2016 and the years ahead. We plan to fund any new real estate and mortgage investments during 2016 using our liquid assets and debt financing. Should the weight of additional debt as a result of new acquisitions suggest the need to rebalance our capital structure, we would then expect to access the capital markets through an ATM or other equity offerings. Our disciplined investment strategy implemented through measured increments of debt and equity sets the stage for annual dividend growth, continued low leverage, a portfolio of diversified, high-quality assets,

Table of Contents

and business relationships with experienced operators who we make our priority, continue to be the key drivers of our business plan.

Critical Accounting Policies

See our most recent Annual Report on Form 10-K for a discussion of critical accounting policies including those concerning revenue recognition, our status as a REIT, principles of consolidation, evaluation of impairments and allocation of property acquisition costs.

Significant Operators

As discussed in Note 2 to the condensed consolidated financial statements, we have four operators from whom we individually derive at least 10% of our rental income as follows (dollars in thousands):

| | Asset Class | Investment Amount | Rental Income Nine Months Ended September 30, | | Lease Renewal | |
|---------------------------------|-------------|----------------------|---|------|------------------|-------------|
| | | | 2016 | 2015 | | |
| Holiday Retirement | ILF | \$493,378 | \$32,863 | 19% | \$32,863 | 21% 2031 |
| Senior Living Communities | EFC | 476,000 | 29,566 | 17% | 29,566 | 19% 2029 |
| National HealthCare Corporation | SNF | 171,297 | 28,357 | 17% | 27,492 | 17% 2026 |
| Bickford Senior Living | ALF | 369,628 | 21,999 | 13% | 17,844 | 11% Various |
| All others | Various | 882,221 | 58,589 | 34% | 51,859 | 32% Various |
| | | \$2,392,524 | \$171,374 | | \$159,624 | |

Joint Venture

On September 30, 2016, NHI and Sycamore Street, LLC (“Sycamore”), an affiliate of Bickford Senior Living (“Bickford”) entered into a definitive agreement terminating their joint venture consisting of the ownership and operation of 32 stabilized properties and converting Bickford’s participation to a triple-net tenancy with assumption of existing leases and terms. During the period ended September 30, 2016, we owned an 85% equity interest and Sycamore owned a 15% equity interest in our consolidated subsidiary (“PropCo”) which owns 32 assisted living/memory care facilities, one new facility and four facilities in development. The facilities have been leased to an operating company (“OpCo”), in which we previously held a non-controlling 85% ownership interest. The facilities are managed by Bickford. Our joint venture was structured to comply with the provisions of RIDEA.

NHI agreed to redeem Bickford’s 15% interest in the real estate underlying the joint venture (PropCo) for a distribution to Bickford of \$25,100,000, before the offset by Bickford of \$8,100,000 payable to NHI in acquisition of our non-controlling 85% interest in senior housing operations (OpCo), which we have carried on our balance sheet as an equity-method investment through September 30, 2016. A remaining distribution of \$10,546,000 related to the transaction is recorded in our accounts payable at September 30, 2016.

NHI’s gain of \$1,657,000 from the sale of OpCo was calculated on the difference between the proceeds of \$8,100,000 and the carrying amount of our equity-method investment of \$6,443,000. No gain or loss was recognized on our acquisition of Bickford’s 15% interest in PropCo, which has previously been consolidated. Rather, Bickford’s non-controlling interest was de-recognized, and the difference between the fair value of NHI’s cost allocated to the redemption and the carrying amount for Bickford’s non-controlling interest was recorded as an adjustment to equity through additional-paid-in capital.

Provisions governing details of the unwinding reach to our various arrangements with Bickford and include but are not limited to the following:

For the 32 stabilized facilities previously owned by the joint venture, forward annual contractual rent is unchanged at \$26,260,000 plus annual escalators of 3%

For the five additional facilities under development owned by NHI, of which one opened in July, two opened in October 2016, and two are planned to open in the first half of 2017, funded amounts will be added to the lease basis during construction and up to the first six months after opening; thereafter, base rent will be charged to Bickford at a 9% annual rate. Once the facilities are stabilized, rent will be reset to fair market value.

33

Table of Contents

Future development projects between the parties will be funded through a construction loan at 9% annual interest. NHI has a purchase option at stabilization, whereby rent will be set based on our total investment with a floor of 9.55% on NHI's total investment.

On current and future development projects, Bickford as the operator will be entitled to incentive payments based on the achievement of predetermined operational milestones, the funding of which will increase the investment base for determining the NHI lease payment.

On June 1, 2016, in an asset acquisition, we acquired five assisted living and memory care facilities owned and operated by Bickford for \$87,500,000, including \$77,747,000 in cash and cancellation of notes and accrued interest receivable totaling \$9,753,000 (Note 4). Additionally, we have committed \$2,400,000 for capital expenditures and expansion of the existing facilities, the funding of which will be added to the lease base. The lease provides for an initial rate of 7.25% and term of 15 years plus two five-year renewal options. The annual lease escalator is 3%. NHI's purchase option on an additional Bickford facility was relinquished. The facilities, consisting of 277 total units, are located in Iowa (2), Missouri, Illinois, and Nebraska. The facilities were not included in the RIDEA joint venture between the parties.

Of our total revenues, \$8,528,000 (13%) and \$6,150,000 (11%) were recognized as rental income from Bickford for the three months ended September 30, 2016 and 2015, respectively, and \$21,999,000 (12%) and \$17,844,000 (10%) for the nine months ended September 30, 2016 and 2015, respectively.

The income statements for OpCo include the operating results of 32 same-store properties and 4 properties under development or lease-up. For accounting purposes, we are required to expense the pre-opening expenses and operating losses of newly-developed properties.

Unaudited summarized income statements for OpCo are presented below (in thousands):

| | Three Months Ended September 30, | | Nine Months Ended September 30, | |
|---|--|----------|---------------------------------------|----------|
| | 2016 | 2015 | 2016 | 2015 |
| Revenues | \$22,038 | \$19,625 | \$63,943 | \$56,776 |
| Operating expenses, including management fees | 16,244 | 13,508 | 45,415 | 39,043 |
| Lease expense, including straight-line rent | 6,463 | 6,235 | 19,332 | 18,117 |
| Depreciation and amortization | 212 | 179 | 619 | 516 |
| Net Loss | \$(881) | \$(297) | \$(1,423) | \$(900) |

On July 15, 2016, NHI extended a \$14,000,000 construction loan facility to Bickford for the purpose of developing and operating an assisted living/memory care community in Illinois. The total amount funded as of September 30, 2016 was \$1,500,000, interest is to accrue at 9%, and the loan is to mature on July 15, 2021. The promissory note is secured by a first mortgage lien on substantially all real and personal property as well as a pledge of any and all leases or agreements which may grant a right of use to the subject property. Usual and customary covenants extend to the agreement, including the borrower's obligation for payment of insurance and taxes. The loan and subject property were not included in the joint venture between the parties.

Table of Contents

Investment Highlights

Since January 1, 2016, we have made or announced the following investments related to real estate (\$ in thousands):

| | Properties | Asset Class | Amount |
|--|------------|-------------|-----------|
| Lease Investments | | | |
| Watermark Retirement / East Lake Capital Mgmt. | 2 | SHO | \$66,300 |
| The Ensign Group | 8 | SNF | 118,500 |
| Marathon/Village Concepts | 1 | SHO | 9,813 |
| Bickford Senior Living | 5 | SHO | 89,900 |
| Chancellor Health Care | 2 | SHO | 36,650 |
| Senior Living Communities | 1 | SHO | 74,000 |
| Note Investments | | | |
| Senior Living Communities | 1 | SHO | 14,000 |
| Senior Living Management | 5 | SHO | 24,500 |
| Bickford Senior Living | 1 | SHO | 14,000 |
| | | | \$447,663 |

Watermark Retirement / East Lake Capital

On June 1, 2016, NHI acquired two entrance fee continuing care retirement communities (“CCRCs”) from funds managed by certain affiliates of East Lake Capital Management (“East Lake”) for \$56,300,000 in cash, inclusive of a \$4,500,000 regulatory deposit, and entered into a lease transaction with affiliates of East Lake. The CCRCs consist of 460 units and are located in Bridgeport and Southbury, Connecticut. The communities are sub-leased to affiliates of Watermark Retirement Communities (“Watermark”), the current manager. The lease has a term of 15 years, with an initial lease rate to East Lake of 7% on our total investment with escalators of 3.5% in years two through four, and 3% annually thereafter. NHI has committed up to an additional \$10,000,000 for capital improvements and potential expansion of the communities over the next two years, of which \$747,000 was drawn at September 30, 2016.

In conjunction with the lease, East Lake acquired a purchase option on the properties as a whole, exercisable beginning in year six of the lease. The option will be based on our initial acquisition cost, our funding of capital improvements and expansions, other additional funding that may then be in place, or further rent escalations during the remaining duration of the option window.

