

Irving Lawrence R.
Form 4
March 29, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Irving Lawrence R.

2. Issuer Name and Ticker or Trading Symbol
SYNCHRONOSS
TECHNOLOGIES INC [SNCR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
750 ROUTE 202, SUITE 600
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
03/25/2010

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Chief Financial Officer

BRIDGEWATER, NJ 08807

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	03/25/2010		S	133 D \$ 19.9	196,184	D	
Common Stock	03/25/2010		S	200 D \$ 19.95	195,984	D	
Common Stock	03/25/2010		S	100 D \$ 19.97	195,884	D	
Common Stock	03/25/2010		S	100 D \$ 20.09	195,784	D	
Common Stock	03/25/2010		S	100 D \$ 20.13	195,684	D	

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Common Stock	03/25/2010	S	100	D	\$ 20.18	195,584	D
Common Stock	03/25/2010	S	100	D	\$ 20.19	195,484	D
Common Stock	03/25/2010	S	500	D	\$ 20.2	194,984	D
Common Stock	03/25/2010	S	100	D	\$ 20.21	194,884	D
Common Stock	03/25/2010	S	600	D	\$ 20.22	194,284	D
Common Stock	03/25/2010	S	500	D	\$ 20.23	193,784	D
Common Stock	03/25/2010	S	300	D	\$ 20.24	193,484	D
Common Stock	03/25/2010	S	700	D	\$ 20.25	192,784	D
Common Stock	03/25/2010	S	364	D	\$ 20.26	192,420	D
Common Stock	03/25/2010	S	300	D	\$ 20.27	192,120	D
Common Stock	03/25/2010	S	429	D	\$ 20.28	191,691	D
Common Stock	03/25/2010	S	201	D	\$ 20.29	191,490	D
Common Stock	03/25/2010	S	100	D	\$ 20.3	191,390	D
Common Stock	03/25/2010	S	1,506	D	\$ 20.31	189,884	D
Common Stock	03/25/2010	S	1,000	D	\$ 20.32	188,884	D
Common Stock	03/25/2010	S	200	D	\$ 20.33	188,684	D
Common Stock	03/25/2010	S	240	D	\$ 20.34	188,444	D
Common Stock	03/25/2010	S	260	D	\$ 20.35	188,184	D
Common Stock	03/25/2010	S	200	D	\$ 20.36	187,984	D
Common Stock	03/25/2010	S	600	D	\$ 20.37	187,384	D
	03/25/2010	S	100	D		187,284	D

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Common Stock					\$				20.39
Common Stock	03/25/2010		S	100	D	\$ 20.4	187,184		D
Common Stock	03/25/2010		S	100	D	\$ 20.41	187,084		D
Common Stock	03/25/2010		S	100	D	\$ 20.43	186,984		D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 5)
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Irving Lawrence R. 750 ROUTE 202 SUITE 600 BRIDGEWATER, NJ 08807			Chief Financial Officer	

Signatures

/s/ Lawrence R. Irving 03/29/2010

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

All of the sales reported in this Form were effected pursuant to an approved Rule 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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