

STIRITZ WILLIAM P  
Form 5  
October 11, 2017

**FORM 5**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).  
Form 3 Holdings Reported Form 4 Transactions Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person \*  
STIRITZ WILLIAM P

(Last) (First) (Middle)

C/O POST HOLDINGS,  
INC., 2503 S. HANLEY ROAD

(Street)

ST. LOUIS, MO 63144

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
Post Holdings, Inc. [POST]

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)  
09/30/2017

4. If Amendment, Date Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Reporting

(check applicable line)

Form Filed by One Reporting Person  
 Form Filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |                        |
|---------------------------------|--------------------------------------|--|--------------------------------|---|--|--|---|------------------------|
|                                 |                                      |  |                                | (A) or (D)  | Amount or Price  |  |   |                        |
| Common Stock                    | 05/10/2017                           |  | P4                             | 5,000 A   | \$ 80.5  | 35,000   | I   | By Daughter <u>(1)</u> |
| Common Stock                    | 05/17/2017                           |  | P4                             | 5,000 A   | \$ 80.4988 <u>(2)</u>  | 38,091   | I   | By Son <u>(1)</u>      |
| Common Stock                    | 05/19/2017                           |  | P4                             | 2,500 A   | \$ 81.86   | 37,500   | I   | By Daughter            |

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|              |            |   |    |       |   |                   |           |   | (1)                |
|--------------|------------|---|----|-------|---|-------------------|-----------|---|--------------------|
| Common Stock | 05/23/2017 | Â | P4 | 2,500 | A | \$ 83.0496<br>(3) | 40,000    | I | By Daughter<br>(1) |
| Common Stock | 06/07/2017 | Â | P4 | 2,928 | A | \$ 82.6455<br>(4) | 42,928    | I | By Daughter<br>(1) |
| Common Stock | Â          | Â | Â  | Â     | Â | Â                 | 1,412,362 | D | Â                  |
| Common Stock | Â          | Â | Â  | Â     | Â | Â                 | 169,369   | I | By Trust           |
| Common Stock | Â          | Â | Â  | Â     | Â | Â                 | 250,073   | I | By Spouse          |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. of                      |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|--|----------------------------|
|  |  |                                      |  |                                | (A) (D)   | Date Exercisable   | Expiration Date   | Title                                      | Amount or Number of Shares |

## Reporting Owners

| Reporting Owner Name / Address   | Relationships |           |         |       |
|--|---------------|-----------|---------|-------|
|  | Director      | 10% Owner | Officer | Other |
| STIRITZ WILLIAM P<br>C/O POST HOLDINGS, INC.<br>2503 S. HANLEY ROAD<br>ST. LOUIS, MO 63144 | Â X           | Â         | Â       | Â     |

## Signatures

/s/ Diedre J. Gray,  
Attorney-in-Fact

10/11/2017

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Adult child that does not reside in the Reporting Person's household in which the Reporting Person had shared investment powers. As of the date of this report, the Reporting Person no longer has shared investment powers with these adult children.
- (2) The reported price in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$80.47 to \$80.53 per share.
- (3) The reported price in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$83.04 to \$83.05 per share.
- (4) The reported price in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$82.64 to \$82.66 per share.

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### Remarks:

The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the

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