Ensign Group

On April 1, 2016, we purchased eight skilled nursing facilities totaling 931 beds in Texas for \$118,500,000 in cash. The facilities were owned and operated by NHI’s existing tenant, Legend Healthcare (“Legend”), and we accounted for the purchase as an asset acquisition. Concurrent with the acquisition, we amended in-place leases covering the nine other skilled nursing facilities we leased to Legend, extending their provisions to the new facilities. The amendment also replaced purchase options that provided for equal sharing of any appreciation in value, within a specified range, with purchase options having a price determined at fair value, exercisable at the end of the lease term. Based on our analysis of the in-place rights, benefits and obligations, approximately \$6,400,000 of the consideration in the acquisition from Legend was allocated to canceled provisions related to the in-place leases.

Legend elected to transition its skilled nursing operations to a new operator on May 1, 2016, and NHI entered into a new 15-year master lease with affiliates of The Ensign Group, Inc. (“Ensign” NASDAQ: ENSG) on 15 of the former Legend facilities for an initial annual amount of \$17,750,000, plus an annual escalator based on inflation. NHI’s total original investment in the 15 facilities leased to Ensign is approximately \$211,000,000. The lease has two 5-year renewal options. Upon entering the new lease, NHI agreed to sell two existing skilled nursing facilities previously

under lease to Legend in Texas totaling 245 beds to Ensign for \$24,600,000. The Ensign lease, secured in part by the operator's corporate guaranty, replaces the amended Legend lease, and, accordingly, the rights, benefits and obligations held by Legend have terminated.

As part of this transaction, NHI is committed to purchase, from a developer, four new skilled nursing facilities in Texas for \$56,000,000 which are leased to Legend and subleased to Ensign. The purchase window for the first facility is open until February 2017. The other three facilities are under construction by the developer.

Table of Contents

Marathon/Village Concepts

On January 15, 2016, we acquired a 98-unit independent living community in Chehalis, Washington, for \$9,463,000 in cash inclusive of closing costs of \$213,000 plus an additional commitment to fund \$350,000 in specified capital improvements. We leased the facility to a partnership between Marathon Development and Village Concepts Retirement Communities for an initial lease term of 15 years. The lease provides for an initial annual lease rate of 7.25% plus annual escalators. Because the facility was owner-occupied, the acquisition was accounted for as an asset purchase.

Chancellor

On August 31, 2016, we acquired two facilities consisting of a senior living campus and a memory-care facility in McMinnville, Oregon, for \$36,650,000 in cash inclusive of closing costs of \$150,000. We leased the facilities to Chancellor Health Care for an initial lease term of 15 years, with renewal options, at an initial annual lease rate of 7.5% plus annual escalators. Because the facility was owner-occupied, the acquisition was accounted for as an asset purchase.

Senior Living Communities

In March 2016, we extended mezzanine loans of \$12,000,000 and \$2,000,000 to affiliates of Senior Living Communities, LLC, to partially fund construction of a 186-unit senior living campus on Daniel Island in North Carolina. The loans, which are payable monthly, bear interest at 10% per annum and mature in March 2021. The loans, having a total balance of \$6,024,000 at September 30, 2016, are in addition to the \$15,000,000 revolving line of credit we provided Senior Living in connection with our 2014 lease of 8 retirement communities.

On November 3, 2016, we announced plans to acquire Evergreen Woods, a 299-unit continuing care retirement community in Connecticut, for \$74,000,000 in cash, inclusive of a \$4,000,000 regulatory deposit. The facility will be added to our existing master lease with Senior Living at the existing lease rate of 6.77%, subject to 4% escalation in January 2017 and 2018 and 3% thereafter. As an addition to our master lease with Senior Living, the initial term is 13 years, plus renewal options.

Senior Living Management

On August 3, 2016, we entered into an agreement to furnish through its corporate entity and affiliates our current tenant, Senior Living Management (“SLM”), Inc., with loans of up to \$24,500,000 to facilitate SLM’s acquisition of five senior housing facilities that it currently operates. The loans consist of two notes under a master credit agreement, include both a mortgage and a corporate loan, and bear interest at 8.25% with terms of five years, plus optional one and two-year extensions. NHI has a right of first refusal if SLM elects to sell one or more of the facilities. To date, \$12,556,000 has been drawn on the two loans.

Other Portfolio Activity

Our leases are typically structured as “triple net leases” on single-tenant properties having an initial leasehold term of 10 to 15 years with one or more 5-year renewal options. As such, there may be reporting periods in which we experience few, if any, lease renewals or expirations. During the three months ended September 30, 2016, we did not have any renewing or expiring leases.

Most of our existing leases contain annual escalators in rent payments. For financial statement purposes, rental income is recognized on a straight-line basis over the term of the lease. Certain of our operators hold purchase options

allowing them to acquire properties they currently lease from NHI. For options open or coming open in 2016, we are engaged in preliminary negotiations to continue as lessor or in some other capacity.

In January 2016 we received full payment from an affiliate of our current lessee, Discovery Senior Living, on a \$2,500,000 second mortgage loan we originally provided in October 2013 for the construction of a senior housing community in Naples, Florida.

In October 2016, as a result of material noncompliance with lease terms, we began exploratory measures to effect either transitioning the lease of a 126-unit assisted living portfolio from the current tenant or the marketing of the underlying properties. Either of these courses of action result in recording a reserve, for accounting purposes, at September 30, 2016, of \$1,131,000 related to straight-line rent receivables. While straight-line receivables represent the effects of recognizing future escalations under terms of the lease using the straight-line method, we anticipate full recovery of all amounts billed to date under the lease. We have made no provision for any legal or other costs associated with the transition, as these amounts are neither estimable nor, in the opinion of management, material to our financial position or results of operations. Contractual rent received through August 2016 was \$1,491,000.

Table of Contents

Timber Ridge

In February 2015, we entered into an agreement to lend up to \$154,500,000 to LCS-Westminster Partnership III LLP (“LCS-WP”), an affiliate of Life Care Services (“LCS”). The loan agreement conveys a mortgage interest and will facilitate the construction of Phase II of Timber Ridge at Talus (“Timber Ridge”), a Type-A Continuing Care Retirement Community in Issaquah, WA managed by LCS.

The loan takes the form of two notes under a master credit agreement. The senior note (“Note A”) totals \$60,000,000 at a 6.75% interest rate with 10 basis-point escalators after year three, and has a term of 10 years. We have funded \$33,936,000 of Note A as of September 30, 2016. We anticipate fully funding Note A by December 31, 2016. Note A is interest-only and is locked to prepayment for three years. After year three, the prepayment penalty starts at 5% and declines 1% per year. The second note (“Note B”) is a construction loan for up to \$94,500,000 at an annual interest rate of 8% and a five-year maturity and was fully funded as of September 30, 2016. We expect substantial repayment with new resident entrance fees upon the opening of Phase II. In October, 2016, Phase II opened, and LCS began repayment of the outstanding balance on Note B, with remittances of \$20,597,000 during October.

NHI has a purchase option on the entire Timber Ridge property for the greater of fair market value or \$115,000,000 during a purchase option window of 120 days that will contingently open in year five or upon earlier stabilization of the development, as defined. The current basis of our investment in Timber Ridge loans, net of unamortized commitment fees, is \$127,324,000, but we are obligated to complete the funding of both Notes A and B of up to \$154,500,000, which represents the maximum exposure to loss of NHI due to our relationship with Timber Ridge.

Real Estate and Mortgage Write-downs

Our borrowers and tenants experience periods of significant financial pressures and difficulties similar to other health care providers. Governments at both the federal and state levels have enacted legislation to lower, or at least slow, the growth in payments to health care providers. Furthermore, the cost of professional liability insurance has increased significantly during this same period. Since inception, a number of our facility operators and mortgage loan borrowers have undergone bankruptcy. Others have been forced to surrender properties to us in lieu of foreclosure or, for certain periods, have failed to make timely payments on their obligations to us.

We believe that the carrying amounts of our real estate properties are recoverable and that mortgage notes receivable are realizable and supported by the value of the underlying collateral. However, it is possible that future events could require us to make significant adjustments to these carrying amounts. In recording the transition of our leases from Legend to Ensign, we wrote off the \$6,400,000 fair value assigned to the former Legend leases and \$8,326,000 of accumulated straight-line rent receivable. Another \$1,131,000 of accumulated straight-line receivables were written off in the preparation for transition to a new tenant in in the four-facility portfolio mentioned above.

The above write-offs have been classified among operating expenses as “Loan and realty losses (recoveries)” in our accompanying Condensed Consolidated Statement of Income. The losses are non-cash, transactional in nature, and relate to accounting conventions governing the recording of leases when a new lessee replaces a former lessee. Due to the nature of these items as unusual and infrequent transactions, we have adjusted their effect in our presentation of non-GAAP financial measures.

