

HEALTHWAYS, INC  
Form 8-K  
March 07, 2007  
UNITED STATES

**SECURITIES AND EXCHANGE COMMISSION**

**WASHINGTON, D.C. 20549**

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**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934**

Date of report (Date of earliest event reported): March 7, 2007

**HEALTHWAYS, INC.**

(Exact name of registrant as specified in its charter)

**Delaware**  
(State or other jurisdiction of  
incorporation)

**000-19364**  
(Commission  
File Number)

**62-1117144**  
(IRS Employer  
Identification No.)

**3841 Green Hills Village Drive**

**Nashville, Tennessee**  
(Address of principal executive offices)

**37215**  
(Zip Code)

**(615) 665-1122**

(Registrant's telephone number, including area code)

**Not Applicable**

(Former name or former address, if changed since last report)

## Edgar Filing: HEALTHWAYS, INC - Form 8-K

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 7.01 Regulation FD Disclosure.**

Healthways has signed a new, five-year agreement with WellPoint, Inc., the nation's largest health benefits provider, to bring fully integrated customer-focused Health Support<sup>SM</sup> programs, including smoking cessation, physical activity, nutrition, weight management, stress relief, and early detection and screening, as well as Healthways' award-winning SilverSneakers® Fitness Program, to WellPoint's 34 million members nationwide. The agreement will make Healthways' full suite of wellness, healthy living and preventive services available to WellPoint's self-insured customers and fully insured members from a single access point. These programs will be immediately available to WellPoint national customers and will be available in local markets in 14 states beginning June 1. In addition, Healthways and WellPoint have also agreed to continue to work together to develop and deliver innovative new programs on an annual basis that help people continue to make choices that lead to better health.

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**HEALTHWAYS, INC.**

By: /s/ Alfred Lumsdaine  
Alfred Lumsdaine  
Senior Vice President and Corporate Controller

Date: March 7, 2007