

ARCHER DANIELS MIDLAND CO
 Form 4
 February 28, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Bemis Mark

2. Issuer Name and Ticker or Trading Symbol
 ARCHER DANIELS MIDLAND CO [ADM]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 4666 FARIES PARKWAY
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 02/27/2006

____ Director
 Officer (give title below)
 ____ 10% Owner
 ____ Other (specify below)
 Vice President

DECATUR, IL 62526
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	02/27/2006		M		1,124 A \$ 12.5333	75,548	D
Common Stock	02/27/2006		M		4,549 A \$ 11.3	80,097	D
Common Stock	02/27/2006		M		4,579 A \$ 13.65	84,676	D
Common Stock	02/27/2006		M		5,778 A \$ 15.73	90,454	D
Common Stock	02/27/2006		S		5,673 D \$ 31.5	84,781	D

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Common Stock 02/27/2006 S 10,357 D \$ 32 74,424 D

Common Stock 6,347.1617 I By Employee Benefit Plan
(1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 12.5333	02/27/2006		M	1,124	(2) 08/02/2006	Common Stock	1,124
Employee Stock Option (right to buy)	\$ 11.3	02/27/2006		M	4,549	(3) 08/08/2012	Common Stock	4,549
Employee Stock Option (right to buy)	\$ 13.65	02/27/2006		M	4,579	(4) 10/14/2013	Common Stock	4,579
Employee Stock Option (right to buy)	\$ 15.73	02/27/2006		M	5,778	(5) 08/19/2014	Common Stock	5,778

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Bemis Mark 4666 FARIES PARKWAY DECATUR, IL 62526			Vice President	

Signatures

Stuart E. Funderburg, Attorney-in-fact for Mark Bemis 02/28/2006

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Between August 8, 2005 and February 27, 2006, the reporting person acquired 93,931.5 shares of ADM Common Stock pursuant to an employee benefit plan. The information in this report is based on a plan statement dated February 27, 2006.
- (2) The option became exercisable in 25% increments annually commencing on August 2, 2002.
- (3) The option becomes exercisable in approximately 11.1% increments annually commencing on August 8, 2003.
- (4) The option becomes exercisable in approximately 11.1% increments annually commencing on October 14, 2004.
- (5) The option becomes exercisable in five approximately equal annual installments beginning on August 19, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.