Potential Effects of Medicare Reimbursement

Our tenants who operate skilled nursing facilities receive a significant portion of their revenues from governmental payors, primarily Medicare (federal) and Medicaid (states). Changes in reimbursement rates and limits on the scope of services reimbursed to skilled nursing facilities could have a material impact on the operators’ liquidity and financial

condition. On April 21, 2016, the Centers for Medicare & Medicaid Services (“CMS”) released a proposed rule outlining a 1.6% increase in their Medicare reimbursement for fiscal year 2017 beginning on October 1, 2016. We currently estimate that our borrowers and lessees will be able to withstand this nominal Medicare increase due to their credit quality, profitability and their debt or lease coverage ratios, although no assurances can be given as to what the ultimate effect that similar Medicare increases on an annual basis would have on each of our borrowers and lessees. According to industry studies, state Medicaid funding is not expected to keep pace with inflation. Federal legislative policies have been adopted and continue to be proposed that would reduce Medicare and/or Medicaid payments to skilled nursing facilities. Accordingly, for the near-term, we are treating as cautionary the Federal Government’s recent re-commitment, after debating a ‘chained CPI’ indexing, to fully index Social Security to inflation. In this cautious approach, any near-term acquisitions of skilled nursing facilities are planned on a selective basis, with emphasis on operator quality and newer construction.

Table of Contents

Results of Operations

The significant items affecting revenues and expenses are described below (in thousands):

| | Three Months Ended | | Period Change | |
|--|--------------------|--------------------|---------------|----------------|
| | September 30, 2016 | September 30, 2015 | \$ | % |
| Revenues: | | | | |
| Rental income | | | | |
| 15 SNFs leased to Ensign Group transitioned from Legend ALFs operated by Bickford Senior Living | \$4,438 | \$2,352 | \$2,086 | 88.7 % |
| 1 ALF, 2 SLCs and 2 EFCs leased to East Lake Capital Management | 8,044 | 6,115 | 1,929 | 31.5 % |
| ILFs leased to an affiliate of Holiday Retirement | 2,212 | 1,171 | 1,041 | 88.9 % |
| 7 EFCs and 1 SLC leased to Senior Living Communities | 8,713 | 8,338 | 375 | 4.5 % |
| ALFs leased to Chancellor Health Care | 8,060 | 7,750 | 310 | 4.0 % |
| 2 SNFs leased to Legend; disposed prior to Q3 2016 | 1,158 | 864 | 294 | 34.0 % |
| SNFs leased to Fundamental Long Term Care ¹ | — | 791 | (791) |) NM |
| Other new and existing leases | 676 | 1,409 | (733) |) (52.0)% |
| | 19,971 | 19,485 | 486 | 2.5 % |
| | 53,272 | 48,275 | 4,997 | 10.4 % |
| Straight-line rent adjustments, new and existing leases | 6,000 | 6,184 | (184) |) (3.0)% |
| Total Rental Income | 59,272 | 54,459 | 4,813 | 8.8 % |
| Interest income from mortgage and other notes | | | | |
| Timber Ridge mortgage and construction loans | 2,316 | 1,054 | 1,262 | NM |
| SLM mortgage, mezzanine, and construction loans | 173 | 4 | 169 | NM |
| Senior Living Communities construction loan | 236 | 123 | 113 | 91.9 % |
| Mortgage and other notes paid off during the period | 10 | 369 | (359) |) (97.3)% |
| Other new and existing mortgages | 856 | 957 | (101) |) (10.6)% |
| Total Interest Income from Mortgage and Other Notes | 3,591 | 2,507 | 1,084 | 43.2 % |
| Investment income and other | 388 | 1,255 | (867) |) (69.1)% |
| Total Revenue | 63,251 | 58,221 | 5,030 | 8.6 % |
| Expenses: | | | | |
| Depreciation | | | | |
| 15 SNFs leased to Ensign Group transitioned from Legend | 1,320 | 526 | 794 | NM |
| 1 ALF, 2 SLCs and 2 EFCs leased to East Lake Capital Management | 740 | 444 | 296 | 66.7 % |
| ALFs operated by Bickford Senior Living | 2,649 | 1,956 | 693 | 35.4 % |
| Other new and existing assets | 10,531 | 10,559 | (28) |) (0.3)% |
| Total Depreciation | 15,240 | 13,485 | 1,755 | 13.0 % |
| Interest expense and amortization of debt issuance costs and discounts | 10,816 | 9,772 | 1,044 | 10.7 % |
| Payroll and related compensation expenses | 1,055 | 478 | 577 | NM |
| Loan and realty losses | 1,131 | — | 1,131 | NM |
| Other expenses | 1,541 | 1,544 | (3) |) (0.2)% |
| | 29,783 | 25,279 | 4,504 | 17.8 % |
| Income before equity-method investee, TRS tax benefit, investment and other gains and noncontrolling interest | 33,468 | 32,942 | 526 | 1.6 % |
| Loss from equity-method investee | (754) | (252) | (502) |) NM |
| Income tax (expense) benefit attributable to taxable REIT subsidiary | (933) | 100 | (1,033) |) NM |
| Investment and other gains | 1,657 | 1,187 | 470 | 39.6 % |
| Net income | 33,438 | 33,977 | (539) | (1.6)% |
| Less: net income attributable to noncontrolling interest | (406) | (377) | (29) |) 7.7 % |

| | | | | |
|--|----------|----------|----------|---------|
| Net income attributable to common stockholders | \$33,032 | \$33,600 | \$(568) | (1.7)% |
|--|----------|----------|----------|---------|

NM - not meaningful

¹ Two Texas SNFs disposed since September 30, 2015

38

Table of Contents

Financial highlights of the quarter ended September 30, 2016, compared to 2015 were as follows:

Rental income increased \$4,813,000, or 8.8%, primarily as a result of new investments funded in 2015 and 2016. The increase in rental income included a \$184,000 decrease in straight-line rent adjustments. Generally accepted accounting principles require rental income to be recognized on a straight-line basis over the term of the lease to give effect to scheduled rent escalators that are determinable at lease inception. Generally, future increases in rental income depend on our ability to make new investments which meet our underwriting criteria.

Interest income from mortgage and other notes increased \$1,084,000 primarily due to advances made on our mortgage and construction loan commitment to the Timber Ridge entrance fee community as described in Investment Highlights, partially offset by lower interest income from notes paid off since September 2015. We expect total interest income from our loan portfolio to decrease as repayments of our \$94,500,000 construction loan to Timber Ridge began in October 2016 and we expect the loan to be fully repaid by the end of 2017. Interest income from our loan portfolio is also subject to decrease due to normal maturities, scheduled principal amortization and early payoffs of individual loans.

Depreciation expense increased \$1,755,000 primarily due to new real estate investments completed since September 2015.

Interest expense, including amortization of debt issuance costs and discounts, increased \$1,044,000 primarily as a result of the timing and amount of new borrowings since September 2015, and our strategic focus to refinance short-term borrowings on our revolving credit facility at variable interest rates with long-term debt at fixed rates. This strategy helps to mitigate the risk of rising interest rates and lock in the investment spread between our lease revenue and our cost of debt capital.

Payroll and related expenses increased \$577,000 due primarily to the executive compensation accruals reversed during the 2015 third quarter upon the departure of our former President and CEO.

Loan and realty losses of \$1,131,000 relate to the non-cash write-off of straight-line rent receivable resulting from material non-compliance with lease terms in connection with a 126-unit portfolio, which NHI is endeavoring to transition to another tenant or market the properties.

A \$754,000 loss from our 85% interest in the loss from OpCo, our RIDEA joint venture entity, was due primarily to seasonal factors, increases in wages and the presence of \$291,000 in pre-opening losses in the third quarter of 2016 among four development properties.

Investment and other gains includes \$1,657,000 recorded as a gain on the sale of our 85% non-controlling interest in OpCo.

Table of Contents

The significant items affecting revenues and expenses are described below (in thousands):

