Con-way Inc. Form 4 May 15, 2014										
<b>FORM</b> Check this if no longe	box	Washington, D.C. 20549							PPROVAL 3235-0287 January 31, 2005	
subject to Section 16 Form 4 or Form 5 obligations may contin <i>See</i> Instruct 1(b).	Filed pursuant to Section $17(a)$ of th 200	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES2005Estimated average burden hours per responseEstimated average burden hours per response0.5Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19400.5								
(Print or Type Re	esponses)									
			2. Issuer Name <b>and</b> Ticker or Trading Symbol Con-way Inc. [CNW]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)	3. Date of Earliest Transaction (Cl				(Cheo	eck all applicable)			
(Month/			Month/Day/Year)X_ Director )5/14/2014Officer ( below)					ve title Other (specify below)		
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)				
ANN ARBOR, MI 48105 Form filed by More than One Reporting Person Person										
(City)	(State) (Zip)	Table	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if Instr. 3) any		3.4. SecuritiesTransactionAcquired (A) orCodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5)			))	SecuritiesFBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common	05/14/2014		Code V A	Amount 2,248	(A) or (D)	Price \$ 0	Transaction(s) (Instr. 3 and 4) 2,248	D		
Stock	05/14/2014		А	(1)	А	ψŪ	2,240			
Common Stock							38,699 <u>(2)</u>	Ι	by: Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MURRAY MICHAEL JOHN 2211 OLD EARHART ROAD, SUITE 100 ANN ARBOR, MI 48105	Х						
Signatures							
By: Jessica Carbullido For: Michael J. Murray	05	/15/2014					
**Signature of Reporting Person		Date					
<b>Explanation of Response</b>	<b>S'</b>						

## planation of nesponses.

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). \*\*
- Restricted Stock Award granted under the Con-way Inc. 2012 Equity and Incentive Plan. The restrictions lapse with respect to 100% of (1)the shares on the date of the annual shareholder meeting following the date of the grant.
- (2) Held by Michael J. Murray and Christine A. Murray 1997 Revocable Trust

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.