KAMAN CORP Form 4 March 16, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number: 3235-0287

OMB APPROVAL

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

KAMAN CORP [KAMN]

3 Date of Farliest Transaction

Symbol

1(b).

(Last)

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person *

(First)

(Middle)

SAUNDERS ROBERT H JR

	(Last)	(First) (IV	iddle) 3. Date of	f Earliest Tr	ansaction						
	837 NEIPSIG	C ROAD	`	(Month/Day/Year) 03/15/2006				Director 10% OwnerX Officer (give title Other (specify below) President, Kaman Music Corp			
(Street) 4. I				4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
		BURY, CT 06033	2566	nth/Day/Year)			Applicable Line) _X_ Form filed by Form filed by Person	One Reporting Pe More than One Re		
	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	on(A) or D (D) (Instr. 3,	(Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Kaman Common Stock	03/15/2006		Code V	Amount 300	(D)	Price \$ 24.4	44,199	D		
	Kaman Common Stock	03/15/2006		S	100	D	\$ 24.5	44,099	D		
	Kaman Common Stock	03/16/2006		S	3,200	D	\$ 24.5	40,899	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights (SAR)	\$ 9.9	03/15/2006		M	7,660	<u>(1)</u>	<u>(1)</u>	Kaman Common Stock	7,660
Stock Appreciation Rights (SAR)	\$ 14.5	03/15/2006		M	3,000	<u>(1)</u>	<u>(1)</u>	Kaman Common Stock	3,000
Stock Appreciation Rights (SAR)	\$ 16.3125	03/15/2006		M	3,000	<u>(1)</u>	<u>(1)</u>	Kaman Common Stock	3,000
Stock Options (Right to buy)	\$ 14.5					<u>(1)</u>	<u>(1)</u>	Kaman Common Stock	2,400
Stock Options (Right to buy)	\$ 16.3125					<u>(1)</u>	<u>(1)</u>	Kaman Common Stock	1,600

Reporting Owners

GLASTONBURY, CT 060332566

Reporting Owner Name / Address	Relationships						
• 0	Director	10% Owner	Officer	Other			
SAUNDERS ROBERT H JR							
837 NEIPSIC ROAD			President, Kaman Music Corp				

2 Reporting Owners

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Signatures

Robert H Saunders, Jr. 03/16/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Exercisable at the rate of 20% per year, beginning one year after grant date; expires ten (10) years after grant. All options and stock appreciation rights are issued under the Corporation's 16b-3 qualified Stock Incentive Plan, including options issued under predecessor plan. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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