| | Nine Months Ended | | Period Change | |
|--|-----------------------|----------------|------------------|-----------------|
| | September 30, 2016 | 2015 | \$ | % |
| Revenues: | | | | |
| Rental income | | | | |
| 15 SNFs leased to Ensign Group transitioned from Legend | \$11,223 | \$7,016 | \$4,207 | 60.0 % |
| ALFs operated by Bickford Senior Living | 21,517 | 17,609 | 3,908 | 22.2 % |
| 1 ALF, 2 SLCs and 2 EFCs leased to East Lake Capital Management | 4,882 | 1,171 | 3,711 | NM |
| ILFs leased to an affiliate of Holiday Retirement | 26,139 | 25,013 | 1,126 | 4.5 % |
| ALFs leased to Chancellor Health Care | 3,461 | 2,494 | 967 | 38.8 % |
| 7 EFCs and 1 SLC leased to Senior Living Communities | 24,180 | 23,250 | 930 | 4.0 % |
| SNFs leased to Fundamental Long Term Care ¹ | 2,006 | 4,207 | (2,201) | (52.3)% |
| 2 SNFs leased to Legend; disposed prior to Q3 2016 | 993 | 2,336 | (1,343) | (57.5)% |
| Other new and existing leases | 60,390 | 58,036 | 2,354 | 4.1 % |
| | 154,791 | 141,132 | 13,659 | 9.7 % |
| Straight-line rent adjustments, new and existing leases | 16,583 | 18,492 | (1,909) | (10.3)% |
| Total Rental Income | 171,374 | 159,624 | 11,750 | 7.4 % |
| Interest income from mortgage and other notes | | | | |
| Timber Ridge mortgage and construction loans | 6,026 | 2,181 | 3,845 | NM |
| Senior Living Communities construction and mezzanine loans | 667 | 294 | 373 | NM |
| SLM mortgage, mezzanine, and construction loans | 178 | 11 | 167 | NM |
| Capital Funding Group | 1,182 | 1,537 | (355) | (23.1)% |
| Mortgage and other notes paid off during the period | 556 | 1,819 | (1,263) | (69.4)% |
| Other new and existing mortgages | 1,306 | 1,307 | (1) | (0.1)% |
| Total Interest Income from Mortgage and Other Notes | 9,915 | 7,149 | 2,766 | 38.7 % |
| Investment income and other | 2,184 | 3,512 | (1,328) | (37.8)% |
| Total Revenue | 183,473 | 170,285 | 13,188 | 7.7 % |
| Expenses: | | | | |
| Depreciation | | | | |
| 1 ALF, 2 SLCs and 2 EFCs leased to East Lake Capital Management | 1,740 | 444 | 1,296 | NM |
| 15 SNFs leased to Ensign Group transitioned from Legend | 3,166 | 1,577 | 1,589 | 100.8 % |
| ALFs operated by Bickford Senior Living | 6,939 | 5,660 | 1,279 | 22.6 % |
| ALFs leased to Chancellor Health Care | 1,158 | 746 | 412 | 55.2 % |
| Other new and existing assets | 30,665 | 31,075 | (410) | (1.3)% |
| Total Depreciation | 43,668 | 39,502 | 4,166 | 10.5 % |
| Interest expense and amortization of debt issuance costs and discounts | 31,745 | 27,471 | 4,274 | 15.6 % |
| Payroll and related compensation expenses | 3,060 | 3,193 | (133) | (4.2)% |
| Compliance, consulting and professional fees | 2,124 | 2,384 | (260) | (10.9)% |
| Non-cash share-based compensation expense | 1,481 | 1,930 | (449) | (23.3)% |
| Loan and realty losses (recoveries) | 15,856 | (491) | 16,347 | NM |
| Other expenses | 1,785 | 1,496 | 289 | 19.3 % |
| | 99,719 | 75,485 | 24,234 | 32.1 % |
| Income before equity-method investee, TRS tax benefit, investment and other gains and noncontrolling interest | 83,754 | 94,800 | (11,046) | (11.7)% |
| Loss from equity-method investee | (1,214) | (765) | (449) | 58.7 % |
| Income tax (expense) benefit attributable to taxable REIT subsidiary | (749) | 306 | (1,055) | NM |
| Investment and other gains | 29,737 | 1,187 | 28,550 | NM |
| Net income | 111,528 | 95,528 | 16,000 | 16.7 % |

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 10-Q

| | | | | |
|--|-----------|----------|----------|--------|
| Less: Net income attributable to noncontrolling interest | (1,176) | (1,062) | (114) | 10.7 % |
| Net income attributable to common stockholders | \$110,352 | \$94,466 | \$15,886 | 16.8 % |

NM - not meaningful

¹ Two Texas SNFs disposed since September 30, 2015

40

Table of Contents

Financial highlights of the nine months ended September 30, 2016, compared to the same period in 2015 were as follows:

Rental income increased \$11,750,000, or 7.4%, primarily as a result of new investments funded in 2015 and 2016. The increase in rental income included a \$1,909,000 decrease in straight-line rent adjustments. Generally accepted accounting principles require rental income to be recognized on a straight-line basis over the term of the lease to give effect to scheduled rent escalators that are determinable at lease inception. Generally, future increases in rental income depend on our ability to make new investments which meet our underwriting criteria.

Interest income from mortgage and other notes increased \$2,766,000 primarily due to advances made on our mortgage and construction loan commitment to the Timber Ridge entrance fee community as described in Investment Highlights, partially offset by lower interest income from notes paid off since September 2015. We expect total interest income from our loan portfolio to decrease as repayments of our \$94,500,000 construction loan to Timber Ridge began in October 2016 and we expect the loan to be fully repaid by the end of 2017. Interest income from our loan portfolio is also subject to decrease due to normal maturities, scheduled principal amortization and early payoffs of individual loans.

- Depreciation expense recognized in continuing operations increased \$4,166,000 compared to the prior year primarily due to new real estate investments completed since September 2015.

Interest expense, including amortization of debt issuance costs and discounts, increased \$4,274,000 primarily as a result of the timing and amount of new borrowings and our strategic focus to refinance short-term borrowings on our revolving credit facility at variable interest rates with long-term debt at fixed rates. This strategy helps to mitigate the risk of rising interest rates and lock in the investment spread between our lease revenue and our cost of debt capital.

Payroll and related expenses decreased \$133,000 due primarily to reduced compensation accruals resulting from the departure of our former President and CEO in 2015 and were partially offset by costs resulting from additions to our management team and corporate staff.

Loan and realty losses of \$15,856,000 relate to non-cash transactional write-offs involving the acquisition of eight skilled nursing facilities from Legend and transition of a total of 15 SNF leases to Ensign in the second quarter of 2016, and the non-cash write-off of straight-line rent receivable during the third quarter of 2016 resulting from a tenant's material non-compliance with our lease terms and our planned transition to another tenant or to market the properties.

Investment and other gains includes \$23,498,000 from the sale of marketable securities, \$2,805,000 from the sale of two Texas skilled nursing facilities in May 2016, \$1,654,000 from the sale of an Idaho skilled nursing facility in March 2016, \$123,000 from the sale of a vacant land parcel in Alabama and \$1,657,000 recorded as a gain on the sale of our 85% non-controlling interest in OpCo.

Table of Contents

Liquidity and Capital Resources

Sources and Uses of Funds

Our primary sources of cash include rent payments, principal and interest payments on mortgage and other notes receivable, dividends received on our investments in the common and preferred shares of other REITs, proceeds from the sales of real property, borrowings from various debt capital sources and the proceeds from the issuance of our common shares. Our primary uses of cash include dividend distributions to our shareholders, debt service payments (both principal and interest), new investments in real estate and notes and for general corporate overhead.

These sources and uses of cash are reflected in our Condensed Consolidated Statements of Cash Flows as summarized below (dollars in thousands):

| | Nine Months | | One Year Change | |
|--|--------------------------|-----------|-----------------|---------|
| | Ended September 30, 2016 | 2015 | \$ | % |
| Cash and cash equivalents at beginning of period | \$13,286 | \$3,287 | \$9,999 | 304.2 % |
| Net cash provided by operating activities | 129,316 | 120,796 | 8,520 | 7.1 % |
| Net cash used in investing activities | (300,166) | (158,746) | (141,420) | 89.1 % |
| Net cash provided by financing activities | 161,761 | 48,860 | 112,901 | 231.1 % |
| Cash and cash equivalents at end of period | \$4,197 | \$14,197 | \$(10,000) | (70.4)% |

Operating Activities – Net cash provided by operating activities for the nine months ended September 30, 2016 increased as compared to 2015 primarily as a result of the collection of lease payments on new real estate investments since September 2016.

Investing Activities – Net cash used in investing activities for the nine months ended September 30, 2016 increased primarily due to \$389,899,000 of investments in real estate and notes which were partially offset by sales of marketable securities and certain real estate assets.

Financing Activities – The change in net cash related to financing activities for the nine months ended September 30, 2016 compared to the same period in 2015 is primarily the result of borrowings on our revolving credit facility, \$75,000,000 in unsecured debt from a private placement lender and \$104,190,000 in proceeds from stock issuances. These capital sources were partially offset by dividends paid to stockholders which increased \$9,714,000 over the same period in 2015 due to a 5.9% increase in our per share dividend and the issuance of additional common shares.

Liquidity

At September 30, 2016, our liquidity was strong, with \$425,597,000 available in cash and borrowing capacity on our revolving credit facility.

Our ATM program, discussed below, and our investment in marketable securities, carried at fair value of approximately \$23,871,000 at September 30, 2016, represent additional sources of liquidity. Traditionally, debt financing and cash resulting from operating and financing activities, which are derived from proceeds of lease and mortgage collections, loan payoffs and the recovery of previous write-downs, have been used to satisfy our operational and investing needs and to provide a return to our shareholders. Those operational and investing needs reflect the resources necessary to maintain and cultivate our funding sources and have generally fallen into three categories: debt service, REIT operating expenses, and new real estate investments.

In June 2015, we entered into an amended \$800,000,000 senior unsecured credit facility with a group of banks. The facility can be expanded, subject to certain conditions, up to an additional \$250,000,000. The amended credit facility provides for: (1) a \$550,000,000 revolving credit facility that matures in June 2020 (inclusive of an embedded 1-year extension option) with interest at 150 basis points over 30-day LIBOR (53 bps at September 30, 2016); (2) an existing \$130,000,000 term loan that matures in June 2020 with interest at 175 basis points over LIBOR of which interest of 3.91% is fixed with an interest rate swap agreement; and (3) two existing term loans which also remain in place totaling \$120,000,000, maturing in June 2020 and bearing interest at 175 basis points over LIBOR, with a notional amount of \$40,000,000 being fixed at 3.29% until 2019 and \$80,000,000 being fixed at 3.86% until 2020.

