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NEWFIELD EXPLORATION CO /DE/

Form 4

common stock

February 14, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									OMB APPROVAL		
								OMB Number:	3235-0287		
Check this box if no longer			_					Expires:	January 31,		
subject to Section 16. Form 4 or Form 5 obligations	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 Section 17(a) of the Public Utility Holding Company Act of 1935 or Sec							Estimated average burden hours per response 0.5			
may continue. <i>See</i> Instruction 1(b).						Act of 19		, 11			
(Print or Type Respo	onses)										
			2. Issuer Name and Ticker or Trading Symbol NEWFIELD EXPLORATION CO /DE/ [NFX]				5. Relationship of Reporting Person(s) to Issuer				
							(Check all applicable)				
(Last)				of Earliest Transaction Day/Year)			Director 10% Owner Officer (give title Other (specify				
4 WATERWAY SQUARE PLACE, 02/12/2 SUITE 100				•			below) below) V.PRocky Mountains				
				mendment, Date Original Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
							Person				
(City)	(State) (Z	Zip)	Table	I - Non-De	rivative S	Securities Ac	equired, Disposed o	of, or Beneficia	lly Owned		
1.Title of Security (Month/Day/Year) Execution Date any (Month/Day/Year) (Month/Day/Year)			Date, if TransactionAcquired (A) or Code Disposed of (D) ay/Year) (Instr. 8) (Instr. 3, 4 and 5) (A) or			(A) or of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
common				Code V	Amount	(D) Price			D 4011		
stock							5,227	I	By 401k		
common stock							76,362	D			
common stock							110	I	By IRA		
common stock							100	I	By Roth IRA		

By Rollover

I

1,000

IRA

(9-02)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	02/12/2014		A	10,000	04/15/2015	04/15/2017	common stock	10,000

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

Howard Daryll T 4 WATERWAY SQUARE PLACE, SUITE 100 THE WOODLANDS, TX 77380

V.P.-Rocky Mountains

Signatures

/S/ John D. Marziotti as attorney-in-fact for Daryll T. Howard

02/14/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares subject to this award have the possibility of vesting monthly on a cumulative basis, no earlier than April 15, 2015 and no later than April 15, 2017, and will only vest if certain performance criteria are met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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