SONDE RESOURCES CORP. Form 6-K March 24, 2011

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

	the Securities	s Exchange Act of 19	34
For the month of Commission File Number	March :001-31395		2011
		Resources Corp. gistrant's name into I	English)
S	uite 3200, 500 - 4th Avenue (Address of pr	SW, Calgary, Albertaincipal executive offi	
Indicate by check mark w	hether the registrant files or	will file annual repor	ts under cover of Form 20-F or Form 40F:
	Form 20-F	Form 40-F	X
Indicate by check mark if Rule 101(b)(1):	the registrant is submitting t	the Form 6-K in pape	r as permitted by Regulation S-T
Indicate by check mark if Rule 101(b)(7):	the registrant is submitting t	the Form 6-K in pape	r as permitted by Regulation S-T
•	•		this Form, the registrant is also thereby under the Securities Exchange Act of 1934
	Yes	No X	
If "Yes" is marked, indica 12g3-2(b): 82	ate below the file number ass	signed to the registran	t in connection with Rule

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DOCUMENTS INCLUDED AS PART OF THIS REPORT

Document Description

1. News release, dated March 22, 2011.

Document 1

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For Immediate Release March 22, 2011

Sonde Resources Corp. Announces Shareholder Conference Call

CALGARY, ALBERTA--(Marketwire – March 22, 2011) – Sonde Resources Corp. ("Sonde" or the "Company") (TSX: SOQ) (NYSE Amex LLC: SOQ) will host a conference call on Friday, March 25 at 1:00 p.m. MST to provide a report on Fourth Quarter 2010 results and an update on exploration and corporate activities. Mr. Jack Schanck, President and CEO will host the call.

All interested parties can join the call by dialing (416) 695-6616 or (800) 952-6845. Please dial-in 15 minutes prior to the call to secure a line. The conference call will be archived for replay on our website within 48 hours of this conference call.

Sonde Resources Corp. is a Calgary, Alberta, Canada based diversified global energy company engaged in the exploration and production of oil and natural gas. Its operations are located in Western Canada, North Africa and offshore Trinidad and Tobago. See Sonde's website at www.sonderesources.com to review further detail on Sonde's operations.

For Further Information Please Contact:

Sonde Resources Corp. Suite 3200, 500 - 4th Avenue S.W. Calgary, Alberta, Canada T2P 2V6 Investor Relations

Phone: (403) 294-1411 Fax: (403) 216-2374

www.sonderesources.com

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

SONDE RESOURCES CORP.

(Registrant)

Date: March 23, 2011 By: /s/ Tonya Pizzey

Name: Tonya Pizzey

Title: Corporate Secretary