At September 30, 2016, we had \$421,400,000 available to draw on the revolving portion of the credit facility. The unused commitment fee is 40 basis points per annum. The unsecured credit facility requires that we maintain certain financial ratios within limits set by our creditors. To date, these ratios, which are calculated quarterly, have been within the limits required by the credit facility agreements.

Table of Contents

We began liquidating our position in LTC Properties, Inc. (“LTC”) common stock in the fourth quarter of 2015. In May and June 2016, we sold 834,660 shares of LTC common stock, in a further reduction of our LTC holdings. During 2016 we have realized net proceeds of \$39,401,000 from these sales and an additional \$17,048,000 from sales in January 2016 of marketable debt securities held at amortized cost. A taxable gain of approximately \$23,498,000 resulting therefrom is expected to be adequately offset by depreciation and other deductions in the calculation of our REIT taxable income, making all of the proceeds available for deployment.

In June 2016, we completed an at-the market (“ATM”) equity offering. With a weighted average price for shares sold of \$71.30, we issued 714,666 common shares resulting in net proceeds of \$50,189,000, which we used to pay down our revolving credit facility. We entered into further ATM sales beginning in August 2016 to provide ratable equity funding for our third quarter investments and in anticipation of our Evergreen acquisition announced November 3, 2016. We obtained an average price for shares sold of \$80.51, in issuing 680,976 common shares, resulting in net proceeds of \$54,001,000.

The use of funds from our ATM and the sales of LTC common stock effected a rebalancing of our leverage in response to our year-to-date acquisitions and keeps our options flexible for further expansion. We continue to explore various other funding sources including bank term loans, convertible debt, traditional equity placement, unsecured bonds and senior notes, debt private placement and secured government agency financing. We view our ATM program as an effective way to match-fund our smaller acquisitions by exercising control over the timing and size of transactions and achieving a more favorable cost of capital as compared to larger follow-on offerings.

We expect that borrowings on our revolving credit facility, liquidation of our marketable securities and our ATM program will allow us to continue to make real estate investments during the remainder of 2016 and in 2017.

We intend to use the net proceeds from the ATM program for general corporate purposes, which may include future acquisitions and repayment of indebtedness, including borrowings under our credit facility. The offerings have been made pursuant to a prospectus supplement dated February 17, 2015 and a related prospectus dated March 18, 2014, which constitute a part of NHI’s effective shelf registration statement that was previously filed with the Securities and Exchange Commission. We expect to update the 2015 prospectus supplement in the first quarter of 2017.

We plan to refinance borrowings on our revolving credit facility through the ATM and longer-term debt instruments. We will consider secured debt from U.S. Govt. agencies, including HUD, private placements of unsecured debt, and public offerings of debt and equity. We anticipate that our historically low cost of debt capital will rise in the near to mid-term, as the federal government transitions away from quantitative easing.

To mitigate our exposure to interest rate risk, we have entered into the following interest rate swap contracts on three of our term loans as of September 30, 2016 (dollars in thousands):

| Date Entered | Maturity Date | Fixed Rate | Rate Index | Notional Amount | Fair Value |
|--------------|---------------|------------|---------------|-----------------|------------|
| May 2012 | April 2019 | 3.29% | 1-month LIBOR | \$40,000 | \$(743) |
| June 2013 | June 2020 | 3.86% | 1-month LIBOR | \$80,000 | \$(3,572) |
| March 2014 | June 2020 | 3.91% | 1-month LIBOR | \$130,000 | \$(6,028) |

If we modify or replace existing debt, we would incur debt issuance costs. These fees would be subject to amortization over the term of the new debt instrument and may result in the write-off of fees associated with debt which has been replaced or modified. Sustaining long-term dividend growth will require that we consider all forms of capital mentioned above, with the goal of maintaining a low-leverage balance sheet as mitigation against potential adverse changes in the business of our tenants and borrowers.

We intend to comply with REIT dividend requirements that we distribute at least 90% of our annual taxable income for the year ending December 31, 2016 and thereafter. During the third quarter of 2016, we declared a quarterly dividend of \$.90 per common share to shareholders of record on September 30, 2016, payable on November 10, 2016. This matches the quarterly dividend for the 1st and 2nd quarter of 2016.

Off Balance Sheet Arrangements

We currently have no outstanding guarantees. For additional information on our letter of credit with Sycamore, an affiliate of Bickford, see our discussion in this section under Contractual Obligations and Contingent Liabilities below.

Table of Contents

Our loans to LCS-WP, loans and leases with Bickford, SLC and SLM, our leases with East Lake and our commitments to Sycamore and the Ensign developer represent variable interests in those enterprises. The nature of our relationships with these entities and meaningful terms of arrangements between us are detailed further in Notes 1, 2, 4 and 12 to the consolidated financial statements. Generally, each of the entities is structured to afford a corporate veil separating ownership from operational interests. In these cases, the capitalization level resultant from such structuring causes NHI to consider each a VIE, since capitalization adequate for ongoing operations does not necessarily demonstrate adequacy to fund “expected losses,” as defined by ASC 815. We do not control these entities, nor do we have any role in their day-to-day management, and we conclude that we are not their primary beneficiary. Except as discussed below under Contractual Obligations and Contingent Liabilities, we have no further material obligations arising from transactions with these entities, and we believe our maximum exposure to loss at September 30, 2016, due to our involvement would be limited to our contractual commitments and contingent liabilities, the amount of credit we currently extend to them and the extent of our straight-line lease receivables.

Contractual Obligations and Contingent Liabilities

As of September 30, 2016, our contractual payment obligations and contingent liabilities are more fully described in the notes to the consolidated financial statements and were as follows (in thousands):

| | Total | Less than 1 year | 1-3 years | 3-5 years | More than 5 years |
|---------------------------------------|-------------|---------------------|-----------|-----------|-------------------------|
| Debt, including interest ¹ | \$1,404,573 | \$30,570 | \$127,421 | \$659,578 | \$587,003 |
| Real estate purchase liabilities | 750 | 750 | — | — | — |
| Construction commitments | 27,206 | 27,206 | — | — | — |
| Loan commitments | 69,261 | 69,261 | — | — | — |
| | \$1,501,790 | \$127,787 | \$127,421 | \$659,578 | \$587,003 |

¹ Interest is calculated based on the weighted average interest rate of outstanding debt balances as of September 30, 2016. The calculation also includes an unused commitment fee of .40%.

Commitments and Contingencies

| | Asset Class | Type | Total | Funded | Remaining |
|--------------------------------------|-------------|-------------------|---------------|-----------------|--------------|
| Commitments: | | | | | |
| Life Care Services | SHO | Construction Loan | \$154,500,000 | \$(128,436,000) | \$26,064,000 |
| Bickford Senior Living | SHO | Construction Loan | \$14,000,000 | \$1,500,000 | \$15,500,000 |
| Bickford Senior Living | SHO | Construction | \$55,000,000 | \$(43,017,000) | \$11,983,000 |
| Chancellor Health Care | SHO | Construction | \$650,000 | \$(52,000) | \$598,000 |
| East Lake/Watermark Retirement | SHO | Renovation | \$10,000,000 | \$747,000 | \$10,747,000 |
| Santé Partners | SHO | Renovation | \$3,500,000 | \$(2,621,000) | \$879,000 |
| Bickford Senior Living | SHO | Renovation | \$2,400,000 | \$— | \$2,400,000 |
| East Lake Capital Management | SHO | Renovation | \$400,000 | \$— | \$400,000 |
| Woodland Village | SHO | Renovation | \$350,000 | \$158,000 | \$508,000 |
| Senior Living Communities | SHO | Revolving Credit | \$29,000,000 | \$(10,246,000) | \$18,754,000 |
| Senior Living Management | SHO | Mezzanine Loan | \$24,500,000 | \$12,556,000 | \$37,056,000 |
| Legend/The Ensign Group | SNF | Purchase | \$56,000,000 | \$— | \$56,000,000 |
| Contingencies: | | | | | |
| East Lake Capital Management | SHO | Lease Inducement | \$8,000,000 | \$— | \$8,000,000 |
| East Lake Capital Management | SHO | Seller Earnout | \$750,000 | \$— | \$750,000 |
| Sycamore Street (Bickford affiliate) | SHO | Letter-of-credit | \$3,930,000 | \$— | \$3,930,000 |

| | | | | | |
|------------------------|-----|-------------------|-------------|-----|-------------|
| Santé Partners | SHO | Lease Inducement | \$2,000,000 | \$— | \$2,000,000 |
| Bickford Senior Living | SHO | Construction Loan | \$2,000,000 | \$— | \$2,000,000 |

Bickford

In February 2015 we announced plans to develop five senior housing facilities in Illinois and Virginia to be managed by Bickford and each consisting of 60 private-pay assisted living and memory care units. The total estimated project cost is \$55,000,000. These five properties represent the culmination of plans announced in 2012 between NHI and Bickford to construct a total of eight

Table of Contents

facilities. The first three communities, all in Indiana, opened in 2013 and 2014. As of September 30, 2016, land and development costs incurred on the project totaled \$43,017,000. One facility opened in July 2016, two opened in October 2016, and two are planned to open during the first half of 2017.

