Edgar Filing: Post Holdings, Inc. - Form 4

Post Holdings, Inc Form 4										
March 03, 2015										
FORM 4		~	~~~~						PPROVAL	
	UNITED	STATES		RITIES A shington			COMMISSIO	N OMB Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).		suant to S a) of the H	Section 1 Public U	SECUI 16(a) of th Itility Hol	RITIES ne Securit ding Cor	ICIAL O ties Excha npany Act ny Act of 1	Estimated a burden hou response	Estimated average burden hours per response 0.5		
(Print or Type Respons	ses)									
1. Name and Address of Reporting Person <u>*</u> VITALE ROBERT V			Symbol	er Name an oldings, Ii		C	5. Relationship of Reporting Person(s) to Issuer			
(Last) (F					ransaction		(Check all applicable)			
C/O POST HOLE S. HANLEY ROA	(Month/Day/Year) 02/27/2015				X Director 10% Owner X Officer (give title Other (specify below) below) PRESIDENT & CEO					
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(Month/Day/Year) ST. LOUIS, MO 63144						Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (S	tate)	(Zip)	T - 1	1. T. N		G	· · · D' · · · · ·	. C D C		
1.Title of 2. Tran	saction Date	-	ed Date, if	3.	4. Securit nAcquired Disposed (Instr. 3, 4	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Reminder: Report on a	a separate line	for each cla	ass of sec	urities bene	Perso inforn requir	ns who rest nation cont red to resp nys a curre	or indirectly. spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8	8)	Acquired (A Disposed of (Instr. 3, 4, 5)	f (D)				
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Employee Stock Options (right to buy)	\$ 49.48	02/27/2015		A		300,000		<u>(1)</u>	02/27/2025	Common Stock	300,00

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
VITALE ROBERT V C/O POST HOLDINGS, INC. 2503 S. HANLEY ROAD ST. LOUIS, MO 63144	Х		PRESIDENT & CEO					
Signatures								
/s/ Diedre J. Gray, Attorney-in-Fact		03/03/2015						

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option to purchase 300,000 shares of common stock was awarded under the Post Holdings, Inc. 2012 Long-Term Incentive Plan in a transaction exempt under Rule 16b-3 and vest in equal increments over three years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.