In conjunction with our acquisition of five assisted living and memory care communities in June 2016, we have committed to fund an additional \$2,400,000 for capital expenditures and the expansion of the existing facilities, the funding of which will be added to the lease base. No amounts have been funded toward our commitment as of September 30, 2016.

We have extended a \$14,000,000 construction loan facility to Bickford for the purpose of developing and operating an assisted living/memory care community in Illinois. Funding as of September 30, 2016 was \$1,500,000. Bickford may also borrow an additional \$2,000,000 upon achieving certain operating performance metrics.

In February 2014 we entered into a commitment on a letter of credit for the benefit of Sycamore, an affiliate of Bickford, which previously held a minority interest in PropCo. At September 30, 2016, our commitment on the letter of credit totaled \$3,930,000.

Chancellor

At September 30, 2016, we had a continuing commitment with Chancellor to provide up to \$650,000 for renovations and improvements related to a senior housing community in Oregon. We have funded \$52,000 as of September 30, 2016.

East Lake

In connection with our July 2015 lease of three senior housing properties, NHI has committed to East Lake certain lease incentive payments of \$8,000,000 contingent on reaching and maintaining certain metrics, a contingent earnout of \$750,000 payable to the seller upon attaining certain metrics, and the funding of an additional \$400,000 for specified capital improvements. At acquisition, we estimated the seller contingent earnout payment to be probable and accordingly, have reflected that amount in our Condensed Consolidated Balance Sheet at September 30, 2016. We are unaware of circumstances that would change our initial assessment as to the contingent earnout and lease incentives. Funding of capital improvements and contingent payments earned will be included in the lease base when funded. Additionally, NHI has committed up to an additional \$10,000,000 for capital improvements and potential expansion of the two CCRCs acquired in June 2016, of which \$747,000 was drawn at September 30, 2016.

The Ensign Group

Our May 2016 lease of 15 skilled nursing facilities in Texas to The Ensign Group, as discussed in Note 2, includes a commitment from NHI to purchase four skilled nursing facilities in Texas for \$56,000,000 which are leased to Legend and subleased to Ensign. The purchase window for the first facility is open. The other three facilities are under construction by the developer.

Life Care Services

As discussed in Note 4, we have a remaining loan commitment to an affiliate of Life Care Services for \$26,064,000.

Santé

We are committed to fund a \$3,500,000 expansion and renovation program at our Silverdale, Washington senior living campus and as of September 30, 2016, had funded \$2,621,000, which was added to the basis on which the lease amount is calculated. In addition, we have a contingent commitment to fund a lease inducement payment of \$2,000,000. Santé would earn the payment upon attaining and sustaining a specified lease coverage ratio. If earned, the payment would be due following calendar year 2016. At acquisition, incurring the contingent payments was not considered probable. No change to our initial assessment has been made as a result of operations to date in 2016, and accordingly, no provision for these payments is reflected in the condensed consolidated financial statements.

Senior Living Communities

As of September 30, 2016, we were committed to Senior Living to fund \$15,000,000 on a revolving credit facility, with \$10,904,000 undrawn, and \$14,000,000 on a mezzanine loan, with \$7,850,000 undrawn, related to the ongoing construction of a senior living campus on Daniel Island in South Carolina. For more information see Note 4.

Table of Contents

Senior Living Management

We are committed to furnish to our current tenant, Senior Living Management, Inc. (“SLM”), through its affiliates, loans of up to \$24,500,000 to facilitate SLM’s acquisition of five senior housing facilities that it currently operates. The total amounts funded were \$12,556,000 as of September 30, 2016.

Marathon/Village Concepts

We are committed to fund up to \$350,000 in specific capital improvements to our independent living community in Chehalis, Washington. A total of \$158,000 has been funded as of September 30, 2016, and added to the lease base on which the lease amount is calculated.

Litigation

Our facilities are subject to claims and suits in the ordinary course of business. Our lessees and borrowers have indemnified, and are obligated to continue to indemnify us, against all liabilities arising from the operation of the facilities, and are further obligated to indemnify us against environmental or title problems affecting the real estate underlying such facilities. While there may be lawsuits pending against certain of the owners and/or lessees of the facilities, management believes that the ultimate resolution of all such pending proceedings will have no material adverse effect on our financial condition, results of operations or cash flows.

Table of Contents

FFO, AFFO & FAD

These supplemental operating performance measures may not be comparable to similarly titled measures used by other REITs. Consequently, our Funds From Operations (“FFO”), Normalized FFO, Normalized Adjusted Funds From Operations (“AFFO”) and Normalized Funds Available for Distribution (“FAD”) may not provide a meaningful measure of our performance as compared to that of other REITs. Since other REITs may not use our definition of these operating performance measures, caution should be exercised when comparing our Company’s FFO, Normalized FFO, Normalized AFFO and Normalized FAD to that of other REITs. These financial performance measures do not represent cash generated from operating activities in accordance with generally accepted accounting principles (“GAAP”) (these measures do not include changes in operating assets and liabilities) and therefore should not be considered an alternative to net earnings as an indication of operating performance, or to net cash flow from operating activities as determined by GAAP as a measure of liquidity, and are not necessarily indicative of cash available to fund cash needs.

Funds From Operations - FFO

Our FFO per diluted common share for the three months ended September 30, 2016 decreased \$0.01 (0.8%) compared to the same period in 2015 due primarily to the timing of our equity issuances and the dilutive effect of 274,544 shares resulting from our convertible subordinated debentures being in the money during the third quarter. Our FFO per diluted common share for the nine months ended September 30, 2016 increased \$.31 (8.8%) over the same period in 2015. FFO increased primarily as the result of our new real estate investments since September 2015 and \$23,498,000 of gains recognized on the sale of marketable securities. FFO, as defined by the National Association of Real Estate Investment Trusts (“NAREIT”) and applied by us, is net income (computed in accordance with GAAP), excluding gains (or losses) from sales of real estate property, plus real estate depreciation and amortization, and after adjustments for unconsolidated partnerships and joint ventures, if any. The Company’s computation of FFO may not be comparable to FFO reported by other REITs that do not define the term in accordance with the current NAREIT definition or have a different interpretation of the current NAREIT definition from that of the Company; therefore, caution should be exercised when comparing our Company’s FFO to that of other REITs. Diluted FFO assumes the exercise of stock options and other potentially dilutive securities.

Our normalized FFO per diluted common share for the three and nine months ended September 30, 2016 increased \$0.02 (1.7%) and \$.11 (3.2%), respectively, over the same period in 2015. Normalized FFO increased primarily as the result of our new real estate investments since September 2015. Normalized FFO excludes from FFO certain items which, due to their infrequent or unpredictable nature, may create some difficulty in comparing FFO for the current period to similar prior periods, and may include, but are not limited to, impairment of non-real estate assets, gains and losses attributable to the acquisition and disposition of assets and liabilities, and recoveries of previous write-downs.

FFO and normalized FFO are important supplemental measures of operating performance for a REIT. Because the historical cost accounting convention used for real estate assets requires depreciation (except on land), such accounting presentation implies that the value of real estate assets diminishes predictably over time. Since real estate values instead have historically risen and fallen with market conditions, presentations of operating results for a REIT that uses historical cost accounting for depreciation could be less informative, and should be supplemented with a measure such as FFO. The term FFO was designed by the REIT industry to address this issue.

Adjusted Funds From Operations - AFFO

Our normalized AFFO per diluted common share for the three and nine months ended September 30, 2016 increased \$0.03 (2.8%) and \$.17 (5.5%), respectively, over the same period in 2015 due primarily to the impact of real estate investments completed since September 2015. In addition to the adjustments included in the calculation of normalized

FFO, normalized AFFO excludes the impact of any straight-line rent revenue, amortization of the original issue discount on our convertible senior notes and amortization of debt issuance costs.

Normalized AFFO is an important supplemental measure of operating performance for a REIT. GAAP requires a lessor to recognize contractual lease payments into income on a straight-line basis over the expected term of the lease. This straight-line adjustment has the effect of reporting lease income that is significantly more or less than the contractual cash flows received pursuant to the terms of the lease agreement. GAAP also requires the original issue discount of our convertible senior notes and debt issuance costs to be amortized as non-cash adjustments to earnings. Normalized AFFO is useful to our investors as it reflects the growth inherent in the contractual lease payments of our real estate portfolio.

Table of Contents

Funds Available for Distribution - FAD

Our normalized FAD per diluted common share for the three and nine months ended September 30, 2016 increased \$0.02 (1.9%) and \$.16 (5.1%) over the same period in 2015, due primarily to the impact of real estate investments completed since September 2015. In addition to the adjustments included in the calculation of normalized AFFO, normalized FAD excludes the impact of non-cash stock based compensation. Normalized FAD is an important supplemental measure of operating performance for a REIT as a useful indicator of the ability to distribute dividends to shareholders.

The following table reconciles net income attributable to common stockholders, the most directly comparable GAAP metric, to FFO, Normalized FFO, Normalized AFFO and Normalized FAD and is presented for both basic and diluted weighted average common shares (in thousands, except share and per share amounts):

| | Three Months Ended September 30, | | Nine Months Ended September 30, | |
|--|-------------------------------------|------------|------------------------------------|------------|
| | 2016 | 2015 | 2016 | 2015 |
| Net income attributable to common stockholders | \$33,032 | \$33,600 | \$110,352 | \$94,466 |
| Elimination of certain non-cash items in net income: | | | | |
| Depreciation | 15,240 | 13,485 | 43,668 | 39,502 |
| Depreciation related to noncontrolling interest | (312) | (293) | (927) | (849) |
| Net gain on sales of real estate | — | (1,126) | (4,582) | (1,126) |
| NAREIT FFO attributable to common stockholders | 47,960 | 45,666 | 148,511 | 131,993 |
| Gain on sale of marketable securities | — | (61) | (23,498) | (61) |
| Gain on sale of equity-method investee | (1,657) | — | (1,657) | — |
| Write-off of deferred tax asset | 1,192 | — | 1,192 | — |
| Non-cash write-off of straight-line rent receivable | 1,131 | — | 9,456 | — |
| Write-off of lease intangible | — | — | 6,400 | — |
| Revenue recognized due to early lease termination | — | — | (303) | — |
| Recovery of previous write-down | — | — | — | (491) |
| Normalized FFO | 48,626 | 45,605 | 140,101 | 131,441 |
| Straight-line lease revenue, net | (6,000) | (6,184) | (16,583) | (18,492) |
| Straight-line lease revenue, net, related to noncontrolling interest | 15 | 5 | (4) | 35 |
| Amortization of original issue discount | 288 | 277 | 855 | 822 |
| Amortization of debt issuance costs | 586 | 587 | 1,759 | 1,722 |
| Amortization of debt issuance costs related to noncontrolling interest | (9) | (9) | (27) | (21) |
| Normalized AFFO | 43,506 | 40,281 | 126,101 | 115,507 |
| Non-cash share based compensation | 251 | 233 | 1,481 | 1,930 |
| Normalized FAD | \$43,757 | \$40,514 | \$127,582 | \$117,437 |
| BASIC | | | | |
| Weighted average common shares outstanding | 39,283,919 | 37,566,221 | 38,735,262 | 37,563,503 |
| NAREIT FFO per common share | \$1.22 | \$1.22 | \$3.83 | \$3.51 |
| Normalized FFO per common share | \$1.24 | \$1.21 | \$3.62 | \$3.50 |
| Normalized AFFO per common share | \$1.11 | \$1.07 | \$3.26 | \$3.07 |
| Normalized FAD per common share | \$1.11 | \$1.08 | \$3.29 | \$3.13 |
| DILUTED | | | | |
| Weighted average common shares outstanding | 39,651,900 | 37,583,141 | 38,876,025 | 37,611,841 |
| NAREIT FFO per common share | \$1.21 | \$1.22 | \$3.82 | \$3.51 |

Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 10-Q

| | | | | |
|----------------------------------|---------|---------|--------|--------|
| Normalized FFO per common share | \$ 1.23 | \$ 1.21 | \$3.60 | \$3.49 |
| Normalized AFFO per common share | \$1.10 | \$ 1.07 | \$3.24 | \$3.07 |
| Normalized FAD per common share | \$1.10 | \$ 1.08 | \$3.28 | \$3.12 |

48

Table of Contents

Adjusted EBITDA

We consider Adjusted EBITDA to be an important supplemental measure because it provides information which we use to evaluate our performance and serves as an indication of our ability to service debt. We define Adjusted EBITDA as consolidated earnings before interest, taxes, depreciation and amortization, including amounts in discontinued operations, excluding real estate asset impairments and gains on dispositions and certain items which, due to their infrequent or unpredictable nature, may create some difficulty in comparing Adjusted EBITDA for the current period to similar prior periods, and may include, but are not limited to, impairment of non-real estate assets, gains and losses attributable to the acquisition and disposition of assets and liabilities, and recoveries of previous write-downs. Since others may not use our definition of Adjusted EBITDA, caution should be exercised when comparing our Adjusted EBITDA to that of other companies.

The following table reconciles net income, the most directly comparable GAAP metric, to Adjusted EBITDA:

| | Three Months Ended | | Nine Months Ended | |
|---|--------------------|--------------------|--------------------|--------------------|
| | September 30, 2016 | September 30, 2015 | September 30, 2016 | September 30, 2015 |
| Net income | \$33,438 | \$33,977 | \$111,528 | \$95,528 |
| Interest expense at contractual rates | 10,087 | 9,000 | 29,592 | 25,223 |
| Franchise, excise and other taxes | 271 | 214 | 826 | 658 |
| Income tax (benefit) of taxable REIT subsidiary | 933 | (100) | 749 | (306) |
| Depreciation | 15,240 | 13,485 | 43,668 | 39,502 |
| Amortization of debt issuance costs and bond discount | 873 | 864 | 2,613 | 2,544 |
| Net gain on sales of real estate | — | (1,126) | (4,582) | (1,126) |
| Gain on sale of marketable securities | — | (61) | (23,498) | (61) |
| Gain on sale of equity-method investee | (1,657) | — | (1,657) | — |
| Write-off of deferred tax asset | 1,192 | — | 1,192 | — |
| Non-cash write-off of straight-line rent receivable | 1,131 | — | 9,456 | — |
| Write-off of lease intangible | — | — | 6,400 | — |
| Revenue recognized due to early lease termination | — | — | (303) | — |
| Recovery of previous write-down | — | — | — | (491) |
| Adjusted EBITDA | \$61,508 | \$56,253 | \$175,984 | \$161,471 |
| Interest expense at contractual rates | \$10,087 | \$9,000 | \$29,592 | \$25,223 |
| Principal payments | 193 | 186 | 574 | 555 |
| Fixed Charges | \$10,280 | \$9,186 | \$30,166 | \$25,778 |
| Fixed Charge Coverage | 6.0x | 6.1x | 5.8x | 6.3x |

Table of Contents

Item 3. Quantitative and Qualitative Disclosures About Market Risk

Interest Rate Risk

At September 30, 2016, we were exposed to market risks related to fluctuations in interest rates on approximately \$128,600,000 of variable-rate indebtedness (excludes \$250,000,000 of variable-rate debt that has been hedged through interest-rate swap contracts) and on our mortgage and other notes receivable. The unused portion (\$421,400,000 at September 30, 2016) of our credit facility, should it be drawn upon, is subject to variable rates.

Interest rate fluctuations will generally not affect our future earnings or cash flows on our fixed rate debt and loans receivable unless such instruments mature or are otherwise terminated. However, interest rate changes will affect the fair value of our fixed rate instruments. Conversely, changes in interest rates on variable rate debt and investments would change our future earnings and cash flows, but not significantly affect the fair value of those instruments. Assuming a 50 basis point increase or decrease in the interest rate related to variable-rate debt, and assuming no change in the outstanding balance as of September 30, 2016, net interest expense would increase or decrease annually by approximately \$643,000 or \$.02 per common share on a diluted basis.

We use derivative financial instruments in the normal course of business to mitigate interest rate risk. We do not use derivative financial instruments for speculative purposes. Derivatives are included in the condensed Consolidated Balance Sheets at their fair value. We may engage in hedging strategies to manage our exposure to market risks in the future, depending on an analysis of the interest rate environment and the costs and risks of such strategies.

The following table sets forth certain information with respect to our debt (dollar amounts in thousands):

| | September 30, 2016 | | | December 31, 2015 | | |
|-------------------------------------|----------------------|------------|-------------------|----------------------|------------|-------------------|
| | Balance ¹ | % of total | Rate ⁵ | Balance ¹ | % of total | Rate ⁵ |
| Fixed rate: | | | | | | |
| Convertible senior notes | \$200,000 | 18.1 % | 3.25 % | \$200,000 | 21.4 % | 3.25 % |
| Unsecured term loans ² | 650,000 | 58.9 % | 4.01 % | 575,000 | 61.6 % | 4.03 % |
| HUD mortgage loans ³ | 46,035 | 4.2 % | 4.04 % | 46,608 | 5.0 % | 4.04 % |
| Secured mortgage loans ⁴ | 78,084 | 7.1 % | 3.79 % | 78,084 | 8.4 % | 3.79 % |
| Variable rate: | | | | | | |
| Unsecured revolving credit facility | 128,600 | 11.7 % | 2.03 % | 34,000 | 3.6 % | 1.93 % |
| | \$1,102,719 | 100.0 % | 3.63 % | \$933,692 | 100.0 % | 3.77 % |

¹ Differs from carrying amount due to unamortized discount and debt issuance costs.

² Includes five term loans in 2015; rate is a weighted average.

³ Includes 10 HUD mortgages; rate is a weighted average inclusive of a mortgage insurance premium

⁴ Includes 13 Fannie Mae mortgages

⁵ Total is weighted average rate

The unsecured term loans in the table above reflect the effect of \$40,000,000, \$80,000,000, and \$130,000,000 notional amount interest rate swaps with maturities of April 2019, June 2020 and June 2020, respectively, that effectively converts variable rate debt to fixed rate debt. These loans bear interest at LIBOR plus a spread, currently 175 basis points, based on our Consolidated Coverage Ratio, as defined.

Table of Contents

To highlight the sensitivity of our convertible senior notes and secured mortgage debt to changes in interest rates, the following summary shows the effects on fair value (“FV”) assuming a parallel shift of 50 basis points (“bps”) in market interest rates for a contract with similar maturities as of September 30, 2016 (dollar amounts in thousands):

| | Balance | Fair Value ¹ | FV reflecting change in interest rates | |
|--|-----------|-------------------------|--|-----------|
| | | | -50 bps | +50 bps |
| Fixed rate: | | | | |
| Private placement term loans - unsecured | \$400,000 | \$413,332 | \$428,144 | \$399,116 |
| Convertible senior notes | 200,000 | 202,342 | 206,819 | 197,965 |
| Fannie Mae mortgage loans | 78,084 | 80,037 | 83,010 | 77,183 |
| HUD mortgage loans | 46,035 | 50,315 | 54,148 | 46,850 |

¹ The change in fair value of our fixed rate debt was due primarily to the overall change in interest rates.

At September 30, 2016, the fair value of our mortgage notes receivable, discounted for estimated changes in the risk-free rate, was approximately \$191,201,000. A 50 basis point increase in market rates would decrease the estimated fair value of our mortgage loans by approximately \$3,943,000, while a 50 basis point decrease in such rates would increase their estimated fair value by approximately \$4,067,000.

Equity Price Risk

We are exposed to equity price risk, which is the potential change in fair value due to a change in quoted market prices. We account for our investments in marketable securities, with a fair value of \$23,871,000 at September 30, 2016, as available-for-sale securities. Increases and decreases in the fair market value of our investments in other marketable securities are unrealized gains and losses that are presented as a component of other comprehensive income. The investments in marketable securities are recorded at their fair value based on quoted market prices. Thus, there is exposure to equity price risk. We monitor our investments in marketable securities to consider evidence of whether any portion of our original investment is likely not to be recoverable, at which time we would record an impairment charge to operations. A hypothetical 10% change in quoted market prices would result in a related \$2,387,000 change in the fair value of our investments in marketable securities.

Item 4. Controls and Procedures.

Evaluation of Disclosure Control and Procedures. As of September 30, 2016, an evaluation was performed under the supervision and with the participation of our management, including the Chief Executive Officer (“CEO”) and Chief Accounting Officer (“CAO”), of the effectiveness of the design and operation of management’s disclosure controls and procedures (as defined in rules 13a-15(e) and 15d-15(e) under the Securities and Exchange Act of 1934) to ensure information required to be disclosed in our filings under the Securities and Exchange Act of 1934, is (i) recorded, processed, summarized, and reported within the time periods specified in the SEC rules and forms; and (ii) accumulated and communicated to our management, including our CEO and our CAO, as appropriate, to allow timely decisions regarding required disclosure. Management recognizes that any controls and procedures, no matter how well designed and operated, can only provide reasonable assurance of achieving desired control objectives, and management is necessarily required to apply its judgment when evaluating the cost-benefit relationship of potential controls and procedures. Based upon the evaluation, the CEO and CAO concluded that the design and operation of these disclosure controls and procedures were effective as of September 30, 2016.

There were no significant changes in our internal controls or in other factors that could significantly affect these controls subsequent to the date of their evaluation, including any corrective actions with regard to significant

deficiencies and material weaknesses.

Changes in Internal Control over Financial Reporting. There were no changes in our internal control over financial reporting identified in management's evaluation during the three months ended September 30, 2016 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

51

Table of Contents

PART II. OTHER INFORMATION

Item 1. Legal Proceedings.

Our health care facilities are subject to claims and suits in the ordinary course of business. Our lessees and borrowers have indemnified, and are obligated to continue to indemnify us, against all liabilities arising from the operation of the facilities, and are further obligated to indemnify us against environmental or title problems affecting the real estate underlying such facilities. While there may be lawsuits pending against certain of the owners and/or lessees of our facilities, management believes that the ultimate resolution of all such pending proceedings will have no material adverse effect on our financial condition, results of operations or cash flows.

Item 1A. Risk Factors.

During the nine months ended September 30, 2016, other than as noted below, there were no material changes to the risk factors that were disclosed in Item 1A of National Health Investors, Inc.'s Annual Report on Form 10-K for the year ended December 31, 2015.

To reflect the cessation of our involvement in our joint venture, we have removed the following risk factor previously disclosed in Item 1A of our Annual Report on Form 10-K for the year ended December 31, 2015:

We are exposed to risks associated with our investments in unconsolidated entities, including our lack of sole decision-making authority and our reliance on the financial condition of other interests.

Our investments in unconsolidated entities could be adversely affected by our lack of sole decision-making authority regarding major decisions, our reliance on the financial condition of other interests, any disputes that may arise between us and other partners, and our exposure to potential losses from the actions of partners. Risks of dealing with parties outside NHI include limitations on unilateral major decisions opposed by other interests, the prospect of divergent goals of ownership including the likelihood of disputes regarding management, ownership or disposition of a property, or limitations on the transfer of our interests without the consent of our partners. Risks of the unconsolidated entity extend to areas in which the financial health of our partners may impact our plans. Our partners might become bankrupt or fail to fund their share of required capital contributions, which may hinder significant action in the entity. We may disagree with our partners about decisions affecting a property or the entity itself, which could result in litigation or arbitration that increases our expenses, distracts our officers and directors and disrupts the day-to-day operations of the property, including by delaying important decisions until the dispute is resolved; and finally, we may suffer losses as a result of actions taken by our partners with respect to our investments.

Table of Contents

Item 6. Exhibits.

| Exhibit No. | Description |
|-------------|---|
| 3.1 | Articles of Incorporation (incorporated by reference to Exhibit 3.1 to Form S-11 Registration Statement No. 33-41863) |
| 3.2 | Amendment to Articles of Incorporation (incorporated by reference to Exhibit A to the Company's Definitive Proxy Statement filed March 23, 2009) |
| 3.3 | Amendment to Articles of Incorporation approved by shareholders on May 2, 2014 (incorporated by reference to Exhibit 3.3 to the Form 10-Q filed August 4, 2014) |
| 3.4 | Restated Bylaws (incorporated by reference to Exhibit 3.3 to Form 10-K filed February 15, 2013) |
| 3.5 | Amendment No. 1 to Restated Bylaws dated February 14, 2014 (incorporated by reference to Exhibit 3.4 to Form 10-K filed February 14, 2014) |
| 4.1 | Form of Common Stock Certificate (incorporated by reference to Exhibit 39 to Form S-11 Registration Statement No. 33-41863) |
| 4.2 | Indenture, dated as of March 25, 2014, between National Health Investors, Inc. and The Bank of New York Mellon Trust Company, N.A., as Trustee (incorporated by reference to Exhibit 4.1 to Form 8-K filed March 31, 2014) |
| 4.3 | First Supplemental Indenture, dated as of March 25, 2014, to the Indenture, dated as of March 25, 2014, between National Health Investors, Inc. and The Bank of New York Mellon Trust Company, N.A., as Trustee (incorporated by reference to Exhibit 4.2 to Form 8-K filed March 31, 2014) |
| 10.1 | NHI PropCo, LLC Membership Interest Purchase Agreement |
| 10.2 | \$75,000,000 of 8-year notes with a coupon of 3.93% issued to a private placement lender |
| 31.1 | Certification of Chief Executive Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002 |
| 31.2 | Certification of Principal Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002 |
| 32 | Certification of Chief Executive Officer and Principal Financial Officer pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 |
| 101.INS* | XBRL Instance Document |
| 101.SCH* | XBRL Taxonomy Extension Schema Document |
| 101.CAL* | XBRL Taxonomy Extension Calculation Linkbase Document |
| 101.LAB* | XBRL Taxonomy Extension Label Linkbase Document |
| 101.PRE* | XBRL Taxonomy Extension Presentation Linkbase Document |
| 101.DEF* | XBRL Taxonomy Extension Definition Linkbase Document |

Table of Contents

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

NATIONAL HEALTH INVESTORS, INC.
(Registrant)

Date: November 4, 2016 /s/ D. Eric Mendelsohn
D. Eric Mendelsohn
President and Chief Executive Officer,

Date: November 4, 2016 /s/ Roger R. Hopkins
Roger R. Hopkins
Chief Accounting Officer
(Principal Financial Officer and Principal Accounting Officer)